WHERE ARE YOU LOCATED?
Elements ropes course is located on the east-side of Madison, on Kennedy Elementary School’s property adjacent to Kennedy Park (221 Meadowlark Drive).

WHEN CAN WE COME?
Elements ropes course is open Mid-March through Mid-November, although we can bring low elements programming to you any time of year. It is best to schedule a time at least 1-2 months in advance.

WHO RUNS THE PROGRAMS?
All activities are run by trained and qualified facilitators. We are professionals in getting people to interact positively and in meaningful ways with each other through interactive activities. We work with participants to practice techniques in how to communicate and work together effectively and successfully.

HOW LONG DO YOUR PROGRAMS TAKE?
Most of our programs or trainings are a half day to a full day in length. We can also customize trainings that extend over a longer period of time depending on the needs of your group.

HOW MUCH DOES AN ELEMENTS TRAINING COST?
Program costs are based on group size and length of program. Contact us for pricing details.

WHO CAN I TALK TO ABOUT SETTING UP AN ELEMENTS TRAINING?
If you have additional questions or are ready to set up a time for your group, please contact the Elements Ropes Course Director at (608) 516-4167, or email: dimiller@madison.k12.wi.us

Visit our MSCR Elements website at: www.mscr.org
MSCR’s Elements program is a new way of working with groups to achieve team building in an experiential way. Elements of fun, learning and challenge – the new MSCR Ropes Course & Team Building Program has all of these! The Elements staff can design training opportunities tailored to your organization’s needs. Our focus is on individual growth and group development, with activities designed to motivate and educate your team or group. The outcome is that groups become more cohesive, more effective, and more satisfied with their endeavors.

Elements staff are professionals in getting people to interact in positive and meaningful ways with each other. Through guided activities, we work with participants to practice techniques in how to communicate and work together effectively and successfully.

With our low and high ropes course, we facilitate activities that focus on getting people beyond how they currently communicate and work within a group. We offer opportunities to take a closer look at how your group functions and what they can do to function at a higher level.

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Here’s what one of our past participants had to say:

“The ropes course made me realize how strong I am once I believe in myself. Focus played a big part in completing the course to a satisfactory level. I felt very empowered.”

Low Ropes Course:

Low ropes courses consist of a series of elements designed to challenge groups and individuals to work together. The low elements are great for working on group dynamics—mentally, emotionally and physically testing participants as they work together to accomplish a task. Low ropes elements are on the ground or only a few inches off the ground.

High Ropes Course:

Elements on the high ropes course are designed to aid individuals in pushing their boundaries. High ropes elements give participants opportunities to step outside their comfort zone and face obstacles in a safe environment. All activities are led by trained and qualified facilitators. High ropes elements take place several feet off the ground and require participants to wear the safety gear we provide.

Portable Ropes Course:

We can come to you. MSCR has some elements that can be moved indoors. If you have the space, we have the equipment.

Why Participate in an Elements Program?

To become a great team or athlete in sports, it takes hours of practice. When is the last time you practiced honing your skills in communication, leadership and teamwork? It’s one thing to read about how to better yourself or your team in a work or group setting—it’s a whole other thing to get out and actually practice those skills.

The MSCR Elements Program allows your group to experience first hand NEW ways to work on:

- Group Communication
- Positive Risk Taking
- Building Teamwork
- Goal Setting
- Getting to Know Each Other
- Cooperation
- Problem Solving
- Establishing Trust
- Building Self-Confidence
- And much more!