

THINGS TO KEEP IN MIND FOR VIRTUAL CLASSES

Please save the attached Fit for the Holiday schedule which includes the Zoom links to the virtual classes. You will only receive it once. We suggest you test your device BEFORE the class starts to ensure it's ready by clicking [here](#). A Zoom account is **not** required if you are strictly wanting to join a class as a participant.

How to participate in a virtual class:

1. Open the attached Fit for the Holiday schedule and find the virtual class you would like to participate in.
2. Click on the link that says “**start class.**” You can join the virtual class up to 10 minutes before the start time of the class.
3. An internet browser will pop up and ask “Open Zoom Meetings,” click “**open Zoom meetings**”
4. A waiting room box will appear until the instructor arrives. Sit tight.
5. If a password is requested, please use **MSCRfit!**
6. Only registered participants will be allowed to enter.

We have great virtual resources available to answer any questions you have. Frequently asked questions and Zoom resources can be found [here](#) under the last bullet “How do I access a Virtual Class?” We encourage you to review these resources before your first class if this is your first time participating.

If you have any additional questions, please email mrherring@madison.k12.wi.us, or call 608-204-3000.

Our instructors are excited to have you in class, see some new faces and support you in maintaining your overall well-being.