

# MSCR Park & Recreation Month



**Free, Drop-In Activities  
All Month Long!**

July is Park & Recreation Month and MSCR is celebrating by providing a variety of free, fun recreation activities for all ages throughout the month.

This year's theme is  
*Build Together, Play Together.*

## ADAPTED FAMILY SWIM

For people who have disabilities and their families.

**JULY 11** Friday, July 11, 5:30–7pm,  
at the Goodman Pool

## OUTDOOR FITNESS

For ages 18+, Bring your own mat

**JULY 15** **Pure Strength:** Tuesday, July 15,  
5:40–6:25pm at Garner Park

**JULY 16** **LGBTQIA+ Yoga:** Wednesday, July 16,  
5:30–6:30pm at Tenney Park

**JULY 17** **Kickbox Cardio:** Thursday, July 17,  
4:45–5:30pm at Garner Park

**JULY 19** **Yoga Flow:** Saturday, July 19,  
8:30–9:30am at Olbrich Park

Bike, helmet required

**JULY 12** **Community Trail Ride & Social** (12mi)  
Saturday, July 12, 9:30–11:30am at  
Cottage Grove Trail Head

**JULY 20** **Loop the Monona Lake:** Sunday,  
July 20, 9:30–11:30am at MSCR Central  
Wisconsin Trail Pass Required

## PONTOON BOAT RIDES

Explore Lake Monona or Lake Mendota on the MSCR pontoon boats. All trips are first come, first served. \$5 per person. Free ride tickets provided by donor funding are available at any Madison Public Library for anyone who the fee is a barrier. Groups larger than 6 cannot be accommodated at drop-ins, please reach out regarding a pontoon rental.

Find the schedule at [mscr.org](https://mscr.org)

## MSCR ON THE MOVE


Free Art, Clay & Play activities all summer

**JULY 3** Thursday, July 3, 9am–12pm at  
Esther Beach, 1–4pm at Door  
Creek Park (Play & Art)

**JULY 7** Monday, July 7, 5–7pm at Parks  
Alive at Allied Park (Play & Clay)

**JULY 11** Friday, July 11, 9am–12pm at  
Bernie's Beach (Play & Art)

**JULY 27** Art Cart 50 B-day Celebration  
Sunday, July 27, 2–5pm at Vilas  
Park (Play & Art)

 Find more MSCR on the Move  
activities at [mscr.org](https://mscr.org)



## OUTDOOR PURSUITS

Free, drop-in mobile nature exploration program

**JULY 13** Sunday, July 13, 1–4pm,  
at the Dane County Environmental  
Fair at Lussier Family Heritage  
Center

**JULY 16** Wednesday, July 16, 5–7pm,  
at Parks Alive at Warner Park

## AUTHORS IN ACTION

Take a captivating journey as Danielle Johnson, author of *Yoga for the Soul* and *Trust Your Gut*, shares insights into holistic well-being, followed by a 45 minute yoga class. Then, discover the beauty of Wisconsin natural spaces with Danielle St. Louis, author of *A Dog Lover's Guide to Hiking Wisconsin State Parks*, as she inspires adventures with your furry friends. Free but please register. Space is limited, reserve your spot today at [mscr.org](https://mscr.org)

**Aug 2** Saturday, August 2, at MSCR  
Central, Book Talk use #44978  
& Yoga #44979 to register  
Author: Danielle Johnson

**Aug 2** Saturday, August 2, 11:45am–  
12:30pm at MSCR Central #44980  
Author: Danielle St. Louis



MADISON PARKS

# Park & Recreation Month

Free Events in Your Local Parks throughout July!



July is Park & Recreation Month and Madison Parks is celebrating by providing a variety of free, fun events & activities for all ages throughout the month.\*

**JULY 7** Monday, July 7, Sunrise-8am  
Monday Mornings at The Glen

**JULY 7** Monday, July 7, 5-7pm  
Parks Alive - Allied Park

**JULY 8** Tuesday, July 8, 5-7pm  
Parks Alive - Worthington Park

**JULY 8** Tuesday, July 8, 5:30-7:30pm  
Learn to SUP - Marshall Park

**JULY 8** Tuesday, July 8, 6:30pm  
Movie in the Park - Worthington Park

**JULY 9** Wednesday, July 9, 5-7pm  
Parks Alive - Meadowood Park

**JULY 9** Wednesday, July 9, 6-7:30pm  
Conservation Park Tour  
Edna Taylor Conservation Park

**JULY 9** Wednesday, July 9, 6:30pm  
Movie in the Park - Meadowood Park

**JULY 10** Thursday, July 10, 5-7pm  
Parks Alive - Penn Park

**JULY 10** Thursday, July 10, 5:30-7:30pm  
Learn to Nordic Walk - Elver Park

**JULY 10** Thursday, July 7, 6:30pm  
Movie in the Park - Penn Park

**JULY 11** Friday, July 11, 5-7:30pm,  
Live at The Glen Golf Park

**JULY 11** Friday, July 11, 5:30-7pm,  
Adapted Swim - Goodman Pool

**JULY 14** Monday, July 14, Sunrise-8am  
Monday Mornings at The Glen

**JULY 14** Monday, July 14, 5-7pm  
Parks Alive - Elver Park

**JULY 14** Monday, July 14, 6:30pm  
Movie in the Park - Elver Park

**JULY 15** Tuesday, July 15, 5-7pm  
Parks Alive - Aldo Leopold Park

**JULY 15** Tuesday, July 15, 6:30pm  
Movie in the Park - Aldo Leopold Park

**JULY 16** Wednesday, July 16, 5-7pm  
Parks Alive - Warner Park

**JULY 16** Wednesday, July 16, 6:30pm  
Movie in the Park - Warner Park

**JULY 17** Thursday, July 17, 5-7pm  
Parks Alive - Owl Creek Park

**JULY 17** Thursday, July 17, 5-7pm  
Movie in the Park - Owl Creek Park

**JULY 17** Thursday, July 17, 5:30-7:30pm  
Learn to Nordic Walk  
Door Creek Park

**JULY 20** Sunday, July 20, 4 - 8pm  
Movie at The Glen

**JULY 21** Monday, July 21, Sunrise-8am  
Monday Mornings at The Glen

**JULY 21** Monday, July 21, 5-7pm  
Parks Alive - Galaxy Park

**JULY 21** Monday, July 21, 6:30pm  
Movie in the Park - Allied Park

**JULY 22** Tuesday, July 22, 5-7pm  
Parks Alive - Sandburg Park

**JULY 22** Tuesday, July 22, 6:30pm  
Movie in the Park - Sandburg Park

**JULY 23** Wednesday, July 23, 5-7pm  
Parks Alive - Hammersley Park

**JULY 25** Friday, July 25, 5-7:30pm,  
Live at The Glen Golf Park

**JULY 26** Friday, July 26, 8:30pm  
Movie in the Park - Peace Park

**JULY 28** Monday, July 28, Sunrise-8am  
Monday Mornings at The Glen

**MADISON  
PARKS**



Find more park events at  
[cityofmadison.com/parks/events](http://cityofmadison.com/parks/events)

\*All events are weather-dependent and subject to change. See website for the latest.