



Recreation & Enrichment Centers (REC) are comprehensive after school programs for high school students. REC is a place students can get homework help, explore hobbies & develop skills. REC includes clubs, extramural team sports and special events.

## Clubs

A variety of interest based activities are held from 3:37pm - 5:00p.m. unless specifies Clubs are based on student interest and space availability.

## Extra-murals

Team sports practice once a week after school & compete on Saturdays. Focus is on participation & sportsmanship. Registration is open to any high school student residing within MMSD & not playing on the WIAA team in the same season.

## Registration

All REC programs require participants to sign and return the participation form and waiver.

## Fees

In school MSCR clubs are free. Extramural sports has a fee which varies. Traveling clubs & special events have fees associated with the cost of admission. MSCR offers scholarships for students who qualify for free or reduced lunch.

## Contact Information

### **Ms. Mayder Lor**

East High School Recreation Specialist

Office Room #: 1302

Office Phone #: 608-204-1752

Work Cell #: 608-669-6750

Email: mlor@madison.k12.wi.us

# MSCR at East High School (2025-26)

<b>Club</b>	<b>Day</b>	<b>Start Date</b>	<b>Location</b>
<b>Digital Art Club</b>	<b>Mon</b>	<b>9/10/25</b>	<b>1506</b>
Come use the drawing tablets, design and drawing software like Adobe PhotoShop and Adobe Illustrator and get help learning new tools and tricks.			
<b>Volleyball Club</b>	<b>Mon</b>	<b>11/17/25</b>	<b>SPEC Gym</b>
Join us for open volleyball play where you can meet new friends...Bump, set and spike! All skill levels are welcome.			
<b>Homework Club</b>	<b>Tues—Thurs</b>	<b>9/16/25</b>	<b>LMC</b>
Homework Club offers a place to study, do homework & use the resources of the LMC. Our staff can assist you in connecting with a tutor, teacher or students to help you meet your goals as a Purgolder.			
<b>United Asian Club</b>	<b>Tues</b>	<b>9/30/25</b>	<b>1305</b>
Come join this motivating & inspiring club that focuses on leadership, values & sharing knowledge of Asian culture.			
<b>Hmong Dance Club</b>	<b>Wed</b>	<b>10/1/25</b>	<b>1305</b>
Come join our Hmong Dance Club! You will learn how to Hmong dance and tour with us locally performing here in Madison. No experience needed and all are welcome to join! Practice are from 3:37pm—6pm on Wednesdays.			
<b>Soulful Productions Academy</b>	<b>Wed</b>	<b>10/1/25</b>	<b>1305</b>
Be part of a production where we'll help you master your craft in Spoken Word, singing, emceeing, various dance styles, model in our Multicultural Fashion Show & more performing in shows such as the EHS Fine Arts, EHS Pep Rally, etc.			
<b>K-POP Dance Club</b>	<b>Wed &amp; Thurs</b>	<b>10/1/25</b>	<b>1305</b>
Join K-POP Dance Club where we will have lots of fun around K-POP culture doing K-POP inspired dances and we get to perform for shows such as the EHS Fine Arts, EHS Pep Rally, etc. Practices are from 3:37pm—6pm Wed & Thurs.			
<b>Anime Club</b>	<b>Thurs</b>	<b>10/2/25</b>	<b>1305</b>
Join us for anime discussions, anime viewings, drawing, cosplay, fun activities & attend our end of the year Anime trip.			
<b>Student Leadership Council</b>	<b>Fri</b>	<b>10/3/25</b>	<b>1305</b>
Join us for activities & discussions around leadership within our school and community. This is a great way to earn service E points, volunteer, learn leadership skills, listen & engage with various guest speakers and build your resume.			

## **OTHER UPCOMING SEASONAL CLUBS AND OPPORTUNITIES**

**Volleyball League** (Co-ed & grades 9-12) - Practice & games run once/week. Registration due 9/15/25. Contact Ms. Mayder for the online registration form.

**Basketball League** (Boys & grades 9-12) - Practice & games run once/week. Registration only available 11/24/25 - 12/12/25. Check with Ms. Mayder 11/24/25 for the online registration.

**Ski & Snow Board Club** - We hit the slopes Jan - March 2026. Check with Ms. Mayder in January for the registrations.

**Leader in Training** - Get paid & work this summer with the MSCR elementary kids. Applications available early Jan. 2026.

**Driver's Education** - Only offered to 9th/10th grade students who qualify, space is limited & application available March 2026. Check with Ms. Mayder by 3/20/26 for the registrations.

**NOTE: CHECK WITH MS. MAYDER FOR ALL REGISTRATIONS, APPLICATIONS & FOR MORE INFORMATION.**

**POLICIES** - Upon program completion, participants must leave the building. Participants will follow a code of conduct. Failure to abide by the code of conduct is grounds for dismissal from the MSCR program. Participants dismissed from the program due to conduct forfeit any rights to a refund. MSCR programs are open to all high school youth residing in the MMSD. REC programs generally do not meet on non-school days unless there's a special event or fieldtrip. Students must also attend school in order to participate in after school programming.

REC PARTICIPATION FORM

High School \_\_\_\_\_

ACTIVITY #1 \_\_\_\_\_ ACTIVITY #2 \_\_\_\_\_ ACTIVITY #3 \_\_\_\_\_

Participant Name \_\_\_\_\_ HS ID \_\_\_\_\_ Phone \_\_\_\_\_

Grade \_\_\_\_\_ Birth date \_\_\_\_\_ Gender \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_ Work/Cell \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

With whom does the participant live? \_\_\_\_\_ Phone \_\_\_\_\_ Alternate \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship to participant? \_\_\_\_\_

Health Insurance Provider \_\_\_\_\_ Hospital Preference \_\_\_\_\_ Group# \_\_\_\_\_ Subscriber# \_\_\_\_\_

Doctor's Name \_\_\_\_\_

Does your child have any special needs? YES NO If Yes, what accommodations are needed? \_\_\_\_\_

Does your child have any allergies? YES NO If Yes, what is the treatment plan for your child's allergies? \_\_\_\_\_

Other information we should know about your child: \_\_\_\_\_

Race/Ethnicity (Optional—please check all that apply):

\_\_\_ Asian/Pacific Islander \_\_\_ American Indian/Alaskan \_\_\_ Hispanic \_\_\_ Black/African American \_\_\_ White/Caucasian \_\_\_ Other

For Sports Use: Team Name: \_\_\_\_\_ Experience Level: Beginner \_\_\_\_\_ Experienced \_\_\_\_\_

Position: \_\_\_\_\_ Height: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

By registering for MSCR REC programs, I hereby agree and understand:

1. MSCR programs are not covered by accident insurance.
2. I and my child(ren) will adhere to MSCR rules and procedures.
3. I will hold the Madison Metropolitan School District harmless and defend the District against any claims brought by and on behalf of my child(ren) for any injury sustained by my child(ren) as a result of his/her participation in a MSCR program, provided, however, that this provision shall not apply to liabilities caused by or resulting from the gross negligence of the District, it's employees or agents.
4. Staff may take photos of my child(ren) which will be used for educational or marketing purposes.
5. I hereby give permission for MSCR to take or transport my child(ren) on supervised field trips during program hours.
6. All participants must leave the building at the close of the program. Parents/Guardians are responsible for their child(ren) at closing time.
7. I hereby grant permission for MMSD/MSCR staff to share, with each other, any information or records regarding my child.
8. I agree to pay fees associated with the program I am registering for.
9. If emergency medical care is deemed necessary, MSCR staff is authorized to act in my child's behalf in granting permission for my child to receive emergency treatment or surgery.

I have read and agree to the 9 point waiver on this form: \_\_\_\_\_

(Parent Signature)

(Date)

Please return this form to: Mayder Lor (ROOM: 1302). Or the East High School Main Office (Attention: MSCR or Mayder Lor)