



MSCR Program Guide

Summer 2024



Camps Information Inside!

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*Fee Assistance Available
Disponible en Español*

DAY CAMP 2024

Join us for lots of summer adventures!



Great Staff | Great Camps

arts | theater | adventures
lifelong memories | friendships
field trips | swimming fun

June 12-August 16

For campers ages 5-15

Making great summer memories for 50 years

Find more information and register at

wisconsinyouthcompany.org

Registration opens March 2024



MSCR SUMMER 2024 PROGRAM GUIDE

608.204.3000 OR MSCR.ORG



MSCR Central

328 E Lakeside Street

Madison, WI 53715

Monday - Friday

8 am - 5 pm

608.204.3000

Registration begins
Monday, March 11 at 12 pm
for MMSD Residents and
Monday, March 25 at 12 pm
for Non-MMSD residents.

MMSD INTERIM SUPERINTENDENT: Lisa Kvistad

MSCR EXECUTIVE DIRECTOR: Mary Roth

MMSD BOARD OF EDUCATION:

Nichelle Nichols, President, Maia Pearson, Vice President, Nicki Vander Meulen, Clerk, Ali Janae Muldrow, Treasurer, Savion Castro, Blair Mosner Feltham, Laura Simkin, Yoanna Hoskins, Student Rep, Lavenia Vulpal, Alternate Student Representative

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MSCR CITIZENS' ADVISORY COMMITTEE:

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PRESCHOOL & YOUTH

Aquatics	24 - 26
Arts & Enrichment - Preschool & Child + Adult	9
Arts & Enrichment - Youth	10 - 13
Camps	C1-C16
Fitness	14 - 15
Outdoor - Pontoon	28 - 29
Outdoor Pursuits	30 - 31
Soccer & Sports	16 - 23

ADULT

Adapted Recreation	6
Aquatics	24 - 26
Arts & Enrichment	32 - 37
Day Trips & Events	7
Fitness	38 - 40
Goodman-Rotary 50+ Fitness	42 - 48
Outdoor - Customizable Experiences	27
Outdoor - Pontoon	28 - 29
Outdoor Pursuits	30 - 31
Sports - Leagues, Pickleball & Tennis	49 - 51

FAMILY/MULTI-AGE

Aquatics	24 - 26
Arts & Enrichment - Preschool & Child + Adult	9, 12 - 13
Day Trips & Events	7
Fitness	14 - 15
Outdoor - Pontoon	28 - 29
Outdoor Pursuits	30 - 31
Sports - Child + Adult	16 - 18

REGISTRATION

Friends of MSCR	8
Fee Assistance Request Form	58
Camp Supplemental Form	56
Inclusion Services	54
MSCR Program Sites	4 - 5
Policies & Procedures	55
Registration Form	57

HOW TO REGISTER

Registration begins at 12 pm.

1. Register online at mscr.org. This is the best option for customers interested in high demand activities.

2. Complete a paper MSCR Registration Form (found at the back of the MSCR Program Guide) and return your form and payment method to MSCR one of these ways:

- US Mail to MSCR Central, 328 E Lakeside St, Madison, WI 53715
- Email a photo or scan of the form to mscr@madison.k12.wi.us
- Fax to 608-204-0557
- Drop off at MSCR Central, MSCR East or MSCR West

FEE ASSISTANCE

How to request Fee Assistance:

To request Fee Assistance, complete the Fee Assistance Request Form at the back of the MSCR Program Guide and return it to MSCR along with your Registration Form following the instructions in Option 2 above. No additional documentation is required.

Please note: for the best chance of being enrolled in your preferred program, please return your Fee Assistance Request Form to MSCR prior to the first day of registration on Monday, March 11.

Dear Families and Community Members,

Welcome to our Summer 2024 Program Guide. I would like to take this opportunity to introduce myself as your new Executive Director of MSCR. While this is my first full season in this role, it is far from my first season with MSCR. I am honored to have worked in youth programming, adult programming and operations with MSCR for 15 years. I am eager to continue working with our incredible team to deliver high quality programs for the community.



This year marks some important milestones for MSCR. 2024 is the 30th anniversary of the Goodman Rotary 50+ Fitness program providing essential fitness and wellness programming for our older adults. In addition, the Friends of MSCR is hosting its 20th annual golf outing on July 17, 2024. This event is a celebration of 20 years of supporting access to public recreation. These events are just a couple examples of MSCR's wide reaching community impact.

Our team has planned a fun-filled summer. We hope you'll consider making MSCR a part of your summer plans in 2024.

Sincerely, Mary Roth,
MSCR Executive Director

Dear Families and Community Members,

If you have been looking forward to a summer filled with fun, friends, and learning, then this guide is exactly what you need! The team at Madison School & Community Recreation (MSCR) have once again planned an amazing array of programs and activities to fill your summer with wonderful experiences and memories.



There are a variety of camps for students in grades K-9 at east and west locations to meet every interest from arts, enrichment, outdoors, sports and more. There are also great opportunities to connect with your entire family, such as taking a pontoon ride around the lake or signing up for paddling programs.

We hope to see you around MSCR this summer!

Sincerely,
Lisa Kvistad
Interim Superintendent

MSCR Mission: To enhance the quality of life for individuals in the Madison Metropolitan School District and for the community by providing recreation and enrichment opportunities year-round that are accessible to all.

MSCR Program Centers



MSCR Central
328 E Lakeside Street

MSCR EAST
4620 Cottage Grove Rd

MSCR West
7333 West Towne Way
**MSCR facility hours vary, please go to
mscr.org for specific location hours.**



MSCR ON THE MOVE!

MSCR on the Move offers free public recreation and arts activities for all ages in parks and schools within the Madison Metropolitan School District, prioritizing areas that have limited access to recreation resources. Although MSCR on the Move targets children ages 3+ years, staff are trained to be flexible in adapting projects to large ranges of ages, including preschoolers through middle school-age children. Family collaboration is encouraged, guardians must stay with their child. Please check mscr.org in May for all the MSCR on the Move and Art Cart Schedules.

CLAY ON THE MOVE

Clay on the Move is a free mobile pottery program. Discover the world of clay through hands-on experiences! For adults and youth ages 10+, try the potters' wheel and learn throwing techniques from staff. For all ages, dig into hand-building projects and have fun learning how to pinch, coil and roll. All projects are created for the experience and cannot be taken home. Clay projects are recycled for future opportunities.

PLAY ON THE MOVE (FORMERLY CALLED FIT2GO)

Play on the Move is a free, drop-in mobile play program. Our van brings unique play equipment for organized games, physical activities, and free play that encourages imagination and interactive learning experiences. Play on the Move strives to bring equitable play opportunities to more families in the Madison community.

ART CART

The Art Cart is a free, traveling art program that provides creative, outdoor art-making experiences to children ages 3+ and their families. Activities include both group and individual projects, with a variety of materials. During a typical summer, Friday afternoons features plaster casting on the beach and the third the week of July features the re-painting of the Vilas Park Shoe – a Madison tradition!

Art Cart is in cooperation with the Madison Museum of Contemporary Art. Art Cart is featured on PBS Wisconsin Life! Go to pbs.org/show/wisconsin-life to see this exciting video. Go to mscr.org for the Art Cart schedule.



MOBILE MADISON

Mobile Madison is a collaborative group that consists of the following organizations' mobile programs:

- MSCR Play on the Move
- MSCR & Madison Museum of Contemporary Art - Art Cart
- Madison Reading Project- Big Red Reading Bus
- Department of Natural Resources - Fishmobile
- Dane County Library Service & Madison Public Library - Dream Bus
- City of Madison Parks Division - Sina Davis Movies in the Park
- Madison Children's Museum - MCM Roadshow
- Madison Metropolitan School District - Play & Learn

This group works collaboratively to bring free, mobile activities to a multitude of neighborhoods, prioritizing areas of need. Member organizations work together with stakeholders to broaden the reach of services to best benefit the community. Go to mscr.org for more collaborative events and meetups.

Mobile Madison is hosting two free events this summer:

- Tuesday, June 11 at Elver Park 5-7pm (Movie at 6:45pm)
- Thursday, June 13 at Brittingham Park 5-7pm (Movie at 6:45pm)

MSCR AT COMMUNITY AND NEIGHBORHOOD CENTERS



MEADOWOOD NEIGHBORHOOD CENTER, 5740 RAYMOND RD

MSCR operates the Meadowood Neighborhood Center in collaboration with the City of Madison on the southwest side in the Meadowood Shopping Center. The purpose is to provide safe, supervised activities for youth during afterschool and evening hours. The center also offers arts and enrichment programs, fitness classes and a place for neighbors and groups to meet. Additional services are a job shop, food pantry and computer access. Please visit mscr.org or call 608-467-8360.



WARNER PARK COMMUNITY RECREATION CENTER, 1625 NORTHPORT DR

MSCR, in collaboration with City of Madison Parks Division, offers recreation programs at the Warner Park Community Recreation Center. Classes are listed in various activity sections throughout the program guide. ID cards which entails a photo and fee, are required at Warner Park CRC. MSCR does not give discounts for WPCRC members. ID Forms are available at mscr.org/our-programs/mscr-neighborhood-centers or call 608-245-3670.

ADAPTED FAMILY SWIMS

Goodman Pool, 325 W Olin Ave

June 21, 5:30-7pm, July 20, 10-11:30am and August 16, 5:30-7pm
Open to all individuals with disabilities and their caregivers and families.

Programs are open to individuals with disabilities ages 13+ and their caregivers.

CHAIR EXERCISE

Increase your range of motion through stretching and strength exercises. Participate either sitting or standing, exercises are adapted as needed. Skip 7/5.

CITY CLUB

Meet new friends while enjoying arts & crafts, fitness, field trips and other fun and engaging activities. Skip 7/4.

CLIMBING

No previous experience needed! An introduction to climbing and off the ground experiences! Opportunities include the giant swing, climbing wall, flying squirrel, cargo net and zipline. Adapted climbing equipment is available and staff can accommodate a variety of ability levels. MSCR Outdoor Programs staff lead this activity. For this activity, please see Essential Eligibility Criteria at mscr.org/programs/adapted-recreation

DANCE AND MOVE

Low impact class using music and basic steps for great cardiovascular and muscle toning workout. All fitness levels welcome.

INDOOR BOCCIE

Bocce is a popular Italian game where players roll a bocce ball closest to the target ball. Learn the rules and develop the skills of this great ball sport on our new indoor bocce courts! Essential Eligibility Criteria: Participants must be able to stay with the group and take turns with reasonable prompting.

ORIENTEERING

Orienteering is an activity in which participants find their way to checkpoints with the aid of a map and compass. MSCR has three courses at the Madison School Forest that vary in difficulty and length to allow for each group to choose the best challenge. Materials provided, no experience necessary. MSCR Outdoor Programs staff lead this activity. For this activity, please see Essential Eligibility Criteria at mscr.org/programs/adapted-recreation

PADDLING

No previous experience needed! Participants are scheduled for a one hour time block after the participant profile is completed with adapted programs staff. Adapted paddling equipment is available, including universal paddling seats, outriggers, tandem kayaks, chariot transfer bench and multiple paddle adaptations. Staff can accommodate a variety of ability levels. MSCR Outdoor Programs staff lead this activity. For this activity, please see Essential Eligibility Criteria at mscr.org/programs/adapted-recreation

PICKLEBALL

Learn the basics of this popular game through playing and ongoing coaching. Essential Eligibility Criteria: Participants must be able to stay with the group and take turns with reasonable prompting.

POTTERY

Experience the hand-building techniques of pinch, coil and slab construction. No experience required. Materials provided. Projects are available for pick up 3 weeks after class ends.

SATURDAY IN THE PARK

Join MSCR Staff for a hike at Madison's amazing parks. While hiking, enjoy spotting different types of birds and Madison wildlife. Includes nature activity led by MSCR Staff. Each week meets at a different location: 7/13- Olin Park; 7/20 - Cherokee Marsh Park; 7/27 - Indian Springs Park; 8/3 - Edna Taylor Park.

SWIM LESSONS AGES 5-13

Intended for youth with disabilities who would benefit from a very small group, this class provides instruction based on swimmers' goals and comfort level in the water. Swimmers who have been successful in MSCR regular youth swim lessons should not enroll in this class. This class is not open for online registration. Please call 608-204-3030 for information. Skip 7/5.

WATER WALKING

Class designed for individuals with cognitive and/or physical disabilities. Exercise on an individual basis with MSCR provided staff support, or supported by family/caregiver. Best for non-swimmers who would benefit from a warm water pool. MSCR staff assess the individual abilities of participants and establish simple exercises that improve overall health.

YOGA

Focus on yoga forms to reduce stress and anxiety. Increase body awareness, balance and strength in a fun and safe environment. Skip 7/4.

Age	Class	Location	Day	Date	Time	Fee	Course#
13+	Chair Exercise	MSCR West	F	6/21-8/16	9:30-10:30am	\$46	38835
13+	City Club	MSCR West	T	6/18-8/13	3:30-5:30pm	\$61	38836
13+	City Club	MSCR East	Th	6/20-8/15	3:30-5:30pm	\$54	38837
13+	Climbing	MSCR Kennedy Challenge Course	Sa	6/8	9:30am-12pm	\$15	40032
13+	Climbing	MSCR Kennedy Challenge Course	Sa	8/10	9:30am-12pm	\$15	40072
13+	Dance and Move	MSCR West	M	6/17-8/12	4:30-5:30pm	\$52	38838
13+	Dance and Move	MSCR East	T	6/18-8/13	4:15-5:15pm	\$52	38839
13+	Indoor Bocce	MSCR West	W	6/19-8/14	5:15-6:30pm	\$52	40029
13+	Orienteering	Madison School Forest	Sa	8/24	10am-12pm	\$8	40071
13+	Paddling	Olin Park	Th	6/20	2-7pm	\$10	38840
13+	Paddling	Olin Park	M	7/22	2-7pm	\$10	40069
13+	Paddling	Olin Park	Th	8/22	2-7pm	\$10	40070
13+	Pickleball	MSCR West	T	6/18-8/13	3:30-4:30pm	\$52	40030
13+	Pottery	MSCR West	W	7/10-8/14	2:30-3:45pm	\$78	40034
13+	Saturday in the Park	Various parks	Sa	7/13-8/3	10-11:30am	\$23	38841
13+	Water Walking	Lapham	M	6/17-8/12	7:10-8:10pm	\$81	38845
13+	Water Walking	Lapham	T	6/18-8/13	7:10-8:10pm	\$81	38846
13+	Water Walking	Lapham	W	6/19-8/14	7:10-8:10pm	\$81	38847
13+	Yoga	MSCR East	M	6/17-8/12	4:15-5:15pm	\$52	38848
13+	Yoga	MSCR West	Th	6/20-8/15	4:30-5:30pm	\$46	38849
5-13	Swim Lessons	Goodman Pool	F	6/21-8/23	9:30-10am	\$83	38842
5-13	Swim Lessons	Goodman Pool	F	6/21-8/23	10:10-10:40am	\$83	38843
5-13	Swim Lessons	Goodman Pool	F	6/21-8/23	10:50-11:20am	\$83	38844

DAY TRIPS**MILWAUKEE BASEBALL AND BREWS**

Experience the magnificence of an exclusive behind-the-scenes tour of American Family Field by visiting the most restricted areas such as the Selig Experience, Playing Field, Visitors' Clubhouse, Brewers bullpen, Bob Uecker's broadcast booth and many other attractions. Enjoy lunch at the J. Leinenkugel's Barrel Yard. Travel to Sprecher Brewing Co. the Milwaukee's oldest Craft Brewery for a behind the scenes tour of the lab, brewhouse and production area. Relax in the beer garden and sample craft beverages and snacks. Includes 4 beer samples for adults 21+ with ID, and unlimited soda samples. Fee includes tour admissions, lunch and motorcoach transportation. Registration deadline is 3/7/24. Youth ages 8+ may register with a participating adult.

CHICAGO FOOD TOUR: PROGRESSIVE MULTI-CULTURAL EXPERIENCE

Immerse yourself in the multicultural history and cuisine of Chicago. During this progressive meal and history tour, stop at three local eateries, each with a different national origin to enjoy a succession of appetizers, entree and dessert. Visit the National Museum of Mexican Art in Pilsen. Considered the most prominent first-voice institution for Mexican art and culture in the US, it is home to one of the country's largest Mexican art collections. Conclude the tour with shopping at Eataly, Chicago's vibrant Italian marketplace. All along the way, a knowledgeable tour guide provides narration, highlighting culture and architectural hidden gems of Chicago. Tour includes walking; must be able to enter/ exit the bus multiple times. Registration deadline is 4/5/24. Ages 18+.

'MA RAINEY'S BLACK BOTTOM' AT AMERICAN PLAYERS THEATER

Travel back to the roaring 1920s as you experience the magic of theater with a performance of "Ma Rainey's Black Bottom" under the stars at American Players Theater in Spring Green, Wis. Trailblazing blues artist Ma Rainey is at the top of her game and recording a new album. Her band - brash trumpeter Levee, bassist Slow Drag, pianist Toledo and trombonist Cutler start talking about their future. Tempers ebb and wane, and the white record producers make demands and promises. The show features Greta Oglesby as Ma Rainey plus Jamal James and Chike Johnson. Enjoy an exclusive talk with one of the actors during a picnic dinner in a reserved shelter. BYO picnic or purchase food onsite. Shuttle available from shelter to the hilltop. Please let us know if you require wheelchair access when registering. Bus loads at 3:15pm. Fee includes admission, pre-show talk, picnic shelter reservation and motorcoach transportation. Registration deadline is 6/20/24. Trip is for ages 16+.

EVENTS**FLASHLIGHT EGG HUNT**

Egg hunts aren't just for little kids! You are never too old to enjoy plastic eggs, candy and prizes! Bring your flashlight for this "eggciting" evening egg hunt! Participants should be equipped with flashlights and bags to collect the eggs. Pre-registration is required. No on site registrations accepted. Dress appropriately for the weather. This event is canceled in the case of extreme weather. Absolutely no adults are allowed on the hunting field, but are welcome to watch the fun. The event of the location is communicated in early March.

Age	Class	Location	Day	Date	Time	Fee	Course#
DAY TRIPS							
18+	Milwaukee Baseball and Brews - Adult	LaFollette	Sa	3/23	8:45am-5:45pm	\$100	38792
8-17	Milwaukee Baseball and Brews - Youth	LaFollette	Sa	3/23	8:45am-5:45pm	\$95	38793
18+	Chicago Food Tour: Multicultural Experience	LaFollette	Sa	4/20	7:30am-6:30pm	\$160	38794
16+	American Players Theater	MSCR West	Su	7/7	3:30pm-10:30pm	\$69	40059
EVENTS							
Grd 6-8	Flashlight Egg Hunt	Kennedy Park	F	3/22	8pm-8:45pm	\$7	38722



Girl Scouts!

Join us this summer.
gsbadgerland.org | 800.236.2710



Fore Friends Golf Outing

**Directly impact
MSCR programs and services
by participating in the
Friends of MSCR Golf Outing
as a golfer or sponsor!
Join us for the 20th
Annual Fore Friends Golf Outing**

**Wednesday, July 17, 2024
The Oaks Golf Course**



You don't have to be a great golfer to play.
Enjoy fun games on the course, door prizes and great food!
\$150 per golfer/\$600 foursome includes
18 holes of golf, cart, golfer gift, free beverage, lunch and dinner!
For more information about the event, sponsorship
opportunities and golfer registration
Visit birdeasepro.com/mscr

***Looking for a great way for your business or organization to give back to
the community and gain great exposure?***

Consider sponsoring this great event.

For more information on the golf outing or sponsorship opportunities, contact Martha
at (608) 204-3045 or by email at mlhutchinson@madison.k12.wi.us.

Friends of MSCR Golf Outing proceeds
support MSCR programs including
afterschool enrichment, arts, aquatics,
camp scholarships, adapted and
inclusive recreation and more.



CHILD + ADULT & PRESCHOOL CLASSES

These classes are Child + Adult. Only registered child and one participating adult may attend these classes. For everyone's safety and the quality of classes, siblings, including infants and/or friends are not allowed to attend classes, be in the classroom or left unattended in a building at any time. Register child only; only one adult may attend.

INDOOR CLASSES - CHILD + ADULT**ART EXPLORATION - CHILD + ADULT**

Children have fun with some new art techniques and some old ones - such as painting, pasting and construction. Each participant is encouraged to engage at their own level - from playing with new materials to creating an art treasure.

CREATIVE MOVEMENT - CHILD + ADULT

Explore fun ways to move their bodies. Activities include learning to move with music, movements incorporating animals, shapes, seasons and much more.

DESERT DESIGNS - CHILD + ADULT - NEW!

Join us for an art class that is sure to be HOT! Craft cacti, shape sand and more in this desert themed workshop!

DINO-MITE ART - CHILD + ADULT

Make projects based on everyone's favorite prehistoric creatures, dinosaurs! This class is sure to be a RAWR-ing good time!

MSCR MAKES - CHILD + ADULT

Explore your favorite, new and reimagined art techniques! MSCR Makes is an open-ended process-based art class where making, engaging and spending time together is just as important as the final product.

PROCESS ART - CHILD + ADULT

Process Art is about the practice of making art, not the final product. Participants have the freedom to explore new materials, ask questions and see how things work. This artistic philosophy sets the foundation for independent, self directed creativity by encouraging participants to be themselves, make their own decisions and just create!

INDOOR DANCE CLASSES**PRE-BALLET**

Does your child dance more than they walk? Participants learn basic ballet technique. Through creative dance, they combine listening skills, coordination and rhythm.

OUTDOOR CLASSES**4K OUTDOOR ARTS - NEW!**

Embark on a unique outdoor art adventure where imagination knows no bounds! From nature-inspired painting to colorful sidewalk chalk creations, this hands-on class fosters creativity and bonding. Come make memories and let creativity bloom under the open sky!

Age	Class	Location	Day	Date	Time	Fee	Course#
INDOOR CHILD + ADULT CLASSES							
18m-2yrs	Art Exploration - Child + Adult	MSCR West	F	6/28-8/16	9:30-10:15am	\$50	38937
2-3yrs	Creative Movement - Child + Adult	MSCR West	T	6/25-8/13	9:30-10am	\$34	40024
2-3yrs	Creative Movement - Child + Adult	MSCR Central	F	6/28-8/16	9:30-10am	\$26	40025
3-7yrs	Desert Designs - Child + Adult	MSCR Central	Th	6/27	5-5:45pm	\$12	39023
3-7yrs	Dino-Mite Art - Child + Adult	MSCR Central	Th	8/15	5-5:45pm	\$12	39024
3-5yrs	MSCR Makes - Child + Adult	MSCR Central	Th	7/11-8/1	5-5:45pm	\$29	39059
3-5yrs	Process Art - Child + Adult	MSCR West	F	6/28-8/16	10:45-11:30am	\$50	39029
INDOOR PRESCHOOL DANCE							
3yrs	Pre-Ballet	MSCR West	M	6/24-8/12	4:05-4:35pm	\$34	37964
3yrs	Pre-Ballet	MSCR West	T	6/25-8/13	10:15-10:45am	\$34	40021
3yrs	Pre-Ballet	Madison Youth Arts Center	W	6/26-8/14	4:10-4:40pm	\$34	40022
3yrs	Pre-Ballet	MSCR Central	W	6/26-8/14	5:30-6pm	\$34	38975
3yrs	Pre-Ballet	MSCR East	Th	6/27-8/15	5:30-6pm	\$26	38992
3yrs	Pre-Ballet	MSCR West	Th	6/27-8/15	4-4:30pm	\$26	40020
3yrs	Pre-Ballet	MSCR Central	F	6/28-8/16	10:15-10:45am	\$26	38993
3yrs	Pre-Ballet	MSCR East	F	6/28-8/16	9-9:30am	\$26	38990
4-5yrs	Pre-Ballet	MSCR West	M	6/24-8/12	4:50-5:30pm	\$44	37965
4-5yrs	Pre-Ballet	MSCR East	T	6/25-8/13	4:30-5:10pm	\$44	38991
4-5yrs	Pre-Ballet	MSCR West	T	6/25-8/13	11-11:40am	\$44	40018
4-5yrs	Pre-Ballet	Madison Youth Arts Center	W	6/26-8/14	3:15-3:55pm	\$44	40023
4-5yrs	Pre-Ballet	MSCR West	Th	6/27-8/15	4:45-5:25pm	\$39	40019
4-5yrs	Pre-Ballet	MSCR Central	F	6/28-8/16	11-11:40am	\$39	38995
4-5yrs	Pre-Ballet	MSCR East	F	6/28-8/16	9:45-10:25am	\$39	38994
OUTDOOR CLASSES							
4-5yrs	4K Outdoor Arts	MSCR Central	W	6/26-7/17	9-9:45am	\$29	38987
4-5yrs	4K Outdoor Arts	MSCR Central	W	7/24-8/14	9-9:45am	\$29	38988



YOUTH & TEEN ARTS & ENRICHMENT CLASSES

CARVE & CLOTHE - WEARABLE PRINTMAKING

Searching for one-of-a-kind clothing? Look no further! Participants explore the medium of linocut printmaking, where they draft original designs, carve them into a linocut printmaking block and transfer them onto a variety of surfaces, from tote bags to t-shirts and more. Create neat clothing and accessories to use or give as bespoke gifts!

CREATIVE DESIGN - NEW!

This is a dynamic and interactive learning experience designed to introduce young learners to the exciting world of visual communication and creative design. The class covers fundamental principles and hands-on activities, fostering artistic expression. Participants create innovative projects such as a shoe design, stickers, vending machine design and more.

CROCHET - BEGINNING

Unravel your creativity with an introductory crocheting class! Learn by starting with the basics, crafting charming beginner projects such as granny squares, cozy beanies and stylish scarves. This class offers a welcoming space for all skill levels, allowing you to transform yarn and hooks into beautiful, handmade creations while making connections with fellow crafters.

EMBROIDERY - BEGINNING

Discover the joy of embroidery, where every stitch tells a story! In this introductory class, delve into the world of delicate stitches, where you master the fundamentals of embroidery, design custom pieces using an embroidery hoop, and even add a personal touch to items you already own. Stitch your way to artistic expression, turning everyday fabric into exquisite, one-of-a-kind creations.

EMBROIDERY PERSONALIZATIONS - NEW!

Join us for an exploration of embroidery basics, where you'll master stitches and techniques to add a personal flair to your existing pieces. From revamping clothing to customizing accessories, this hands-on class is your passport to creating one-of-a-kind, embroidered masterpieces. Participants should bring pieces, such as clothing, accessories, or fabric items, that they would like to customize. This could include t-shirts, denim jackets, tote bags or any other suitable items.

FABRIC DESIGN & HAND SEWING LAB - NEW!

Discover how to create a colorful design to be printed on your own fabric. Then, use this fabric and learn how to do running and whip stitches to hand sew a doll, tote bag or other fun projects.

FAUX STAINED GLASS - NEW!

Discover the fascinating art of mimicking stained glass using paint and bring luminous, colorful designs to life - no glass required! Join us for a hands-on experience in this exclusive workshop, where participants learn the techniques of working with gallery glass paint, adding a touch of stained glass beauty, making vibrant masterpieces.

FLY TYING - BEGINNING

Join us for a super fly class! Learn to tie flies, a type of fishing lure, sure to make Dane County fish take the bait. Learn the basic skills of tying by tying a new type of lure at each class. Practice the technique, use creativity, and use the materials you have on hand to make modifications on the fly.

MAKE YOUR OWN TRADING CARDS - NEW!

This class introduces students to the creative world of trading card design while fostering artistic expression, storytelling and imaginative play. Participants learn to design and create unique trading cards, explore different art mediums and engage in a simple game to enhance social interaction and strategic thinking.

NEEDLE PUNCH RUG

Get ready to "tuft" it out! Learn to make a rug using a punch needle technique to create your own stunning, tactile masterpiece, one loop at a time. With each carefully placed punch watch your design come to life, transforming a simple canvas into a stunning rug that adds personality to your space.

SHRINKY DINK CREATIONS - NEW!

Draw, shrink, craft, admire! Transform ordinary sheets into playful keychains, charm bracelets and jewelry. Watch designs magically shrink into unique, wearable masterpieces, promising endless fun and imaginative expression in this hands-on experience!

UKULELE - BEGINNING

Join us for this joyful class that inspires curiosity about music. Participants learn to tune their instrument, play multiple ukulele chords, clap rhythms with notes and rests, play several simple songs and become familiar with musical notation. Youth are encouraged to write their own songs as well! Class ends with a ukulele performance for family and friends. All equipment provided.

UPCYCLED JEWELRY MAKING

Turn your creativity into 'bling-credible' masterpieces! From shaping spoon rings to boho fabric bracelets and wire-wrapping gemstone pendants, shine with one-of-a-kind accessories.

DANCE & BATON TWIRLING CLASSES

BALLET

Participants learn basic ballet skills and positions. Youth also learn to combine technique along with balance, coordination and rhythm.

BATON TWIRLING - ADVANCED SKILLS

For twirlers with previous baton experience. This class moves beyond single baton tricks and focuses on teaching new skills such as two-baton, three-baton and hoop baton tricks. Concurrent enrollment in Continuing Baton is okay and encouraged.

BATON TWIRLING - BEGINNING

Try your hand at baton twirling. Start with the basics of developing correct technique, hand-eye coordination, learning new tricks and having fun through creative movement. Baton included in fee.

BATON TWIRLING - CONTINUING

Continue developing skills and mastering tricks learned in past baton twirling classes. Learn to combine skills in combination. Class is appropriate for participants who have completed an MSCR Baton Twirling class or have past experience with baton twirling. Baton included in fee.

DANCE SAMPLER - NEW!

Dance your heart out! Join us for a week filled with different styles of dance. Learn skills and techniques from ballet, jazz and tap while finding your inner rhythm in this fun and movement filled week!

JAZZ

Jazz dance emerged as an African-American social dance style at the end of the 20th-century. This style originally combines traditional African dance steps with ballroom dance techniques. Participants learn the basics of jazz dance. A variety of jazz techniques and skills, such as turns, jumps and combinations featured in this class!

JAZZ/HIP HOP

This class combines the high energy hip-hop dance style, focusing on rhythm and stylized movements, with jazz technique including turns, jumps and combinations.

LYRICAL

Lyrical dance combines ballet and jazz dancing techniques. It is performed to music with lyrics so that it inspires expression of strong emotions. Dancers work on improving their dance technique along with learning choreography and practicing self-expression.

TAP

Affordable opportunity to experience dance! This course introduces basic tap steps, rhythms and combinations to get your feet moving.

Grade	Class	Location	Day	Date	Time	Fee	Course#
ARTS & ENRICHMENT CLASSES							
*9-12+	Carve & Clothe - Wearable Printmaking	MSCR West	M	6/24-7/8	7-8:30pm	\$34	38972
1-2	Creative Design	MSCR East	Th	7/11-8/15	6-6:45pm	\$37	38944
3-6	Creative Design	MSCR East	Th	7/11-8/15	7-8pm	\$50	38943
6-12	Crochet - Beginning	Madison Youth Arts Center	Th	6/27-7/18	6:30-8pm	\$19	38973
*9-12+	Embroidery - Beginning	Madison Youth Arts Center	Th	7/25-8/15	6:30-8pm	\$28	38984
6-12	Embroidery Personalizations	MSCR Central	T	7/23-8/6	5:30-6:45pm	\$21	38985
4-6	Fabric Design & Hand Sewing Lab	MSCR East	M	7/29-8/19	3:30-5:30pm	\$70	39019
6-12	Faux Stained Glass	MSCR Central	T	6/25-7/9	6-7pm	\$34	38997
*9-12+	Fly Tying - Beginning	MSCR West	Th	6/27-7/25	6-7:30pm	\$40	39014
1-2	Make Your Own Trading Cards	MSCR East	M	7/1-8/5	6-6:45pm	\$37	38939
3-6	Make Your Own Trading Cards	MSCR East	M	7/1-8/5	7-8pm	\$50	38934
6-12	Needle Punch Rug	MSCR West	M	7/22-7/29	6-7:30pm	\$18	39004
3-8	Shrinky Dink Creations	MSCR Central	T	6/25-7/9	4:30-5:30pm	\$25	39012
3-8	Shrinky Dink Creations	MSCR West	M	7/22-8/5	4:30-5:30pm	\$25	39013
3-6	Ukulele - Beginning	MSCR Central	Th	6/27-8/15	5-6pm	\$42	38940
*9-12+	Upcycled Jewelry Making	MSCR Central	W	7/17-8/7	10:15-11:45am	\$48	39028
DANCE & BATON TWIRLING CLASSES							
1-2	Ballet	MSCR West	M	6/24-8/12	3-3:50pm	\$58	38955
1-2	Ballet	MSCR East	F	6/28-8/16	10:40-11:30am	\$51	38954
1-2	Ballet	MSCR Central	F	6/28-8/16	11:55am-12:45pm	\$51	40026
3-6	Ballet	MSCR West	M	6/24-8/12	1:45-2:45pm	\$61	38952
3-6	Ballet	MSCR East	T	6/25-8/13	6:30-7:30pm	\$61	38953
1-5	Baton Twirling - Beginning	MSCR West	M	6/24-8/12	4:30-5:30pm	\$75	38958
3-10	Baton Twirling - Continuing	MSCR West	M	6/24-8/12	5:45-6:45pm	\$75	38959
7-12	Baton Twirling - Advanced Skills	MSCR West	M	6/24-8/12	6:50-7:30pm	\$60	38960
1-2	Dance Sampler	MSCR Central	M-F	6/10-6/14	2:45-3:45pm	\$38	38961
3-6	Dance Sampler	MSCR Central	M-F	6/10-6/14	4-5pm	\$38	38962
1-2	Dance Sampler	MSCR West	M-F	6/10-6/14	9:30-10:30am	\$38	38964
3-6	Dance Sampler	MSCR West	M-F	6/10-6/14	10:45-11:45am	\$38	38963
1-2	Jazz	MSCR West	T	6/25-8/13	11:55am-12:45pm	\$58	38980
1-2	Jazz	MSCR East	T	6/25-8/13	5:25-6:15pm	\$58	38976
1-2	Jazz	Madison Youth Arts Center	W	6/26-8/14	4:55-5:45pm	\$58	38978
3-6	Jazz	MSCR West	T	6/25-8/13	1-2pm	\$61	38979
3-6	Jazz	Madison Youth Arts Center	W	6/26-8/14	6-7pm	\$61	38977
1-2	Jazz/Hip Hop	MSCR Central	W	6/26-8/14	6:10-7pm	\$58	38982
1-2	Jazz/Hip Hop	MSCR East	Th	6/27-8/15	6:10-7pm	\$51	40027
3-6	Jazz/Hip Hop	MSCR East	Th	6/27-8/15	7:15-8:15pm	\$54	38983
3-6	Lyrical	MSCR Central	W	6/26-8/14	7:15-8:15pm	\$61	38965
1-2	Tap	MSCR West	Th	6/27-8/15	5:40-6:30pm	\$51	38999
3-6	Tap	MSCR West	Th	6/27-8/15	6:45-7:45pm	\$54	39000

*These classes are open to participants 14 years and older, including adults.

POTTERY

HANDBUILDING - CHILD + ADULT

Experience handbuilding pottery techniques of pinch, coil and slab construction to create joint pieces of art with your child. All work must be completed in the studio. Adult must participate with child on provided class project; register child only. Materials provided.

YOUTH HANDBUILDING

No clay experience required! Experience the hand-building techniques of pinch, coil and slab construction. Materials included.

YOUTH WHEEL

Practice centering on the wheel to work toward creating projects. Materials provided.

SEWING

SEWING STUDIOS - MONSTER PILLOWS

Expand your sewing knowledge to create a dragon or another colorful character to sit with you during movie night. Learn how to sew a basic pillow pattern with super soft material, fleecy hair and wiggly arms.

SEWING STUDIOS - PATCHWORK TOTE BAGS - NEW!

Explore the world of patchwork design using sewing machines to craft unique and personalized bags. From selecting vibrant fabrics to mastering the art of precise stitching, this hands-on, beginner-friendly class fosters both artistic expression and functional craftsmanship, empowering participants to bring their patchwork visions to life. Stitch your way to a world of creativity!

SEWING STUDIOS - SUMMER ACCESSORIES

Have a blast this summer showing off fashionable accessories sewn by you! Learn the basics of machine sewing including threading the machine, bobbin winding and speed control as you work toward finishing a tote bag for the beach or the Farmers' Market.

YOUTH & TEEN WORKSHOPS

BESTIE FLEECE TIE BLANKET WORKSHOP - NEW!

Get ready for a night of super cozy crafting! Grab a friend, and join the fun as you create matching fleece tie blankets. Enjoy popcorn and a movie as you and your bestie craft the night away. It's a fantastic chance for young artists to bond, create and enjoy an evening filled with warmth, friendship and memories! Bring a cushion, pillow or blanket to sit on while you enjoy the show.

BLEACH PAINTING WORKSHOP - NEW!

We're ditching paint for something edgier - bleach! Watch in awe as the bleach lightens fabric, creating a bold and dynamic contrast that transforms ordinary pieces into edgy, wearable masterpieces. Bring clean pieces to personalize - jeans, t-shirts, tote bags, bandanas or other fabric items. It's not just art; it's a statement. Let your style speak louder than words!

BOHO BEADED CURTAIN WORKSHOP

Do you consider your style boho chic? Immerse yourself in the creative process as we guide you to craft a bohemian beaded curtain, perfect for any space. Select a mesmerizing array of beads, assemble them into intricate patterns, and transform a simple curtain into a captivating masterpiece. This hands-on experience infuses a touch of boho and showcases your artistic ingenuity.

MEDITATIVE MANDALA INSPIRED STONES WORKSHOP

Discover the therapeutic art of meditative mandala style painting in our workshop designed for teens and adults. Take a tranquil journey as you transform ordinary stones into mesmerizing, hand-painted mandala inspired masterpieces. Explore the intricate symmetry patterns while finding inner peace.

PHONE-TASTIC ACCESSORIES WORKSHOP

Creativity is calling - will you answer? Get ready to bling out your device with do-it-yourself phone accessories! Design bespoke phone cases and craft captivating phone charms, turning your everyday devices into unique expressions of your style and individuality. Join us and let your artistic spirit shine through, making your phone truly your own!

STICKER MAKING WORKSHOP - NEW!

Design your very own stickers! From creating funky characters to making stickers that show off your style, this is all about bringing your ideas to life. Join the fun and let your creativity shine. Who knows? Your designs might just become the next big thing!

WEAVING WONDER - INTRO TO LOOM ART WORKSHOP

Join us for an exploration into the art of weaving designed for imaginative 3rd to 6th graders! Using simple cardboard looms, artists discover the meditative and calming nature of weaving as they craft unique pieces of loom art. From vibrant wall decor to practical items, participants learn to create beautiful, pieces that can be proudly displayed or put to practical use.

WIND CHIMES WORKSHOP - NEW!

Take a melodic journey creating personalized wind chimes, turning ordinary materials into charming, melodic pieces. Join us for a hands-on experience in crafting unique wind chimes that add harmony and creativity to your space.

OUTDOOR YOUTH & TEEN CLASSES

NATURE WRITING

In this fun and immersive class, connect with ourselves, one another and the beauty of nature around us. Explore different types of writing and dig deeper. Writers have the opportunity to share their work with others but are never pressured to share if they don't want to. Spend time writing inside and outside as weather permits.

SUN PRINTING CYANOTYPE CREATIONS WORKSHOP - NEW!

Did you know you could create photographs using the sun as a camera? In this workshop, experiment with cyanotype - a photographic printing process that uses sunlight to capture images. Participants use the power of the sun to craft whimsical and ethereal designs, not only on paper but also on clothing, tote bags and more. Activities are subject to change due to weather conditions.

OUTDOOR FAMILY WORKSHOPS

FAMILY KITE MAKING WORKSHOP

Let's go fly a kite, up to the highest height! Bring the family, and come make some kites! Learn how to use simple materials to make your own kite. One kite per child. This program is dependent on weather. In the event of inclement weather, we contact you via email. All must register. Fee is per child; guardians are free.









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Grade	Class	Location	Day	Date	Time	Fee	Course#
POTTERY							
K-2	Handbuilding - Child + Adult	MSCR West	M	6/17-7/8	4:45-6pm	\$52	39766
K-2	Handbuilding - Child + Adult	Warner Park CRC	W	7/10-7/31	1:15-2:30pm	\$52	38935
K-2	Handbuilding - Child + Adult	MSCR West	Th	8/1-8/22	4:45-6pm	\$52	39767
2-5	Youth Handbuilding	MSCR West	M	6/17-7/8	3-4:15pm	\$52	39768
2-5	Youth Handbuilding	Warner Park CRC	W	7/10-7/31	3-4:15pm	\$52	38936
2-5	Youth Handbuilding	MSCR West	Th	8/1-8/22	3-4:15pm	\$52	39769
6-12	Youth Wheel	Warner Park CRC	M	6/17-8/5	5:45-7:45pm	\$140	39026
6-12	Youth Wheel	MSCR West	W	7/10-8/14	4-6pm	\$105	39770
SEWING							
4-8	Youth Sewing Studios - Summer Accessories	MSCR East	M	6/17-7/1	3:30-5:30pm	\$52	39054
4-8	Youth Sewing Studios - Monster Pillows	MSCR West	T	7/23-7/30	6-8pm	\$35	39053
6-12	Youth Sewing Studios - Patchwork Tote Bags	MSCR West	M	6/24-7/15	5:30-6:30pm	\$28	39007
YOUTH & TEEN WORKSHOPS							
3-6	Bestie Fleece Tie Blanket Workshop	Madison Youth Arts Center	Th	7/11	5-6:15pm	\$20	38966
3-6	Bestie Fleece Tie Blanket Workshop	MSCR West	Sa	7/20	9:30-10:45am	\$20	38967
6-12	Bleach Painting Workshop	MSCR Central	T	7/16	6-7:30pm	\$15	38949
*9-12+	Boho Beaded Curtain Workshop	MSCR Central	W	7/10	10:15-11:30am	\$20	38971
6-8	Boho Beaded Curtain Workshop	MSCR West	Sa	8/3	9:30-10:45am	\$20	38968
6-8	Boho Beaded Curtain Workshop	Madison Youth Arts Center	Th	8/8	5-6:15pm	\$20	38969
*9-12+	Meditative Mandala Inspired Stones Workshop	MSCR Central	W	6/26	10:15-11:30am	\$15	39002
6-8	Meditative Mandala Inspired Stones Workshop	MSCR Central	W	6/26	11:45am-1pm	\$15	39003
5-8	Phone-tastic Accessories Workshop	MSCR West	M	7/15	7-8pm	\$15	39008
3-8	Sticker Making Workshop	Madison Youth Arts Center	Th	6/27	5-6:15pm	\$12	39015
3-8	Sticker Making Workshop	MSCR West	Sa	7/27	9:30-10:45am	\$12	39020
3-6	Weaving Wonder- Intro to Loom Art Workshop	Madison Youth Arts Center	Th	7/25	5-6:15pm	\$12	39041
3-6	Weaving Wonder- Intro to Loom Art Workshop	MSCR West	Sa	8/10	9:30-10:45am	\$12	39052
*9-12+	Wind Chimes Workshop	MSCR West	M	8/5	6-7:15pm	\$20	38981
OUTDOOR YOUTH CLASSES & WORKSHOPS							
3-6	Nature Writing	MSCR Central	T	6/25-8/13	5-6pm	\$53	38947
7-9	Nature Writing	MSCR Central	T	6/25-8/13	6:15-7:15pm	\$53	38948
*9-12+	Sun Printing Cyanotype Creations Workshop	MSCR Central	W	7/3	10:15-11:30am	\$15	39021
6-8	Sun Printing Cyanotype Creations Workshop	MSCR Central	W	7/3	11:45am-1pm	\$15	39022
OUTDOOR FAMILY WORKSHOP							
5+	Family Kite Making Workshop	MSCR West	Sa	6/15	9:30-11am	\$5	38946

*These workshops are open to participants 14 years and older, including adults.

Looking for Teen Fitness? See Adult Fitness on pages 38-40.
Wear comfortable clothing that allows for free movement.

FAMILY YOGA

Explore yoga together in a playful setting with storybooks, yoga games, postures and partner yoga. Increase body awareness, strength and flexibility with poses, mindfulness and breathing techniques! Register each child. One caregiver per family must attend (due to limited space, only one caregiver can attend). Please bring your own yoga mat.

CAPOEIRA LEVEL 1

This class is geared toward beginners. Capoeira is a 500-year Afro-Brazilian Martial Art that combines elements of self-defense, dance and acrobatic movements to the pulsating rhythm of traditional live music. Progress from animal-like movements and basic 1-2-3 rhythm to ginga (the core movement of capoeira), cartwheels, escapes, kicks and basic songs.

CAPOEIRA LEVEL 2

This class is open to beginners but also incorporates skill building from previous capoeira experiences. If you have taken Capoeira Level 1 before, we encourage you to sign up for Capoeira Level 2.

RUNNING CLUB

This youth training group is geared towards novice to intermediate runners looking for a coached workout. Each workout focuses on building running skills through speedwork, hill training, endurance workouts, running games and more. Ages 5-7: Build endurance to run/walk 1.5-2 miles or 20 minutes non stop by the session's end. Ages 8-13: Build endurance to run/walk 3 miles or 30 minutes non stop by the end of the session.

STRENGTH & CONDITIONING

Learn proper strength training techniques to build muscle through weight training and conditioning exercises. This class is perfect for youth who want to build confidence and stay active. Great for beginners who want to learn how to correctly use free weights and various fitness equipment.



TOT TUMBLING - CHILD + ADULT

Learn basic tumbling, stretching and movement skills while participating in simple obstacle courses, games and activities. Develop coordination, body awareness and gross motor skills. Wear comfortable clothing that allows free movement. Register each child, required for 1 adult per child to attend and assist with skill development.

TUMBLING

Class is great for perfecting basic tumbling and stretching techniques while participating in obstacle courses, games and activities. Progressive tumbling skills used to enhance coordination, body awareness and gross motor skills. Wear comfortable clothing that allows free movement.

TUMBLING FOR TOTS

Learn basic tumbling, stretching and movement skills while participating in obstacle courses, games and activities. Practice coordination, body awareness and gross motor skill using progressive tumbling techniques. Wear comfortable clothing that allows free movement.

Age	Class	Location	Day	Date	Time	Fee	Course#
5-12	Capoeira Level 1	MSCR Central	M	6/17-8/19	4:30-5:15pm	\$50	39188
5-12	Capoeira Level 2	MSCR Central	M	6/17-8/19	5:30-6:15pm	\$50	39189
8-13	Running Club - East	Demetral Park	T	6/18-8/27	5:30-6:15pm	\$55	40125
3-6	Family Yoga	MSCR West	T	6/18-8/13	6:15-7pm	\$45	39187
5	Tumbling for Tots	MSCR West	W	6/19-8/21	3-3:30pm	\$50	39193
6	Tumbling	MSCR West	W	6/19-8/21	3:45-4:30pm	\$50	39192
4	Tot Tumbling - Child + Adult	MSCR West	W	6/19-8/21	4:45-5:15pm	\$50	39191
8-13	Strength & Conditioning	MSCR West	W	6/19-8/21	5-5:45pm	\$50	39190
8-13	Running Club - Central	MSCR Central	W	6/26-8/28	5:30-6:15pm	\$50	40109
5-12	Capoeira Level 1 - Outdoor	Warner Park	Th	6/20-8/29	5-5:45pm	\$50	39195
5-7	Running Club - East	Demetral Park	Th	6/20-8/29	5:30-6:15pm	\$50	40126
8-13	Running Club - West	Elver Park	Th	6/20-8/29	5:30-6:15pm	\$50	39211
5-12	Capoeira Level 2 - Outdoor	Warner Park	Th	6/20-8/29	6-6:45pm	\$50	39196

LEARN 2 RIDE

Sponsored by Pacific Cycle. Is your child ready to lose the training wheels? Are you tired of running up and down the sidewalk? Learn easy, hands-on techniques to get your child riding solo on two wheels! This innovative approach includes balancing, gliding and pedaling. Participants receive instruction and practice time.

Children must be accompanied by an active companion 16+ years old. You must bring a bike that allows your sitting participant to put both feet completely flat on the ground. Participants must bring a helmet. If you are unable to bring a helmet, please reach out for accommodations. Class sizes will be limited to no more than 10 participants each to allow for reduced distractions, course congestion and more guidance from our Learn 2 Ride staff if needed. If your participant has a disability and may need further accommodations please feel free to reach out to us and we will work with you to provide reasonable accommodations.

Due to limited space, registration is limited to 1 class per youth participant. If after attending 1 class your youth participant needs more practice, reach out to see if there are extra available spots.



Age	Class	Location	Day	Date	Time	Fee	Course#
4-8	Learn 2 Ride	Huegel	T	6/18	5-6:15pm	\$15	39201
9-13	Learn 2 Ride	Huegel	T	6/18	6:30-7:45pm	\$15	39202
4-8	Learn 2 Ride	Kennedy	T	6/25	5-6:15pm	\$15	39207
9-13	Learn 2 Ride	Kennedy	T	6/25	6:30-7:45pm	\$15	39208
4-8	Learn 2 Ride	Lincoln	T	7/2	5-6:15pm	\$15	39197
4-8	Learn 2 Ride	Lincoln	T	7/2	6:30-7:45pm	\$15	39198
4-8	Learn 2 Ride	Huegel	T	7/9	5-6:15pm	\$15	39203
9-13	Learn 2 Ride	Huegel	T	7/9	6:30-7:45pm	\$15	39204
4-8	Learn 2 Ride	Kennedy	T	7/16	5-6:15pm	\$15	40111
4-8	Learn 2 Ride	Kennedy	T	7/16	6:30-7:45pm	\$15	40112
4-8	Learn 2 Ride	Lincoln	T	7/23	5-6:15pm	\$15	39199
9-13	Learn 2 Ride	Lincoln	T	7/23	6:30-7:45pm	\$15	39200
4-8	Learn 2 Ride	Huegel	T	7/30	9-10:15am	\$15	39205
4-8	Learn 2 Ride	Huegel	T	7/30	10:30-11:45am	\$15	39206
4-8	Learn 2 Ride	Kennedy	T	8/6	5-6:15pm	\$15	40113
4-8	Learn 2 Ride	Kennedy	T	8/6	6:30-7:45pm	\$15	40114

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OUTDOOR SOCCER LEAGUES



YOUTH SOCCER LEAGUES

MSCR Outdoor Soccer Leagues are focused on recreational play (score is not recorded). Leagues use smaller fields to promote fast paced games and more player action. The 3v3 league is for younger players where there are three players from each team on the field with no goalies. The 6v6 league is for older players where there are six players from each team including the goalies. MSCR schedules games and provides referees for the games. Practices are determined by the volunteer coach or parents/guardians.

LEAGUE INFORMATION

League	Division	Age	Dates	Day	Time
3v3	U4	3-4	7/14-8/18	Su	1, 2, 3 or 4pm
3v3	U6	5-6			
6v6	U8	7-8	7/13-8/17	Sa	9, 10:15, 11:30am or 12:45pm
6v6	U10	9-10			
6v6	U12	11-12			
6v6	U14	13-14			
Tentative Field Locations					
Eastside			Kennedy, Lake View, Lapham & Nuestro Mundo		
Westside			Chavez, Cherokee, Crestwood, Stephens & Toki		

REGISTRATION PROCESS FOR SOCCER LEAGUES

Players can sign up as an individual and be placed on a team, or a team can register. If a player is signing up to play on a past team, the coach's name and team name are mandatory to make sure the player is placed on the correct team. If registering as a team, every player must complete their own registration.

Select your preferred location at registration, games rotate between designated fields on that side of town. Register for 3v3 and 6v6 soccer leagues at mscryouthsportsleagues.org or by paper at the MSCR office. Call 229-6820 for more information.

Registration Type	Registration Dates	Resident Fee	Non-Resident Fee
Early	5/1-6/4	\$55	\$82.50
Regular	6/3-6/9	\$60	\$90
Late	6/10-6/13	\$70	\$105

Register at mscryouthsportsleagues.org

We Need Your Help!

Volunteer Coaches Needed

At least one volunteer coach per team is required.

No experience? No problem.

MSCR provides coaches with interactive training and an equipment bag containing soccer balls and cones.

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Re-connecting to our natural world

<http://heartlandfarm sanctuary.org/summerprogram-2/>

T-BALL & COACH PITCH

The first two evenings are team practices, followed by an instructional Five game season. Practices/Games are approximately 1 hour, scheduled within the time frame listed. Practice and game schedules are emailed approximately 1 week prior to the start date. Players register individually and are placed on a team. Fee includes a t-shirt, please include the youth t-shirt size upon registration. MSCR is using league registration software to register players. Please read important information in the side bar or go to mscryouthsportsleagues.org or call 204-3026 for more information.

T-BALL

Instructional, coed program for students entering grades K-1. MSCR staff and volunteer adult coaches teach fundamental baseball skills, team play and sportsmanship. Skip 7/3.

COACH PITCH

Instructional, coed program for students entering grades 2-3. MSCR staff and volunteer adult coaches lead an instructional baseball program that emphasizes fundamental skills, team play and sportsmanship. Coaches pitch to batters and an "incrediball" sized baseball is used.

T-BALL LEAGUES

Grade	Location	Day	Date	Time
K - 1	Midvale	M	6/17-7/29	5:30-8pm
K - 1	Elvehjem	M	6/17-7/29	5:30-8pm
K - 1	Midvale	W	6/19-8/7	5:30-8pm
K - 1	Elvehjem	W	6/19-8/7	5:30-8pm

COACH PITCH LEAGUES

Grade	Location	Day	Date	Time
2 - 3	Midvale	T	6/18-7/30	5:30-8pm
2 - 3	Elvehjem	T	6/18-7/30	5:30-8pm

FEES

Registration Type	Registration Dates	Resident Fee	Non-Resident Fee
Early	3/11-5/12	\$41	\$61.50
Regular	5/13-5/26	\$46	\$69

Register at mscryouthsportsleagues.org

**REGISTRATION PROCESS FOR LEAGUES**

Go to mscryouthsportsleagues.org or go to the MSCR office for paper registration.

New Users

- Go to mscryouthsportsleagues.org
- Click the "Sign In" button on the top right of the page.
- Click "First time signing in to this site? Create a new account."
- Fill in the appropriate information.
- Once your account has been created, hover over "My Account" and click "Members".
 - Add Players (children)
 - Add Parent or Guardian (any adult that you would like emails from the staff or team to go to in addition to yours)

Coaches

All volunteer coaches, including guardians, must register (like a player) at mscryouthsportsleagues.org.

HARMONY VALLEY FARM

COMMUNITY SUPPORTED AGRICULTURE

- ♥ Certified Organic Vegetables, Beef & Pork
- ♥ Simple & Tasty Recipes with Every Delivery
- ♥ Madison Area CSA Deliveries on Thursdays & Saturdays



SIGN UP AT HARMONYVALLEYFARM.COM

KANOPY DANCE

Summer Dance!

June 24-July 27, 2024

Registration opens February 15, 2024.
Register/find out more: kanopydance.org
Kanopy Center for Modern and Contemporary Dance
329 W Mifflin St, Madison, WI

- Beginner Dance Intensive ages 8-12
- Intermediate Dance Intensive ages 12-adult
- Advanced Dance Intensive ages 13-adult
- Guest Artist Master Workshops Int/Adv ages 13-adult
- Summer Session Weekly classes for youth and adults
- Kanopy 2 preprofessional training



T-BALL

Sport Skills T-Ball is a developmentally appropriate introductory baseball program for children 3-5 years old. The program prepares children for organized T-Ball and baseball, teaching skills in a non-threatening and non-competitive environment. Skills covered include running, batting, throwing and catching. Guardians and children work together one-on-one in a fun atmosphere. No games are played in this program. Skip 7/4.

Age	Class	Location	Day	Date	Time	Fee	Course#
SPORTS SKILLS - T-BALL							
3-5	T-Ball	Elvehjem	M	6/17-7/22	4:45-5:15pm	\$25	39729
3-5	T-Ball	Elvehjem	T	6/18-7/23	4:45-5:15pm	\$25	40052
3-5	T-Ball	Elvehjem	T	6/18-7/23	5-5:30pm	\$25	40053
3-5	T-Ball	Elvehjem	T	6/18-7/23	5:45-6:15pm	\$25	40054
3-5	T-Ball	Elvehjem	W	6/19-7/31	4:45-5:15pm	\$25	40051
3-5	T-Ball	Elvehjem	Th	6/20-8/1	4:45-5:15pm	\$25	39730
3-5	T-Ball	Elvehjem	Th	6/20-8/1	5:30-6pm	\$25	39731
3-5	T-Ball	Elvehjem	Th	6/20-8/1	6:15-6:45pm	\$25	39732
3-5	T-Ball	Midvale	M	6/17-7/22	4:45-5:15pm	\$25	40055
3-5	T-Ball	Midvale	M	6/17-7/22	5-5:30pm	\$25	40056
3-5	T-Ball	Midvale	M	6/17-7/22	5:45-6:15pm	\$25	40057
3-5	T-Ball	Midvale	M	6/17-7/22	6:30-7pm	\$25	40058
3-5	T-Ball	Midvale	T	6/18-7/23	4:45-5:15pm	\$25	39734
3-5	T-Ball	Midvale	T	6/18-7/23	5-5:30pm	\$25	39735
3-5	T-Ball	Midvale	T	6/18-7/23	5:45-6:15pm	\$25	39736
3-5	T-Ball	Midvale	T	6/18-7/23	6:30-7pm	\$25	39737
3-5	T-Ball	Midvale	W	6/19-7/31	4:45-5:15pm	\$25	39738
3-5	T-Ball	Midvale	W	6/19-7/31	5-5:30pm	\$25	39739
3-5	T-Ball	Midvale	W	6/19-7/31	5:45-6:15pm	\$25	39740
3-5	T-Ball	Midvale	W	6/19-7/31	6:30-7pm	\$25	39741

SPORTS SKILLS

TRACK AND FIELD CLINIC

This clinic is designed for all entering kindergarten through 8th grade. Whether participants are beginners or experienced track and field athletes, this clinic provides instruction for many track and field events. The program aims to assist youth in developing event specific skills. Skip 7/4.

ULTIMATE FRISBEE SKILLS CLINIC

Ultimate Frisbee is the sport of the future, and MSCR is offering a series of youth programs designed to help all kids get into this spirited sport at a young age. Ultimate is the only sport that requires two players to score. With elements of soccer, football and basketball, ultimate teaches youth to be a good sport on and off the field. Youth learn skill fundamentals and an understanding of their position on the field to get everyone working together. Groups participate in instruction for the first six weeks. The final two weeks, participants play official Ultimate Frisbee games. Skip 7/4.



Grade	Class	Location	Day	Date	Time	Fee	Course#
SPORTS CLINICS							
K-8	Track and Field Clinic	La Follette Lussier Stadium	M,W	6/17-7/31	6-7:15pm	\$45	40092
K-8	Track and Field Clinic	Memorial Mansfield Athletic Complex	T,Th	6/18-8/1	6-7:15pm	\$45	39747
K-2	Ultimate Frisbee Skills Clinic	Toki	M	6/17-7/29	5:15-5:45pm	\$41	39751
3-5	Ultimate Frisbee Skills Clinic	Toki	M	6/17-7/29	6-6:45pm	\$41	39752
6-8	Ultimate Frisbee Skills Clinic	Toki	M	6/17-7/29	7-7:45pm	\$41	39753
K-2	Ultimate Frisbee Skills Clinic	Whitehorse	Th	6/20-8/8	5:15-5:45pm	\$41	39748
3-5	Ultimate Frisbee Skills Clinic	Whitehorse	Th	6/20-8/8	6-6:45pm	\$41	39749
6-8	Ultimate Frisbee Skills Clinic	Whitehorse	Th	6/20-8/8	7-7:45pm	\$41	39750

Are you looking for the PERFECT summer camp that challenges your kids both Mentally and Physically this summer?



Infinity Martial Arts Summer Camp

provides a unique experience for campers by incorporating martial art tenets such as Respect, Focus, and Self Discipline in fun filled activities and adventures. Your camper/s will learn self-defense in daily karate class, practice teamwork when playing sports, create art and science projects and go on weekly field trips! Our weekly themes and corresponding "Words of Wisdom" will keep your child engaged and learning all

Register online at <https://infinityma.com/classes/Summer-Camp> for the location nearest you!
Middleton-Waunakee-Fitchburg-Oregon-Cottage Grove-McFarland & Monona-Downtown Madison

YOUTH TENNIS LESSONS



BEGINNER

Introductory class covering the basics of gameplay, rules, hand-eye coordination and basic strokes. Emphasis on ball contact and keeping the ball in play.

BEGINNER /INTERMEDIATE

Beginner and intermediate skill levels welcome. Participants are divided into skill-alike groups on the first day.

INTERMEDIATE

For players with previous tennis experience. Continued development of tennis fundamentals, while incorporating more advanced techniques such as lobs and volleys. Emphasis on skill refinement and strategy development.

PRE-COMPETITIVE

For players interested in exploring tennis as a possible high school sport. Emphasis on developing strategy, net play and advanced techniques through match play.

USTA PACKAGE - NEW!

New for summer 2024, we have add-on tennis equipment packages! An age-appropriate tennis racquet and a USTA t-shirt are included. Purchase at mscr.org, see course numbers below.

TENNIS WEATHER POLICY

In the event of inclement weather, instructors determine if lessons are canceled; cancellations are determined on a class-by-class basis. Participants receive an email and/or robocall in case of a cancellation. No makeup classes are held; if a class session is canceled, participants are compensated accordingly. If you have any questions, please call 608-204-3026.

YOUTH USTA EQUIPMENT PACKAGES NEW!

Includes youth racquet & t-shirt. Purchase at mscr.org
For guaranteed delivery by June 17, please register by May 19.

Session	Date	Fee	Course #
<u>Daytime Lessons Packages</u>			
Session 1: M-Th	6/17-6/27	\$45	40007
Session 2: M-Th	7/1-7/11	\$45	40008
Session 3: M-Th	7/15-7/25	\$45	40009
Session 4: M-Th	7/29-8/8	\$45	40010
<u>Evening Lessons Packages</u>			
Mon Evening	6/17-8/5	\$45	40011
Tues Evening	6/18-8/6	\$45	40012
Wed Evening	6/19-8/7	\$45	40013
Thurs Evening	6/20-8/8	\$45	40014

Eastside Lessons

DOOR CREEK PARK

Day & Date	Time	Gr	Class	Fee	Course #
M-Th 6/17-6/27	8:30-9:15am	K-2	Beginner	\$58	39799
	9:30-10:15am	3-5	Beginner	\$58	39800
		3-5	Intermediate	\$58	39801
	10:30-11:15am	6-9	Beginner	\$58	39802
		6-9	Intermediate	\$58	39805
	11:30am-12:15pm	K-2	Beginner	\$58	39804
M-Th 7/1-7/11 Skip 7/4	8:30-9:15am	6-9	Beginner	\$51	39806
		6-9	Intermediate	\$51	39807
	9:30-10:15am	K-2	Beginner	\$51	39808
	10:30-11:15am	3-5	Beginner	\$51	39809
		3-5	Intermediate	\$51	39810
	11:30-12:15pm	3-5	Beg/Intermediate	\$51	39811
M-Th 7/15-7/25	8:30-9:15am	3-5	Beginner	\$58	39812
		3-5	Intermediate	\$58	39813
	9:30-10:15am	6-9	Beginner	\$58	39814
		6-9	Intermediate	\$58	39815
		10:30-11:15am	K-2	Beginner	\$58
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39817
M-Th 7/29-8/8	8:30-9:15am	K-2	Beginner	\$58	39818
	9:30-10:15am	3-5	Beginner	\$58	39819
		3-5	Intermediate	\$58	39820
	10:30-11:15am	6-9	Beginner	\$58	39821
		6-9	Intermediate	\$58	39822
	11:30-12:15pm	6-9	Pre- Competitive	\$62	39823

YOUTH TENNIS LESSONS

EAST HIGH SCHOOL DAYTIME

Day & Date	Time	Gr	Class	Fee	Course #
M-Th 6/17-6/27	8:30-9:15am	K-2	Beginner	\$58	39899
	9:30-10:15am	3-5	Beginner	\$58	39900
		3-5	Intermediate	\$58	39901
	10:30-11:15am	6-9	Beginner	\$58	39902
		6-9	Intermediate	\$58	39903
	11:30-12:15pm	K-2	Beginner	\$58	39904
M-Th 7/1-7/11 Skip 7/4	8:30-9:15am	6-9	Beginner	\$51	39905
		6-9	Intermediate	\$51	39906
	9:30-10:15am	K-2	Beginner	\$51	39907
	10:30-11:15am	3-5	Beginner	\$51	39908
		3-5	Intermediate	\$51	39909
	11:30-12:15pm	3-5	Beg/Intermediate	\$51	39910
M-Th 7/15-7/25	8:30-9:15am	3-5	Beginner	\$58	39911
		3-5	Intermediate	\$58	39912
	9:30-10:15am	6-9	Beginner	\$58	39913
		6-9	Intermediate	\$58	39914
		10:30-11:15am	K-2	Beginner	\$58
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39916
M-Th 7/29-8/8	8:30-9:15am	K-2	Beginner	\$58	39917
	9:30-10:15am	3-5	Beginner	\$58	39918
		3-5	Intermediate	\$58	39919
	10:30-11:15am	6-9	Beginner	\$58	39920
		6-9	Intermediate	\$58	39921
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39922

LAFOLLETTE HIGH SCHOOL DAYTIME

Day & Date	Time	Gr	Class	Fee	Course #
M-Th 6/17-6/27	8:30-9:15am	K-2	Beginner	\$58	39875
	9:30-10:15am	3-5	Beginner	\$58	39876
		3-5	Intermediate	\$58	39877
	10:30-11:15am	6-9	Beginner	\$58	39878
		6-9	Intermediate	\$58	39879
11:30-12:15pm	K-2	Beginner	\$58	39880	
M-Th 7/1-7/11 Skip 7/4	8:30-9:15am	6-9	Beginner	\$51	39881
		6-9	Intermediate	\$51	39882
	9:30-10:15am	K-2	Beginner	\$51	39883
	10:30-11:15am	3-5	Beginner	\$51	39884
		3-5	Intermediate	\$51	39885
11:30-12:15pm	3-5	Beg/Intermediate	\$51	39886	
M-Th 7/15-7/25	8:30-9:15am	3-5	Beginner	\$58	39887
		3-5	Intermediate	\$58	39888
	9:30-10:15am	6-9	Beginner	\$58	39889
		6-9	Intermediate	\$58	39890
	10:30-11:15am	K-2	Beginner	\$58	39891
11:30-12:15pm	6-9	Pre-Competitive	\$62	39892	
M-Th 7/29-8/8	8:30-9:15am	K-2	Beginner	\$58	39893
	9:30-10:15am	3-5	Beginner	\$58	39894
		3-5	Intermediate	\$58	39895
	10:30-11:15am	6-9	Beginner	\$58	39896
		6-9	Intermediate	\$58	39897
11:30-12:15pm	6-9	Pre-Competitive	\$62	39898	

LAFOLLETTE HIGH SCHOOL EVENING

Day & Date	Time	Gr	Class	Fee	Course #
M 6/17-8/5	5-5:45pm	K-5	Beginner	\$58	39943
		K-5	Intermediate	\$58	39944
T 6/18-8/6	5-5:45pm	6-9	Beginner	\$58	39948
		6-9	Intermediate	\$58	39949
W 6/19-8/7	5-5:45pm	6-9	Beginner	\$58	39953
		6-9	Intermediate	\$58	39954
Th 6/20-8/8 Skip 7/4	5-5:45pm	K-5	Beginner	\$51	39958
		K-5	Intermediate	\$51	39959

Westside Tennis Lessons

MEMORIAL HIGH SCHOOL DAYTIME

Day & Date	Time	Gr	Class	Fee	Course #
M-Th 6/17-6/27	8:30-9:15am	K-2	Beginner	\$58	39827
	9:30-10:15am	3-5	Beginner	\$58	39828
		3-5	Intermediate	\$58	39829
	10:30-11:15am	6-9	Beginner	\$58	39831
		6-9	Intermediate	\$58	39830
	11:30-12:15pm	K-2	Beginner	\$58	39832
M-Th 7/1-7/11 Skip 7/4	8:30-9:15am	6-9	Beginner	\$51	39833
		6-9	Intermediate	\$51	39834
	9:30-10:15am	K-2	Beginner	\$51	39835
	10:30-11:15am	3-5	Beginner	\$51	39836
		3-5	Intermediate	\$51	39837
	11:30-12:15pm	3-5	Beg/Intermediate	\$51	39838
M-Th 7/15-7/25	8:30-9:15am	3-5	Beginner	\$58	39839
		3-5	Intermediate	\$58	39840
	9:30-10:15am	6-9	Beginner	\$58	39841
		6-9	Intermediate	\$58	39842
	10:30-11:15am	K-2	Beginner	\$58	39843
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39844
M-Th 7/29-8/8	8:30-9:15am	K-2	Beginner	\$58	39845
	9:30-10:15am	3-5	Beginner	\$58	39846
		3-5	Intermediate	\$58	39847
	10:30-11:15am	6-9	Beginner	\$58	39848
		6-9	Intermediate	\$58	39849
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39850

MEMORIAL HIGH SCHOOL EVENING

Day & Date	Time	Gr	Class	Fee	Course #
M 6/17-8/5	5-5:45pm	K-5	Beginner	\$58	39983
		K-5	Intermediate	\$58	39984
T 6/18-8/6	5-5:45pm	6-9	Beginner	\$58	39988
		6-9	Intermediate	\$58	39989
W 6/19-8/7	5-5:45pm	6-9	Beginner	\$58	39993
		6-9	Intermediate	\$58	39994
Th 6/20-8/8 Skip 7/4	5-5:45pm	K-5	Beginner	\$51	39998
		K-5	Intermediate	\$51	39999

RENNEBOHM PARK DAYTIME

Day & Date	Time	Gr	Activity	Fee	Course #
M-Th 6/17-6/27	8:30-9:15am	K-2	Beginner	\$58	39623
	9:30-10:15am	3-5	Beginner	\$58	39775
		3-5	Intermediate	\$58	39776
	10:30-11:15am	6-9	Beginner	\$58	39777
		6-9	Intermediate	\$58	39778
	11:30-12:15pm	K-2	Beginner	\$58	39779
M-Th 7/1-7/11 Skip 7/4	8:30-9:15am	6-9	Beginner	\$51	39781
		6-9	Intermediate	\$51	39782
	9:30-10:15am	K-2	Beginner	\$51	39783
	10:30-11:15am	3-5	Beginner	\$51	39784
		3-5	Intermediate	\$51	39785
	11:30-12:15pm	3-5	Beg/Intermediate	\$51	39786
M-Th 7/15-7/25	8:30-9:15am	3-5	Beginner	\$58	39787
		3-5	Intermediate	\$58	39788
	9:30-10:15am	6-9	Beginner	\$58	39789
		6-9	Intermediate	\$58	39790
	10:30-11:15am	K-2	Beginner	\$58	39791
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39792
M-Th 7/29-8/8	8:30-9:15am	K-2	Beginner	\$58	39793
	9:30-10:15am	3-5	Beginner	\$58	39794
		3-5	Intermediate	\$58	39795
	10:30-11:15am	6-9	Beginner	\$58	39796
		6-9	Intermediate	\$58	39797
	11:30-12:15pm	6-9	Pre-Competitive	\$62	39798

Westside Tennis Lessons

WEST HIGH SCHOOL DAYTIME

Day & Date	Time	Gr	Activity	Fee	Course #
M-Th 6/17-6/27	8:30-9:15am	K-2	Beginner	\$58	39851
	9:30-10:15am	3-5	Beginner	\$58	39852
		3-5	Intermediate	\$58	39853
	10:30-11:15am	6-9	Beginner	\$58	39854
		6-9	Intermediate	\$58	39855
11:30-12:15pm	K-2	Beginner	\$58	39856	
M-Th 7/1-7/11 Skip 7/4	8:30-9:15am	6-9	Beginner	\$51	39857
		6-9	Intermediate	\$51	39858
	9:30-10:15am	K-2	Beginner	\$51	39859
	10:30-11:15am	3-5	Beginner	\$51	39860
		3-5	Intermediate	\$51	39861
11:30-12:15pm	3-5	Beg/Intermediate	\$51	39862	
M-Th 7/15-7/25	8:30-9:15am	3-5	Beginner	\$58	39863
		3-5	Intermediate	\$58	39864
	9:30-10:15am	6-9	Beginner	\$58	39865
		6-9	Intermediate	\$58	39866
	10:30-11:15am	K-2	Beginner	\$58	39867
11:30-12:15pm	6-9	Pre-Competitive	\$62	39868	
M-Th 7/29-8/8	8:30-9:15am	K-2	Beginner	\$58	39869
	9:30-10:15am	3-5	Beginner	\$58	39870
		3-5	Intermediate	\$58	39871
	10:30-11:15am	6-9	Beginner	\$58	39872
		6-9	Intermediate	\$58	39873
11:30-12:15pm	6-9	Pre-Competitive	\$62	39874	

WEST HIGH SCHOOL EVENING

Day & Date	Time	Gr	Class	Time	Fee
M 6/17-8/5	5-5:45pm	K-5	Beginner	\$58	39963
		K-5	Intermediate	\$58	39964
T 6/18-8/6	5-5:45pm	6-9	Beginner	\$58	39968
		6-9	Intermediate	\$58	39969
W 6/19-8/7	5-5:45pm	6-9	Beginner	\$58	39973
		6-9	Intermediate	\$58	39974
Th 6/20-8/8 Skip 7/4	5-5:45pm	K-5	Beginner	\$51	39978
		K-5	Intermediate	\$51	39979

YOUTH USTA EQUIPMENT PACKAGES NEW!

Includes youth racquet and t-shirt. Purchase at mscr.org

Session	Date	Fee	Course #
Daytime Lessons Packages			
Session 1: M-Th	6/17-6/27	\$45	40007
Session 2: M-Th	7/1-7/11	\$45	40008
Session 3: M-Th	7/15-7/25	\$45	40009
Session 4: M-Th	7/29-8/8	\$45	40010
Evening Lessons Packages			
Mon Evening	6/17-8/5	\$45	40011
Tues Evening	6/18-8/6	\$45	40012
Wed Evening	6/19-8/7	\$45	40013
Thurs Evening	6/20-8/8	\$45	40014

POLICIES & PROCEDURES

WHAT TO BRING

Participants should arrive swim-ready for their lesson and bring their own suit and towel. Patrons are allowed to bring bags and towels to the spectator area. MSCR and the City of Madison are not responsible for any lost or damaged items.

BEFORE YOU SWIM

Showers must be taken before swimming and long hair must be restrained. Lockers are available. Men's, women's and all-gender restrooms are available for changing after lessons. MSCR affirms the right of individuals to use facilities that align with their gender identity.

POOL INFORMATION

In the event that a class is canceled, participants are compensated accordingly. No makeup classes are offered.

Lapham Elementary School Pool, 1045 E Dayton St - Use door on Mifflin St, near Ingersoll St

Goodman Pool, 325 W Olin Ave - Use swim lesson gate (left of main entrance)

West High School Pool, 30 Ash St - Use Athletics entrance on Regent St, close to Highland Ave



CHILD + ADULT

Active adult participation is required.

LITTLE DIPPER (6 MONTHS - AGE 2)

An introductory class that familiarizes children to the water and teaches swimming readiness skills. Provides safety information for guardians and teaches techniques that can be used to orient children to the water.

SHRIMP DIP (AGES 3-4)

Builds upon skills learned in Little Dippers. To prepare children for preschool or youth lessons, this class provides a bridge to independent swimming by gradually decreasing adult support in the water.

SWIM WITH ME (AGES 5-13)

A transition class for youth who are not comfortable without an adult in the water. Instructors work with each family individually on a transition plan into youth swim lessons. Learn basic swimming strokes and about water safety, closely following Red Cross Level 1 skills.

*Swim With Me is not instruction for adults who want to learn how to swim (please see Teen/Adult Swim Instruction).

PRESCHOOL (AGES 3 - 5)

Prerequisite: must be toilet trained and comfortable without an adult in the water. A variety of swim aids are utilized to assist in skills development and encourage the discovery of independent movement through the water, based on the child's developmental age. If your child isn't ready to participate without an adult in the water, consider a Child + Adult class.

YOUTH

MSCR is a licensed American Red Cross Learn-to-Swim provider. A variety of swim aids are utilized in all class levels to encourage the discovery of independent movement through the water and to assist in building endurance.

LEVEL 1: INTRODUCTION TO WATER SKILLS

No swimming skills necessary. Introduces basic aquatics skills. Begin developing positive attitudes, effective swimming habits and safe practices in and around the water.

LEVEL 2: FUNDAMENTAL AQUATIC SKILLS

Gives participants success with fundamental and locomotion skills in the water, including how to float and glide without support and recover to a vertical position.

LEVEL 3: STROKE DEVELOPMENT

Builds on previous skills by providing additional guided practice in deeper water. Example skills: rotary breathing, treading, elementary backstroke and headfirst entries in deep water.

LEVEL 4: STROKE IMPROVEMENT

Helps develop confidence in the strokes learned in previous levels and improves other aquatic skills. Example skills: back crawl, sidestroke, breaststroke, butterfly and surface dives.

LEVEL 5: STROKE REFINEMENT

Teaches how to coordinate and refine strokes. Example skills: flip turns, sculling and shallow-angle dives.

ADULT

TEEN/ADULT SWIM INSTRUCTION (AGES 13+)

This class orients swimmers to the aquatic environment to feel comfortable in the water in a small group. Instruction is individualized based on swimmers' goals and proficiency levels.

ADULT WATER FITNESS

Teens ages 13-17 may register with a participating adult.

AQUA CIRCUIT

A high-energy workout, this class includes cardio and muscle conditioning using noodles and aqua dumbbells. Aqua endurance and interval training, followed by strength and core work and a short cool down. You do not need to be a swimmer to participate, as the class is conducted in shallow water.

DEEP WATER EXERCISE

A solid aerobic, cross-training workout without the impact and strain on joints. Aqua endurance, strength and core work followed by a short cool down. Flotation belts provided, but you should feel comfortable in deep water.

HIGH SCHOOL SWIM TRAINING PROGRAM (GRADES 9-12)

All gender competitive swim training program. Prerequisites: Must be entering grades 9-12. One year of high school, club or summer swim program experience required, or coach approval. Must have knowledge of all four competitive strokes.

MASTERS SWIM (AGES 18+)

A structured workout environment for swimmers of a variety of fitness and skill levels. The coach provides workouts varying from emphasizing endurance and building fitness to speed work and stroke development. Participants should be able to swim 500 yards non-stop. Typical workouts are at least 1800 yards.

LAP SWIM & FEES

A Swim Pass is required for lap swim and can be purchased at MSCR or from the lifeguard on duty at any site. No cash please; check or credit cards only. Passes are good at all MMSD pools and are transferable; they are non-refundable and do not expire. \$25 for 14 punches per card (1=youth, 2=adult). All participants are required to fill out a waiver of liability and emergency contact form, which is available on our website.

ADULT LAP SWIM SCHEDULE

Swimmers who are ages 13+ and who can swim laps continuously as part of a fitness regimen are welcome during lap swim time.

June 18 - August 7

Tuesdays	West HS	6 - 8pm
Wednesdays	West HS	6 - 8pm

**For Preschool and Youth lessons,
please register for a time slot.**

**Swimmers who are either new to MSCR or who have not
taken lessons in the previous calendar year are tested
to determine their class placement.**

Goodman Pool, 325 W Olin Ave - Use swim lesson gate (left of main entrance)
YOUTH DAYTIME

Day & Date	Time	Class	Fee	Course #
Mon-Thurs 6/17-6/27 8 Classes Session 1	8:40-9:10am	Youth Swim Lessons - Ages 5-13	\$50	38916
	9:20-9:50am	Youth Swim Lessons - Ages 5-13	\$50	38917
	10-10:30am	Little Dippers - Child+Adult	\$58	38866
		Preschool Swim Lessons - Ages 3-5	\$60	38892
	10:50-11:20am	Youth Swim Lessons - Ages 5-13	\$50	38918
	11:30-12pm	Preschool Swim Lessons - Ages 3-5	\$60	38893
		Shrimp Dip - Child+Adult	\$58	38909
Mon-Thurs 7/1-7/11 7 Classes Session 2 Skip 7/4	8:40-9:10am	Youth Swim Lessons - Ages 5-13	\$44	38919
	9:20-9:50am	Youth Swim Lessons - Ages 5-13	\$44	38920
	10-10:30am	Preschool Swim Lessons - Ages 3-5	\$53	38894
		Shrimp Dip - Child+Adult	\$51	38910
	10:50-11:20am	Youth Swim Lessons - Ages 5-13	\$44	38921
	11:30-12pm	Little Dippers - Child+Adult	\$51	38867
		Preschool Swim Lessons - Ages 3-5	\$53	38895
Mon-Thurs 7/15-7/25 8 Classes Session 3	8:40-9:10am	Youth Swim Lessons - Ages 5-13	\$50	38922
	9:20-9:50am	Youth Swim Lessons - Ages 5-13	\$50	38923
	10-10:30am	Little Dippers - Child+Adult	\$58	38868
		Preschool Swim Lessons - Ages 3-5	\$60	38896
	10:50-11:20am	Youth Swim Lessons - Ages 5-13	\$50	38924
	11:30-12pm	Preschool Swim Lessons - Ages 3-5	\$60	38897
		Shrimp Dip - Child+Adult	\$58	38911
Mon-Thurs 7/29-8/8 8 Classes Session 4	8:40-9:10am	Youth Swim Lessons - Ages 5-13	\$50	38925
	9:20-9:50am	Youth Swim Lessons - Ages 5-13	\$50	38926
	10-10:30am	Little Dippers - Child+Adult	\$58	38869
		Preschool Swim Lessons - Ages 3-5	\$60	38898
	10:50-11:20am	Youth Swim Lessons - Ages 5-13	\$50	38927
	11:30-12pm	Preschool Swim Lessons - Ages 3-5	\$60	38899
		Shrimp Dip - Child+Adult	\$58	38902
Mon-Thurs 8/12-8/22 8 Classes Session 5	8:40-9:10am	Youth Swim Lessons - Ages 5-13	\$50	38928
	9:20-9:50am	Youth Swim Lessons - Ages 5-13	\$50	38929
	10-10:30am	Preschool Swim Lessons - Ages 3-5	\$60	38881
		Shrimp Dip - Child+Adult	\$58	38903
	10:50-11:20am	Youth Swim Lessons - Ages 5-13	\$50	38930
	11:30-12pm	Little Dippers - Child+Adult	\$58	38870
		Preschool Swim Lessons - Ages 3-5	\$60	38882

YOUTH EVENING

Day & Date	Time	Class	Fee	Course #
Mon 6/17-8/19 10 Classes	6-6:30pm	Little Dippers - Child+Adult	\$72	38862
		Preschool Swim Lessons - Ages 3-5	\$75	38883
		Swim With Me - Child+Adult	\$72	38912
	6:40-7:10pm	Youth Swim Lessons - Ages 5-13	\$63	38931
Tues 6/18-8/20 10 Classes	6-6:30pm	Youth Swim Lessons - Ages 5-13	\$63	38885
		Preschool Swim Lessons - Ages 3-5	\$75	38884
		Shrimp Dip - Child+Adult	\$72	38904
	6:40-7:10pm	Youth Swim Lessons - Ages 5-13	\$63	38886
Wed 6/19-8/21 10 Classes	6-6:30pm	Youth Swim Lessons - Ages 5-13	\$63	38887
	6:40-7:10pm	Youth Swim Lessons - Ages 5-13	\$63	38888

ADULT EVENING

Day & Date	Time	Class	Fee	Course #
Mon 6/17-8/19 10 Classes	6-6:45pm	Aqua Fitness - Deep Water	\$55	38854
	7-8pm	Aqua Fitness - Aqua Circuit	\$60	38850
Tues 6/18-8/20 10 Classes	6-7pm	Aqua Fitness - Aqua Circuit	\$60	38851
	7:15-8pm	Aqua Fitness - Deep Water	\$55	38855
	7:20-7:50pm	Teen/Adult Swim Instruction - Ages 13+	\$75	38914
Wed 6/19-8/21 10 Classes	6-6:45pm	Aqua Fitness - Deep Water	\$55	38856
	7-8pm	Aqua Fitness - Aqua Circuit	\$60	38852
	7:20-7:50pm	Teen/Adult Swim Instruction - Ages 13+	\$75	38915
Thurs 6/20-8/22 9 Classes Skip 7/4	6-7pm	Aqua Fitness - Aqua Circuit	\$54	38853
	7:15-8pm	Aqua Fitness - Deep Water	\$50	38857

ADAPTED FAMILY SWIMS
Goodman Pool, 325 W Olin Ave
June 21, 5:30-7pm, July 20, 10-11:30am and August 16, 5:30-7pm
 Open to all individuals with disabilities and their caregivers and families.

Adapted Swim Lessons for Ages 5-13.
Lessons for youth with disabilities who would benefit from a small group or individualized lessons. Friday mornings at Goodman Pool. Please see Swim Lessons in the Adapted section.

Lapham Elem School Pool, 1045 E Dayton St
YOUTH EVENING

Day & Date	Time	Class	Fee	Course #
Mon 6/17-8/5 8 Classes	4:30-5pm	Little Dippers - Child+Adult	\$58	38858
	5:10-5:40pm	Preschool Swim Lessons - Ages 3-5	\$60	38873
	5:50-6:20pm	Shrimp Dip - Child+Adult	\$58	38906
	6:30-7pm	Preschool Swim Lessons - Ages 3-5	\$60	38874
Tues 6/18-8/6 8 Classes	4:30-5pm	Preschool Swim Lessons - Ages 3-5	\$60	38875
	5:10-5:40pm	Little Dippers - Child+Adult	\$58	38859
	5:50-6:20pm	Preschool Swim Lessons - Ages 3-5	\$60	38876
	6:30-7pm	Shrimp Dip - Child+Adult	\$58	38907
Wed 6/19-8/7 8 Classes	4:30-5pm	Little Dippers - Child+Adult	\$58	38860
	5:10-5:40pm	Preschool Swim Lessons - Ages 3-5	\$60	38877
	5:50-6:20pm	Little Dippers - Child+Adult	\$58	38861
	6:30-7pm	Preschool Swim Lessons - Ages 3-5	\$60	38878
Thurs 6/20-8/8 Skip 7/4	4:30-5pm	Little Dippers - Child+Adult	\$50	38871
	5:10-5:40pm	Preschool Swim Lessons - Ages 3-5	\$53	38879
	5:50-6:20pm	Little Dippers - Child+Adult	\$50	38872
	6:30-7pm	Preschool Swim Lessons - Ages 3-5	\$53	38880

West High School Pool, 30 Ash St
ADULT CLASSES - DAYTIME & EVENING

Day & Date	Time	Class	Fee	Course #
Tues & Thurs 6/18-8/8 15 Classes Skip 7/4	5:40-7:10am	Masters Swimming (2x per week)	\$92	40093
Tues 6/18-8/6 8 Classes	6-7pm	Aqua Fitness - Aqua Circuit	\$48	40087
	7:15-8pm	Aqua Fitness - Deep Water	\$44	40089
Wed 6/19-8/7 8 Classes	6-6:45pm	Aqua Fitness - Deep Water	\$44	40090
	7-8pm	Aqua Fitness - Aqua Circuit	\$48	40088
Thurs 6/20-8/8 7 Classes Skip 7/4	7:20-7:50pm	Teen/Adult Swim Instruction - Ages 13+	\$53	40091

**For Preschool and Youth lessons,
please register for a time slot.
Swimmers who are either new to MSCR or who have
not taken lessons in the previous calendar year are tested
to determine their class placement.**

West High School Pool, 30 Ash St
YOUTH DAYTIME

Day & Date	Time	Class	Fee	Course #
Mon, Tues, Thurs 6/17-8/8 23 Classes Skip 7/4	7:15-8:45am	High School Swim Training Program - Grades 9-12	\$132	40094
Mon-Thurs 6/17-6/27 8 Classes Session 1	9:30-10am	Youth Swim Lessons - Ages 5-13	\$50	40095
	10:10-10:40am	Youth Swim Lessons - Ages 5-13	\$50	40096
Mon-Thurs 7/1-7/11 7 Classes Skip 7/4 Session 2	9:30-10am	Youth Swim Lessons - Ages 5-13	\$44	40097
	10:10-10:40am	Youth Swim Lessons - Ages 5-13	\$44	40098
Mon-Thurs 7/15-7/25 8 Classes Session 3	9:30-10am	Youth Swim Lessons - Ages 5-13	\$50	40099
	10:10-10:40am	Youth Swim Lessons - Ages 5-13	\$50	40100
Mon-Thurs 7/29-8/8 8 Classes Session 4	9:30-10am	Youth Swim Lessons - Ages 5-13	\$50	40101
	10:10-10:40am	Youth Swim Lessons - Ages 5-13	\$50	40102

YOUTH EVENING

Day & Date	Time	Class	Fee	Course #
Mon 6/17-8/5 8 Classes	5:20-5:50pm	Preschool Swim Lessons - Ages 3-5	\$60	38889
		Swim With Me - Child+Adult	\$58	40086
	6-6:30pm	Youth Swim Lessons - Ages 5-13	\$50	40103
	6:40-7:10pm	Youth Swim Lessons - Ages 5-13	\$50	40104
	7:20-7:50pm	Youth Swim Lessons - Ages 5-13	\$50	40105
Thurs 6/20-8/8 7 Classes Skip 7/4	5:20-5:50pm	Preschool Swim Lessons - Ages 3-5	\$53	38890
		Swim With Me - Child+Adult	\$50	38913
	6-6:30pm	Youth Swim Lessons - Ages 5-13	\$44	40106
	6:40-7:10pm	Youth Swim Lessons - Ages 5-13	\$44	40107

CUSTOMIZABLE EXPERIENCES

Bring your group outside with us! MSCR offers a variety of outdoor program options for groups from scouts to professional staff. We work with you to design a custom experience tailored for your group's needs and goals. Outdoor programs instructors are trained to facilitate engaging and meaningful opportunities.

MADISON SCHOOL FOREST

A natural gem located just outside of Madison in the Town of Verona. The unglaciated landscape at the Madison School Forest provides 300+ acres of forested outdoor space, trails, and a campground to host your group.

PROGRAM OPTIONS:

OVERNIGHT CAMPING

Campground includes rustic cabins, open air shelter, large outdoor firepit, indoor kitchen, nature center with wood burning stove, and pit toilets. Groups are also welcome to tent camp on the large grassy field.

ENVIRONMENTAL EDUCATION

Outdoor Programs instructors can lead groups on a variety of hikes or outdoor experiences that focus on environmental education or outdoor survival skills.

NIGHT PROGRAMS

Challenge and inspire participants to explore the outdoors at night; understand night vision, listen to wildlife, star gaze in the observatory and enjoy campfires.

ORIENTEERING

Learn map and compass skills as you navigate one of three orienteering courses set up, difficulty ranges from beginner to intermediate.

CHALLENGE COURSE

Our campground challenge course allows participants to problem solve together to accomplish challenges up to 30ft off the ground. A climbing wall is also available for younger age groups. Best suited for ages 9+.

PADDLING

With a fleet of canoes and kayaks, we offer opportunities to explore Madison's Lakes and Rivers with your group. Instructors bring boats to a location selected for your group and provide PFDs, paddles, and instruction before hitting the water. We tailor the experience to your group's comfort level. Can accommodate up to 20 participants. Best suited for ages 9+.

Interested in designing your own program?

Contact Outdoor Programs Specialists:
Emily Peffer: eaepfeffer@madison.k12.wi.us,
or Liz Just: ekjust@madison.k12.wi.us



TEAMBUILDING

We facilitate custom designed experiential learning opportunities to develop teams. We work with corporate, non-profit, sports, and youth groups to design the teambuilding experience that fits your needs. Two locations are available: The Madison School Forest or Kennedy Course on Madison's east side. We can also bring mobile teambuilding options to your site!

Program Options:

LOW CHALLENGE COURSE

We select specific activities that require participants to work together to achieve goals.

LOW/HIGH CHALLENGE COURSE

Extend the learning to a full day by taking on one of our high challenge courses; where your group problem solves and supports each other up to 30ft off the ground.

MOBILE COURSE

We can bring the challenges to your location and design a custom experience for your group.

REAL COLORS

A fun, interactive workshop that gives insight into human behaviors and provides a common understanding for differences. Certified Real Colors facilitators guide your group through learning their individual colors then offer interactive, facilitated discussion on how these influence interactions on a daily basis. Programs typically last up to three hours but are flexible based on the number of participants.

PONTOON RENTALS & DROP IN RIDES



EXPLORE MADISON'S LAKES!

Enjoy the city of Madison from the water on an MSCR Pontoon Boat Ride!

For over 40 years, MSCR has maintained 3 pontoon boats at the Tenney Park Boat House (1615 Sherman Ave) offering opportunities to get on the water through drop-ins, private reservations and specialty trips. Locations and times vary, please review descriptions below. Boats are wheelchair accessible, and Tenney Park is the only accessible loading/unloading site. All other locations are not wheelchair accessible. Smoking, vaping, chewing tobacco, alcohol and weapons are prohibited on property or boats. Boats are equipped with safety equipment, flotation devices and deck chairs.

Our season is May through September, 7 days a week, however we do not operate on the following holidays: Memorial Day, 4th of July, Labor Day. Programming and access to any lake is not guaranteed due to weather and water levels. We communicate program changes and weather cancellations on mscr.org/pontoon and the MSCR weather line 608-204-3044 (ext. 4) If you have questions, please contact us at pontoon@madison.k12.wi.us

RENTAL RESERVATIONS

Reserve a pontoon boat for your own outing; your reservation includes volunteer drivers and first mates to crew the boats for your trip. Three boats are available with a 15 passenger maximum per boat. We accept applications for rentals beginning March 1 each year at mscr.org. Please complete the Pontoon Reservation Request Form at mscr.org/pontoon.

Typical season is May through September, 7 days a week.

3 hour rentals are available: 9:30am-12:30pm, 1-4pm, 5-8pm

90 Minute rentals available weekdays only: 10am-11:30am, 1-2:30pm

Rates are per boat:

- Standard 3 hour rate: \$150
- 90 minute trips: \$100
- Rentals are 50% more for non-MMSD residents.

VOLUNTEER DRIVERS AND FIRST MATES

Drivers and First Mates on MSCR Pontoon Boats are volunteers – they represent a long standing community of trained and dedicated members. Please thank them for their hard work on your ride!

Are you interested in becoming a volunteer?

New volunteers are accepted through June 1 please reach out to the program supervisor, Emily Peffer at eapeffer@madison.k12.wi.us or 608-204-4580 for more information.

DROP IN RIDES

All trips are first come-first served with no reservations available. Registration and fees are collected by MSCR crew at the pier.

\$5 per person (ages 3 and under free). Free ride tickets can be obtained at any Madison Public Library. Groups of 6+ should contact us to schedule a private rental and will not be accepted at Drop Ins.

All drop-ins are subject to cancellation due to high water levels, or weather. Please call the MSCR weather line for the most current program information: 608-204-3044 (ext. 4). Drop In Rides take place June 1 to September 30.

TENNEY PARK

Boat trips to either Monona or Mendota (dependent on lake accessibility) from our Tenney Park Boat House. Registration begins 45 minutes prior to posted starting times. In September, there is no 7:15 pm trip.

TUESDAYS AND THURSDAYS

- 5:30-7pm
- 7:15-8:45pm

SUNDAYS

- 1:30-3pm
- 3:15-4:45pm

OLBRICH PARK

Boat trips on Lake Monona from Olbrich Park pier located off Atwood Ave across the street from Olbrich Gardens. Registration begins 30 minutes prior to posted starting times.

MONDAYS

- 1:30-2:30pm
- 2:45-3:45pm

GOODSPEED

Boat trips on Lake Mendota from Goodspeed Pier next to the Memorial Union on UW Campus. Registration begins 30 minutes prior to posted starting times and fees are collected by MSCR crew on board the boat.

THURSDAYS

- 1:30-2:30pm
- 2:45-3:45pm

WARNER PARK

Boat trips on Lake Mendota from Warner Park Boat Launch at 1201 Woodward Dr. Registration begins 30 minutes prior to posted starting times.

FRIDAYS

- 1:30-2:30pm
- 2:45-3:45pm

PONTOON SPECIALITY TRIPS**ADULT****2 LAKE CRUISE**

Cruise lakes Monona and Mendota to enjoy views of the Capitol and Monona Terrace, University of Wisconsin skyline, the bluffs and the Governor's Mansion.

MEAL TRIPS

Take a scenic pontoon boat ride to a local restaurant for breakfast, lunch or dinner at Buck and Honeys, Christy's Landing, The Edgewater Boathouse, the Green Lantern, the Memorial Union and the Statehouse. Food is at your own expense. If restaurants are inaccessible at the date of the trip, new venues may be chosen.

GEOLOGY

Learn about the geologic past of Lake Mendota from Dr. Carol McCartney, formerly of the Wisconsin Geological and Natural History Survey, and Dr. David Mickelson, professor emeritus of geology and geophysics, UW- Madison.

LIMNOLOGY

Learn how scientists monitor lake health and evaluate stressors such as excess nutrients, climate change, invasive species and shoreline alterations. Join Tim Asplund, chief of DNR Water Resource Monitoring, and Justin Chenevert, DNR Water Resource Management specialist on this hands-on, interactive tour!

EFFIGY MOUND LANDSCAPE TOUR

Learn about the effigy mound landscape and the four area lakes from Robert Birmingham, former Wisconsin state archaeologist, Professor of Anthropology at UW-Waukesha and author of multiple publications on effigy mounds.

SUNSET CRUISE

Enjoy stunning sunset views of natural areas and cityscapes from the water as you relax aboard a pontoon boat with our capable and knowledgeable crew at the helm.

SOCIAL HISTORY TOUR WITH AUTHOR DON SANFORD

Join Don Sanford, author of "On Fourth Lake, a Social History of Lake Mendota," on a tour of Lake Mendota to learn fascinating stories including famous visitors, notable architecture and shoreline history.

YOUTH

Adult must register, pay and attend with youth participants. Enjoy a fun, themed trip. Open to all ages but best suited for ages 4-10. Costumes are welcome but not necessary.

HARRY POTTER

Wizards and witches welcome for a spell on the lake.

PIRATE TREASURE

Arrrr! Hunt for hidden treasures and enjoy pirate activities.

ROYAL ADVENTURE

Feel like royalty on your own cruise line.

SCHLUTER BEACH TRIP

Take a ride to Schluter Beach! Enjoy the playground, and stop into Monona Bait & Ice Cream for a scoop of Babcock Hall Ice Cream or a sandwich. All food at your own expense.

Age	Class	Location	Day	Date	Time	Fee	Course#
ADULT							
All Ages	2 Lake Cruise	Tenney Boat Pier	Sa	6/1	9am-12pm	\$16	39506
All Ages	2 Lake Cruise	Tenney Boat Pier	Sa	7/27	9am-12pm	\$16	39507
All Ages	2 Lake Cruise	Tenney Boat Pier	Sa	8/10	9am-12pm	\$16	39508
All Ages	Breakfast - The Green Lantern	Tenney Boat Pier	W	6/12	9am-12:30pm	\$16	39509
All Ages	Breakfast - The Statehouse	Tenney Boat Pier	T	7/16	9am-12:30pm	\$16	39511
All Ages	Breakfast - The Green Lantern	Tenney Boat Pier	T	8/6	9am-12:30pm	\$16	39510
All Ages	Dinner Trip - UW Memorial Union	Tenney Boat Pier	Th	6/27	5:30-9pm	\$16	39514
All Ages	Dinner Trip - Buck and Honeys	Tenney Boat Pier	W	7/24	5:30-9pm	\$16	39512
All Ages	Dinner Trip - Buck and Honeys	Tenney Boat Pier	W	8/28	5:30-9pm	\$16	39513
All Ages	Effigy Mound Landscape Tour	Tenney Boat Pier	F	7/26	5-8pm	\$17	40124
All Ages	Geology	Tenney Boat Pier	S	8/18	10am-12pm	\$17	40115
All Ages	Limnology	Tenney Boat Pier	Th	6/20	5-8pm	\$17	39518
All Ages	Limnology	Tenney Boat Pier	Th	8/22	5-8pm	\$17	39519
All Ages	Lunch Trip - Christy's Landing	Tenney Boat Pier	T	6/4	11:30am-3pm	\$16	39520
All Ages	Lunch Trip - UW Memorial Union	Tenney Boat Pier	S	7/14	11:30am-3pm	\$16	39522
All Ages	Lunch Trip - The Boathouse, Edgewater Hotel	Tenney Boat Pier	W	8/14	11:30am-3pm	\$16	39521
All Ages	Social History Tour	Tenney Boat Pier	F	6/14	5-8pm	\$17	39532
All Ages	Social History Tour	Tenney Boat Pier	S	7/7	5-8pm	\$17	39533
All Ages	Social History Tour	Tenney Boat Pier	S	8/4	5-8pm	\$17	39534
All Ages	Sunset Cruise	Tenney Boat Pier	F	6/7	6-9pm	\$16	39529
All Ages	Sunset Cruise	Tenney Boat Pier	F	7/19	6-9pm	\$16	39530
All Ages	Sunset Cruise	Tenney Boat Pier	F	8/9	6-9pm	\$16	39531
YOUTH							
All Ages	Harry Potter	Tenney Boat Pier	Sa	7/27	9:30am-12:30pm	\$15	39516
All Ages	Harry Potter	Tenney Boat Pier	Sa	8/17	9:30am-12:30pm	\$15	39517
All Ages	Pirate Treasure	Tenney Boat Pier	Sa	6/29	9:30am-12:30pm	\$15	39523
All Ages	Pirate Treasure	Tenney Boat Pier	Sa	8/3	9:30am-12:30pm	\$15	39524
All Ages	Royal Adventure	Tenney Boat Pier	Sa	7/20	9:30am-12:30pm	\$15	39525
All Ages	Royal Adventure	Tenney Boat Pier	Sa	8/24	9:30am-12:30pm	\$15	39526
All Ages	Schluter Beach Trip	Tenney Boat Pier	Sa	6/8	1-4pm	\$14	39527
All Ages	Schluter Beach Trip	Tenney Boat Pier	Sa	6/22	1-4pm	\$14	39528

ADULT & FAMILY PROGRAMS

ADULT ONLY

BACKYARD BUSHCRAFT

Learn from MSCR Outdoor instructors important tactical outdoor survival skills including poisonous plant identification, knot tying for shelter building, wood splitting for fire building and navigation using map and compass. No experience required.

ALL AGES & FAMILY

Unless noted, all participants must register, and an adult over 18 must register and participate with youth participants. Only the registered child can attend. Siblings including infants and friends are not allowed to attend classes. One adult per registered child may attend classes marked Child + Adult.

FAMILY CAMP OUT

Whether you are new to camping or want to experience an activity-filled overnight at the Madison School Forest, look forward to a memorable time with supportive MSCR staff! Saturday activities include learning outdoor survival skills, a night hike with stargazing and campfire cooking. On Sunday, learn how to use a map and compass, with options to complete an orienteering course or go on an instructor-led nature walk. Tents are provided, and the price includes snacks, dinner and breakfast. More pre-trip information is sent to participants before the program. Best suited for ages 5+.

NIGHT EXPERIENCE

Enjoy a summer evening with MSCR's Night Experience program. MSCR staff offer various night time activities including firebuilding, stargazing, understanding night vision and even a night hike! Best suited for ages 5+.

ORIENTEERING

Orienteering participants find their way to various checkpoints by using a map and compass. It can be competitive or a fun leisure activity. MSCR has three courses at the Madison School Forest. The vary in difficulty and length to allow for each group to choose the best challenge. MSCR provides course maps, 1-2 compasses, markers for recording and directions on to find the checkpoints (no experience necessary). Best suited for ages 5+.

YOUTH & FAMILY

DIGGING IN THE DIRT - CHILD + ADULT

Take a closer look at what's below your feet. Become a soil scientist for the day: dig, test, build, play and learn...in and about the dirt! Discover what critters live in the dirt, how dirt is made and complete a soil craft project.

DISCOVERING NATURE'S PATTERNS - CHILD + ADULT

Why does the natural world look the way it does? Come search for nature's patterns and explore why these patterns exist. We'll use these concepts to design our own nature-inspired creations.

NATURE EXPLORATION

Spend time outdoors with MSCR's nature activity kits! Each activity kit contains three different types of activities (art, science and exploration) for you to complete while exploring a Madison park. Every date focuses on a different nature theme, (wildlife, insects, flowers, trees), and activities take approximately one hour to complete on your own. Pre-registration is recommended but not required. There is a suggested donation of \$5. Best suited for ages 4-8 years.

OUTDOOR SURVIVAL SKILLS - CHILD + ADULT

Are you ready to survive outside? Children learn skills to survive outdoors such as fire and shelter building, knot tying and easy plant identification. Join us for this interactive and hands-on class and apply the knowledge you gain at your next outdoor adventure!

POND DIPPING - CHILD + ADULT

Early summer is a great time to see Cherokee Marsh come alive! Children discover critters of the marsh through pond dipping, an activity using nets, buckets, spoons and other investigative tools to uncover all there is below the surface of the water. Participants hike to the wetland ponds (20 minutes total of hiking) to learn about wetlands and pond dip.

SIGNS OF WILDLIFE

We can learn a lot from the clues that wildlife leave us. Join us in exploring different types of wildlife signs that can tell us more about the animals and the world around us.

Age	Class	Location	Day	Date	Time	Fee	Course#
ADULT ONLY & ALL AGES							
18+	Backyard Bushcraft	Madison School Forest	Su	6/16	10am-12:30pm	\$10	39471
5+	Family Camp Out	Madison School Forest	Sa-Su	6/22-6/23	3-12pm	\$30	39474
5+	Family Camp Out	Madison School Forest	Sa-Su	8/3-8/4	3-12pm	\$30	39475
5+	Night Experience	Madison School Forest	F	6/14	7-9pm	\$8	39476
5+	Night Experience	Madison School Forest	Sa	7/13	7-9pm	\$8	39477
5+	Night Experience	Madison School Forest	Sa	8/17	7-9pm	\$8	39478
5+	Orienteering	Madison School Forest	Sa	6/15	1:30-4:30pm	\$8	39479
5+	Orienteering	Madison School Forest	Sa	7/13	10am-1pm	\$8	39480
5+	Orienteering	Madison School Forest	Sa	8/17	3-6pm	\$8	39481
YOUTH & FAMILY							
5-10	Digging in the Dirt - Child+Adult	Olin Park	Su	7/14	10am-12pm	\$10	39472
5-10	Discovering Nature's Patterns Child+Adult	Olin Park	Su	7/14	1-3pm	\$10	39473
4-8	Nature Exploration - Wildlife	Hoyt Park	W	7/10	10am-12pm	\$0	40003
4-8	Nature Exploration - Insects	Kennedy Park	M	7/29	4-6pm	\$0	40005
4-8	Nature Exploration - Flowers	Owen Conservation Park	Th	8/8	10am-12pm	\$0	40004
4-8	Nature Exploration - Trees	Warner Park	W	8/21	10am-12pm	\$0	40006
5-10	Pond Dipping - Child+Adult	Cherokee Marsh	W	6/12	10am-12pm	\$10	39485
5-10	Outdoor Survival Skills - Child+Adult	Madison School Forest	Sa	6/15	10am-12:30pm	\$10	39482
5-10	Outdoor Survival Skills - Child+Adult	Madison School Forest	Sa	7/13	2-4:30pm	\$10	39483
5-10	Signs of Wildlife - Child+Adult	Olin Park	M	6/24	2-4pm	\$10	39486



MSCR Camps Guide

Summer 2024



FOLLOW US ON:



Fee Assistance Available

PRESCHOOL CAMPS

Fascination Station Ages 4-5 • E/W

Soccer Camp Ages 4-5 • E/W

ELEMENTARY CAMPS

Camp Compass Gr 1-6 • E/W

Camp Tall Oaks Gr 1-5 • S

Fascination Station Gr 1-5 • E/W

Soccer Camp Ages 7-13 • E/W

Sports Spectacular Gr 2-5 • E/W

Super Center Arts Camp Gr 1-5 • E

C6-C7

C10-C11

C5

C4

C6-C7

C10-C11

C9

C8

MIDDLE SCHOOL CAMPS

Camp Adventure Gr 6-9 • E/W

Creative Arts Gr 6-9 • E/W

Greenhouse Gardening Gr 6-9 • W

Mad City Sports Camp Gr 6-9 • E/W

Middle School on the Move Gr 6-9 • E/W

SPORTS CAMPS

Mad City Sports Camp Gr 6-9 • E/W

Soccer Camp Ages 7-13 • E/W

Sports Spectacular Gr 2-5 • E/W

REGISTRATION

Policies & Procedures

Supplemental Information Form

Registration Form

Fee Assistance Request Form

C13

C14

C14

C12

C15

C12

C10-C11

C9

C2 & 54

55-56

57

58

REGISTRATION INFORMATION

HOW TO REGISTER:

- Register online at mscr.org or return your completed MSCR Registration Form and Camp Supplemental Information Form to MSCR at 328 E Lakeside St, Madison, WI 53715
- First time registering with MSCR? Create your customer account at mscr.org before registration begins to streamline your registration process.
- Include first and alternate choice where applicable. If your first choice is full, we will try your alternate choice. If both choices are full, your fee will be returned and you will be wait listed.
- Please note: Registration for Camp Compass is not done using the Active registration system on the MSCR website. All applicants must complete a Google Form application. Please see page C5 for more information.

CAMP POLICIES

All changes to your registration including cancellations, withdrawals and transfers must be made in writing and received in the MSCR administrative office, 328 E Lakeside St or mscr@madison.k12.wi.us at least 7 days prior to the start of the session.

Refunds for withdrawals are issued up to 7 days prior to the start of the program, minus the service charge listed below:

- \$20 per full-day camp session
- \$10 per half-day camp session
- \$5 per non-camp program

No refunds or credits are issued with less than 7 days advance notice.

PAYMENT PLANS

Payment plans must be requested using an MSCR Registration Form and are not available during online registration.

A non-refundable deposit is required for each day camp session and is due at the time of registration, except for families requesting fee assistance:

- \$20 deposit for each full day camp session
- \$10 deposit for each half-day camp session

A credit card number is required and is automatically charged the week prior to camp for the outstanding weekly balance. Your signature on the registration authorizes MSCR to initiate recurring credit card charge(s) as per the listed schedule.

REGISTRATION BEGINS:

- Monday, March 11 at 12 pm for MMSD Residents
- Monday, March 25 at 12 pm for Non-MMSD Residents

FEE ASSISTANCE:

- Fees may be fully or partially waived for MMSD residents based on need.
- Submit the Fee Assistance Request Form at the time of registration.
- Fee Assistance is not available online.
- See pages 55-58 for full fee assistance and payment plan processes.

PLAN AHEAD

Save time during camp registration by completing or updating your Camp Supplemental Information in advance. Register for course #40142 between Feb 24 and March 10 to add or update your child's emergency contact and medical information that is required for summer camp registration.

PLEASE NOTE: Completing this process does **not** guarantee registration in camps. Guardians still need to register for camps on Monday, March 11 beginning at 12pm.

CAMP PAYMENT SCHEDULE

Camp Session Start Date	Payment Processing Week	Camp Session Start Dates	Payment Processing Week
6/17/24	6/10/24	7/22/24	7/15/24
6/24/24	6/17/24	7/29/24	7/22/24
7/1/24	6/24/24	8/5/24	7/29/24
7/8/24	7/1/24	8/12/24	8/5/24
7/15/24	7/8/24		

HOW DO YOU WANT TO CHOOSE YOUR CAMP?

1/2 day - One Week Sessions

Fascination Station
Greenhouse Gardening
Mad City Sports Camp
Soccer Camp
Soccer Clinic (50 min)

Full Day - One Week Sessions

Camp Tall Oaks
Super Center Arts Camp
Camp Adventure
Creative Arts
Middle School on the Move
Soccer Camp
Sports Spectacular

Full Day - Full Summer

Registration

Camp Compass (Gr 1-6)*

*extended hours

Please note: Camp Compass Registration is processed differently, please see page C5 for details.

PROGRAM LOCATIONS

East/North

Camp Adventure: Burrows Park
Camp Compass: Emerson, Mendota, Warner Park CRC
Creative Arts: O'Keeffe
Fascination Station: Lowell
Mad City Sports Camp: Sherman
Middle School on the Move: O'Keeffe
Soccer Clinic & Camp: Kennedy
Sports Spectacular: Nuestro Mundo
Super Center Arts Camp: Lapham

West/South

Camp Adventure: Westmorland Park
Camp Compass: Anana, Midvale,
Camp Tall Oaks at School Forest: Badger Rock (Bus Stop)
Creative Arts: Hamilton
Fascination Station: Muir
Greenhouse Gardening: Spring Harbor
Mad City Sports Camp: Hamilton
Middle School on the Move: Hamilton
Soccer Camp: Midvale
Sports Spectacular: Stephens

CAMP TYPE

All Around

Camp Compass

Arts

Creative Arts
Super Center Arts Camp

Outdoor Adventure

Camp Adventure
Camp Tall Oaks
Greenhouse Gardening

Special Interest

Fascination Station
Greenhouse Gardening
Middle School on the Move

Sports

Mad City Sports Camp
Soccer Clinic & Camp
Sports Spectacular

WHY SPEND YOUR SUMMER WITH MSCR?

Value!

- More than 100 weekly camp sessions and 5 full summer camps
- Affordable, quality, structured programs
- Options for ages 4-14 years
- Scheduling options for every family including half day, full day and extended care
- Fee assistance & payment plans available

Experience!

- Opportunities for campers to challenge themselves, stretch their imaginations and discover new talents
- Engaging activities to keep every camper entertained
- Caring and competent staff enthusiastic about sharing their skills and interests with campers
- Peace of mind knowing your child is having fun in a safe place
- Your source for recreation since 1926!

INCLUSION SERVICES

The mission of Madison School & Community Recreation (MSCR) Inclusion Services is to enhance the quality of life for individuals with disabilities in the Madison Metropolitan School District, and for the community, by providing recreation and enrichment opportunities year-round that are accessible to all. MSCR is committed to an inclusive approach to recreation and will provide reasonable accommodations to enhance program participation without fundamentally altering a program.

What are Inclusion Services?

Inclusion means individuals with and without disabilities participate together in the same way, in the same place and enjoy the same benefits.

**See page 54 or
mscr.org/registration/Inclusion-Services
for more information.**



CAMP TALL OAKS

Camp Tall Oaks is your go to camp for exploring the outdoors! Camp Tall Oaks combines outdoor leadership, environmental education and outdoor recreation activities designed to foster camper relationships with themselves, each other and nature. Each week's theme highlights different activities and campers are encouraged to sign up for themes that spark their curiosity! No previous experience in any activity is required. Weekly itineraries are emailed prior to the start of the camp week. Every Wednesday is an all-day field trip. Youth programs handbook is available online at the time of registration. Location: Madison School Forest Campground, a beautiful 300 plus acre property that camp calls home for the summer!

CAMPER TRANSPORTATION

Campers meet at Badger Rock Middle School (501 E Badger Rd), Madison, WI 53713) and take a bus to and from the Madison School Forest Campground. Camper drop off is 7:30-8am and camper pick-up is from 4:30-5:30pm.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering. Contact the Camp Tall Oaks program coordinator if you need assistance getting the required items.

WHAT TO BRING

- Lunch that does not require refrigeration or heating
- 2 Snacks
- Water bottle
- Sunscreen, bug repellent
- Swimming suit and towel
- Sun hat and/or sunglasses

CAMP THEMES

ANIMAL PLANET

Explore the living creatures and plants of the Madison School Forest and surrounding area! Take hikes through the woods discovering the landscape, find animal signs, make animal crafts and play animal themed games!

DIGGING IN THE DIRT

Get ready campers, this week is your chance to get dirty! Discover what critters live in the dirt, learn about the colors you find in the soil layers and grow your own plant.

THE FANTASTIC FIVE: EXPLORING OUR SENSES

All animals have their own special sensory super powers, including humans! We spend the week exploring our senses and the senses of the creatures around us through games, crafts and nature activities! No camp July 4-5.

MULTI-ADVENTURE

Spend the week trying different adventure activities and learn how to be a responsible outdoor recreator.

OLYMPICS IN NATURE

Learns what it takes to be an Olympic Champion! Campers participate in nature inspired Olympic-like activities and discover the characteristics of a champion in nature and the champion within themselves!

RARRRR DINOSAURS

Travel back in time to a prehistoric world! Learn about the large creatures that once roamed the world, and discover new things about the rich natural history of the Madison School Forest!

SURVIVAL CAMP

Are you ready to survive in the woods? Campers learn outdoor survival skills through activities, games and the land and how animals survive at the School Forest.

TAKING FLIGHT

Do you ever wonder about flying? How do birds, insects and mammals do it? Learn about flight from the original flyers and experiment with flight through activities at camp.

WACKY WATER WEEK

All water, all week! Campers learn about the life cycle of water and the important role it plays at School Forest. Throughout the week, campers play a variety of games and complete activities all involving water! Campers spend a day at a Wisconsin Dells Water Park! Come prepared to get wet! Additional fee of \$40 for water park pass.

Grade	Theme	Location	Day	Date	Time	Fee	Course #
1-5	Animal Planet	Madison School Forest	M-F	6/17-6/21	7:30am-5:30pm	\$255	39091
1-5	Multi-Adventure	Madison School Forest	M-F	6/24-6/28	7:30am-5:30pm	\$255	39093
1-5	The Fantastic Five: Exploring our Senses	Madison School Forest	M-W	7/1-7/3	7:30am-5:30pm	\$153	39098
1-5	Wacky Water Week	Madison School Forest	M-F	7/8-7/12	7:30am-5:30pm	\$295	39099
1-5	Rarrrr Dinosaurs	Madison School Forest	M-F	7/15-7/19	7:30am-5:30pm	\$255	39095
1-5	Survival Camp	Madison School Forest	M-F	7/22-7/26	7:30am-5:30pm	\$255	39096
1-5	Olympics in Nature	Madison School Forest	M-F	7/29-8/2	7:30am-5:30pm	\$255	39094
1-5	Digging in the Dirt	Madison School Forest	M-F	8/5-8/9	7:30am-5:30pm	\$255	39092
1-5	Taking Flight	Madison School Forest	M-F	8/12-8/16	7:30am-5:30pm	\$255	39097

MSCR CAMP COMPASS

MSCR Camp Compass provides structured activities in such areas as arts & crafts, dramatic play, science, sports & games and nutrition. We focus on learning, exploring and growing through fun and educational programming and experiences.

Get your kids up and exploring this summer with:

- Weekly MSCR swim lessons
- Fun literacy and math activities
- Special activities in partnership with the Madison Public Library, Girls Inc. of Greater Madison, Madison Reading Project and Rooted
- Teambuilding, special interest clubs and group activities

Breakfast, lunch and an afternoon snack are provided. Programs are offered Monday, June 17 - Friday, August 9, 7:45am to 5:30pm. Camp Compass at Warner Park is closed on Wednesday, June 19 in observance of Juneteenth. MSCR does not provide transportation to and from the program. There are no MSCR programs on Thursday, July 4 or Friday, July 5.

Children must register for the entire 8-week program. In order to attend the first week of the program the registration and payment process must be completed by Friday, June 7. Space is limited. Participants are grouped by age when possible. Based on guidelines regarding group size, groups may fill prior to the program reaching max enrollment. Registration cannot be done on a weekly basis. Please see other MSCR camps for weekly registration options. Payments are scheduled on a bi-monthly basis. Fee assistance is available for those who qualify based on family financial status.

- Choose from the MSCR Camp Compass locations.
- Registration is for the entire eight week session from June 17 - August 9.
- Registration for residents begins on Monday, March 11.
- A resident or non-resident child can register at any program location. They do not need to live in the school attendance area or in the Madison Metropolitan School District. However, non-residents pay 50% more than residents. Registration for non-residents begins on Monday, March 25.

Registration is not done using the Active registration system on the MSCR website. All applicants must complete a Google Form application. The electronic registration form can be found at <https://shorturl.at/aBFMV> or is available:

- At mscr.org
- Or [email mscrelementteam@madison.k12.wi.us](mailto:mscrelementteam@madison.k12.wi.us) to have a form emailed



MSCR CAMP COMPASS SITES

4 equal payments due June 15, July 1, July 15 and August 1

Age	Location	Day	Date	Time	Fee
EASTSIDE					
1-6	Emerson	M-F	6/17-8/9	7:45am-5:30pm	\$1,320
1-6	Mendota	M-F	6/17-8/9	7:45am-5:30pm	\$1,320
1-6	Warner Park	M-F	6/17-8/9	7:45am-5:30pm	\$1,320
WESTSIDE					
1-6	Anana	M-F	6/17-8/9	7:45am-5:30pm	\$1,320
1-6	Midvale	M-F	6/17-8/9	7:45am-5:30pm	\$1,320

Grade is the grade your child enters in fall 2024.

MMSD SUMMER SEMESTER & MSCR PROGRAMS - 608-663-1914

The 2024 session of the Madison Metropolitan School District Summer Semester is a full day program, in collaboration with Madison School & Community Recreation (MSCR); Summer Recreation & Enrichment Centers (SREC) for elementary students and Youth Resource Centers (YRC) for middle school students. This is a voluntary, invite-only, limited-seat, first come, first serve opportunity for students to receive additional instruction in literacy and math, explore the arts and participate in recreation & enrichment opportunities for six weeks this summer.

MMSD Summer Semester Enrollment Information:

Invitations/Enrollment Grades 4K-8: Summer Semester enrollment opens Wednesday, April 3.

Summer Semester Dates:

Grades 4K-8: Monday - Friday, June 17 - July 26 (No programs June 19, July 4 & 5)

Time: 8am-4pm

Grades 9-12: Monday - Thursday, June 20 - July 28 (No programs June 19, July 4)

Time: vary depending on course(s)

Contact the MMSD Summer Semester office with additional questions at 608-663-1914 or summerschool@madison.k12.wi.us.

Participants who attend summer semester may register for MSCR camps in August. Register at mscr.org or by completing an MSCR Registration Form. What happens if I signed up for an MSCR camp prior to enrolling for Summer Semester? Go ahead and enroll in Summer Semester, then contact MSCR at mscr@madison.k12.wi.us to be unenrolled from your MSCR camp with no penalty.



FASCINATION STATION CAMP

Fascination Station Camps are half-day programs providing in-depth exposure to specific topics in a fun, enriching environment. Camps are designed to provide a variety of fascinating choices for campers. Individual camp structures vary based on the nature of the program, but generally include small group activities developing continuity throughout the week. Some themes may include special presenters or a field trip. Campers entering grades 1-5 have the option of registering for Lunch Bunch between morning and afternoon camps each week. Registration closes one week prior to the start of each session. *Please note that repeat themes at different locations will likely have the same or similar activities.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Crocs or similar footwear are not recommended for camp due to safety concerns. Please send your camper in footwear with closed toes and a back strap appropriate for climbing on playground equipment and other physical activity.

Youth should bring a labeled bag/backpack with their full name on all items:

- 1 Snack
- Water bottle
- Sunscreen, bug repellent
- Sun hat and/or sunglasses

Grade is the grade your child enters in fall 2024.

CAMP THEMES

AROUND THE WORLD

Get your passport ready! Join us as we explore the globe, learning about different cultures and distant lands. Experience games, music, food and more from places all around the world!

FRESHWATER FRIENDS

Become a limnologist for the week! Discover the wonderful wet world of Wisconsin's inland bodies of water, and become a steward of our lakes. Learn about the plants and animals that call our lakes home, how they work together as an ecosystem and the importance of the water cycle, water quality and aquaculture.

INCREDIBLE INSECTS

Praying mantis, stinkbugs, fire ants and more! Welcome to a bug's life! Explore and observe the natural habitats of beetles, butterflies and all kinds of bugs. Creepy, crawly fun abounds this week!

JUNGLE JAMBOREE

Join us for a wildly good time during this jungle themed week! Explore the connection between amazing animals and the tropical environment they call home. Learn how we can all help conserve and protect this unique ecosystem.

ROCKET BUILDING

Explore the science of aerodynamics and force through building and flying your own rockets. Start with small UFOs such as flying saucers and pyramids. Beat the heat experimenting with water rockets. Then move on to design and build larger rockets out of cardboard, foam core and other materials. Learn how to do a pre-flight test for stability then launch your creations with rocket engines. Additional supply fee included.

SILLY SCIENCE

Did you know astronauts can't belch? Why?! Well, because there is no gravity to separate liquid from gas in their stomach! Science is fun, it's play with a purpose and sometimes it's silly! Camp turns into a laboratory as campers experiment with the silly side of science. Grab your lab coat and get ready to explore!

SPACE IS THE PLACE

Get ready to have a BLAST learning about the solar system and beyond. Science projects, crafts, games and more make this camp an out of this world experience.

TOWERS, RAMPS & MACHINES

Build towers, bridges, race tracks and more. Explore the basics of motion, force and the fundamentals of physics and engineering with exciting projects and activities. Campers catapult, propel, construct and experiment their way to an understanding of these sciences.

LUNCH BUNCH

Supervised lunch hour option for Fascination Station Camp participants in grades 1-5 before, after or between camps they are registered for. Lunch Bunch is supervised by MSCR staff and includes time for eating lunch and outdoor play. Campers should bring a lunch and a beverage that does not require refrigeration or reheating. Please register individually for each week.

Please review page C2 and pages 54-58 for all Camp Policies.

All camps require a deposit.

A \$10 deposit required for each half day camp is non-refundable and non-transferable.

All changes and transfers must be submitted in writing.

Please complete the Camps Supplemental Information Form in addition to the MSCR Registration Form. Fee Assistance is available, please see C2 and pages 54-58. Please call 608-204-3000 if you have questions.

MUIR FASCINATION STATION - WESTSIDE

Grd	Theme	Day	Date	Time	Fee	Course #
4yr - K	Silly Science	M-F	6/17-6/21	8:30am-12pm	\$115	39252
1-2	Silly Science	M-F	6/17-6/21	8:30am-12pm	\$115	39253
3-5	Silly Science	M-F	6/17-6/21	8:30am-12pm	\$115	39254
1-5	Lunch Bunch	M-F	6/17-6/21	12-1pm	\$18	39245
4yr - K	Jungle Jamboree	M-F	6/17-6/21	1-4:30pm	\$115	39239
1-2	Jungle Jamboree	M-F	6/17-6/21	1-4:30pm	\$115	39240
3-5	Jungle Jamboree	M-F	6/17-6/21	1-4:30pm	\$115	39241
4yr - K	Incredible Insects	M-F	6/24-6/28	8:30am-12pm	\$115	39242
1-2	Incredible Insects	M-F	6/24-6/28	8:30am-12pm	\$115	39243
3-5	Incredible Insects	M-F	6/24-6/28	8:30am-12pm	\$115	39244
1-5	Lunch Bunch	M-F	6/24-6/28	12-1pm	\$18	39246
4yr - K	Space is the Place	M-F	6/24-6/28	1-4:30pm	\$115	39249
1-3	Space is the Place	M-F	6/24-6/28	1-4:30pm	\$115	39250
4-5	Rocket Building	M-F	6/24-6/28	1-4:30pm	\$125	39251
4yr - K	Towers, Ramps & Ms	M-W	7/1-7/3	8:30am-12pm	\$69	39258
1-2	Towers, Ramps & Ms	M-W	7/1-7/3	8:30am-12pm	\$69	39259
3-5	Towers, Ramps & Ms	M-W	7/1-7/3	8:30am-12pm	\$69	39260
1-5	Lunch Bunch	M-W	7/1-7/3	12-1pm	\$11	39247
4yr - K	Freshwater Friends	M-W	7/1-7/3	1-4:30pm	\$69	39255
1-2	Freshwater Friends	M-W	7/1-7/3	1-4:30pm	\$69	39256
3-5	Freshwater Friends	M-W	7/1-7/3	1-4:30pm	\$69	39257
4yr - K	Around the World	M-F	7/8-7/12	8:30am-12pm	\$115	39261
1-2	Around the World	M-F	7/8-7/12	8:30am-12pm	\$115	39262
3-5	Around the World	M-F	7/8-7/12	8:30am-12pm	\$115	39263

LOWELL FASCINATION STATION - EASTSIDE

Grd	Theme	Day	Date	Time	Fee	Course #
4yr - K	Silly Science	M-F	7/15-7/19	8:30am-12pm	\$115	39226
1-2	Silly Science	M-F	7/15-7/19	8:30am-12pm	\$115	39227
3-5	Silly Science	M-F	7/15-7/19	8:30am-12pm	\$115	39228
1-5	Lunch Bunch	M-F	7/15-7/19	12-1pm	\$18	39219
4yr - K	Jungle Jamboree	M-F	7/15-7/19	1-4:30pm	\$115	39213
1-2	Jungle Jamboree	M-F	7/15-7/19	1-4:30pm	\$115	39214
3-5	Jungle Jamboree	M-F	7/15-7/19	1-4:30pm	\$115	39215
4yr - K	Incredible Insects	M-F	7/22-7/26	8:30am-12pm	\$115	39216
1-2	Incredible Insects	M-F	7/22-7/26	8:30am-12pm	\$115	39217
3-5	Incredible Insects	M-F	7/22-7/26	8:30am-12pm	\$115	39218
1-5	Lunch Bunch	M-F	7/22-7/26	12-1pm	\$18	39220
4yr - K	Space is the Place	M-F	7/22-7/26	1-4:30pm	\$115	39223
1-3	Space is the Place	M-F	7/22-7/26	1-4:30pm	\$115	39224
4-5	Rocket Building	M-F	7/22-7/26	1-4:30pm	\$125	39225
4yr - K	Towers, Ramps & Ms	M-F	7/29-8/2	8:30am-12pm	\$115	39229
1-2	Towers, Ramps & Ms	M-F	7/29-8/2	8:30am-12pm	\$115	39230
3-5	Towers, Ramps & Ms	M-F	7/29-8/2	8:30am-12pm	\$115	39231
1-5	Lunch Bunch	M-F	7/29-8/2	12-1pm	\$18	39221
4yr - K	Freshwater Friends	M-F	7/29-8/2	1-4:30pm	\$115	39235
1-2	Freshwater Friends	M-F	7/29-8/2	1-4:30pm	\$115	39236
3-5	Freshwater Friends	M-F	7/29-8/2	1-4:30pm	\$115	39237
4yr - K	Around the World	M-F	8/5-8/9	8:30am-12pm	\$115	39232
1-2	Around the World	M-F	8/5-8/9	8:30am-12pm	\$115	39233
3-5	Around the World	M-F	8/5-8/9	8:30am-12pm	\$115	39234

Now Hiring!

MSCR is hiring for a variety of positions.
Get great experience doing
something you love!

- Aquatics
- Arts
- Camps
- Fitness
- Outdoors
- Sports & more!

Apply at mscr.org





SUPER CENTER ARTS CAMP

Does your child love to be creative? In an increasingly technological world, it's easy for the arts to be overshadowed. Super Center Arts Camp is for children who would enjoy new arts explorations in dance, theater, music and visual arts. This fine arts camp provides youth with the opportunity to develop artistic interests and skills in a creative day camp experience. At Super Center, campers are grouped by age and rotate daily through music, drama, dance and art activities that are loosely based on a weekly theme. Daily activities also include games and other traditional camp activities, as well as a mid-day mindfulness break. Other weekly activities may include swimming, guest performers, field trips and special camp performances. Whether your child is a musician, artist, dancer, actor or anything in between, we invite them to discover their artistic passion by giving new experiences a try at Super Center Arts Camp! Registration closes one week prior to the first day of camp.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Crocs or similar footwear are not recommended for camp due to safety concerns. Please send your camper in footwear with closed toes and a back strap appropriate for climbing on playground equipment and other physical activity.

Youth should bring a labeled bag/backpack with their full name on all items:

- Lunch that does not require refrigeration or heating
- 2 Snacks
- Water bottle
- Sunscreen, bug repellent
- Swimming suit and towel
- Sun hat and/or sunglasses

CAMP THEMES

ARTS AND THE OLYMPICS

Did you know that art competitions formed part of the modern Olympic Games during its early years, from 1912 to 1952? The Olympics awarded official medals for painting, sculpture, architecture, literature and music, alongside those for the athletic competitions. Famous artists and architects compete to design the Olympic stadium and official posters. Join us as we celebrate the Olympics and learn how arts are still a part of the games.

CAMP WITH CHARACTER

This week we use the fine arts to practice intentional kindness at Super Center Arts Camp. We explore values of kindness, compassion, generosity and care. Campers and staff lend a hand and make a difference while spreading kindness in our community!

FAIRY TALES, FOLKLORE AND FABLES

Once upon a time there was a camp where stories from favorite books and movies were explored all day long, through acting, music, dance and art. Join our troupe of brave campers as they explore today's most popular stories and the traditional tales that inspired the different ways fables have been brought to life through the ages!

STEP INTO THE STORY

Learn the ropes of stage performance and the ins and outs of producing a play. Explore all the elements of putting on a show. Casting, set, costume design and rehearsal lead up to a performance on the final day of this special 2-week session. No camp July 4-5. Two-week registration required - session ends in play performance.

SUPER CENTER'S GOT TALENT

Super Center is full of talent. Can you juggle, sing, dance, create music or perform magic? Explore, perfect and showcase your talents. Jazz up your dancin', rock the mic and add pizzazz to your art projects. Session culminates in a summer favorite - the Talent Show and Gallery Walk!

#SUPERPOP

We don't need permission to dance and enjoy all the latest pop culture trends! Join us as we explore different forms of pop culture such as movies, music, television, games, sports, fashion and learn how the world of fine arts is intertwined. Learn dance moves that are smooth like butter, explore the rich worlds illustrated in graphic novels, the art of anime and sing along to chart topping K-pop hits during this fun-filled week!

WIZARDS, WITCHES AND DRAGONS, OH MY!

Do you dream of a world where people can cast magic and fantastical beasts are around every corner? Spend the week with Super Center doing magic, making potions and creating your own magical beasts!

WONDERFUL WATER WEEK

Dive right in and wrap up your summer with some water fun! Stay cool with H2O themed activities designed with the fine arts in mind! Learn fluid dance moves, the depths of drama, the drip drop of musical beats and how to water (color) your world!

Grade	Theme	Location	Day	Date	Time	Fee	Course #
1-5	#SuperPop	Lapham	M-F	6/17-6/21	7:45am-4:45pm	\$225	39565
1-5	Step into the Story	Lapham	M-F	6/24-7/3	7:45am-4:45pm	\$360	39573
1-5	Fairy Tales, Folklore and Fables	Lapham	M-F	7/8-7/12	7:45am-4:45pm	\$225	39571
1-5	Camp with Character	Lapham	M-F	7/15-7/19	7:45am-4:45pm	\$225	39569
1-5	Wizards, Witches and Dragons, Oh My!	Lapham	M-F	7/22-7/26	7:45am-4:45pm	\$225	39577
1-5	Super Center's Got Talent	Lapham	M-F	7/29-8/2	7:45am-4:45pm	\$225	39575
1-5	Arts and the Olympics	Lapham	M-F	8/5-8/9	7:45am-4:45pm	\$225	39567
1-5	Wonderful Water Week	Lapham	M-F	8/12-8/16	7:45am-4:45pm	\$225	39579

SPORTS SPECTACULAR

Keep your child active this summer with our MSCR Sports Spectacular Sports Camp. Campers discover so much more than their athletic abilities. They build character, develop self-confidence and create healthy relationships through positive competition. Kids of all skill levels and abilities choose from a variety of sports to explore. Play a variety of sports and group games throughout the day. Teamwork, sportsmanship and fun are the main focus of this camp. If your child loves sports and having fun, this is the camp for them.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Youth should bring a labeled bag/backpack with their full name on all items:

- Lunch that does not require refrigeration or heating
- 2 Snacks
- Water bottle
- Sunscreen, bug repellent
- Sun hat and/or sunglasses

CAMP THEMES

BATTER UP

Baseball/Softball/Kickball - Learn the basics of batting sports - hitting, catching, running bases, innings and outs!

WORLD CUP

Soccer - GOAL! All things soccer- kicking, passing, scoring and games!



SLAM DUNK

Basketball - Focus on basketball fundamentals - dribbling, shooting baskets, defense/offense and scoring!

TOUCHDOWN

Flag Football/ Ultimate Frisbee - concentrate on the core aspects of field sports- touchdowns, passing and plays!

Grade	Theme	Location	Day	Date	Time	Fee	Course #
EASTSIDE							
2-5	Batter Up	Nuestro Mundo	M-F	6/17-6/21	8am-4pm	\$170	39538
2-5	World Cup	Nuestro Mundo	M-F	6/24-6/28	8am-4pm	\$170	40061
2-5	Slam Dunk	Nuestro Mundo	M-F	7/8-7/12	8am-4pm	\$170	40062
2-5	Touch Down	Nuestro Mundo	M-F	7/15-7/19	8am-4pm	\$170	40063
2-5	Batter Up	Nuestro Mundo	M-F	7/22-7/26	8am-4pm	\$170	40064
2-5	Slam Dunk	Nuestro Mundo	M-F	7/29-8/2	8am-4pm	\$170	40065
2-5	World Cup	Nuestro Mundo	M-F	8/5-8/9	8am-4pm	\$170	40066
WESTSIDE							
2-5	Batter Up	Stephens	M-F	6/17-6/21	8am-4pm	\$170	39552
2-5	World Cup	Stephens	M-F	6/24-6/28	8am-4pm	\$170	39557
2-5	Slam Dunk	Stephens	M-F	7/8-7/12	8am-4pm	\$170	39555
2-5	Touchdown	Stephens	M-F	7/15-7/19	8am-4pm	\$170	39556
2-5	Batter Up	Stephens	M-F	7/22-7/26	8am-4pm	\$170	39553
2-5	Slam Dunk	Stephens	M-F	7/29-8/2	8am-4pm	\$170	39554
2-5	World Cup	Stephens	M-F	8/5-8/9	8am-4pm	\$170	39551

Please review page C2 and pages 54-58 for all Camp Policies.

All camps require a deposit.

A \$20 deposit required for each full day camp is non-refundable and non-transferable.

All changes and transfers must be submitted in writing.

Please complete the Camps Supplemental Information Form in addition to the MSCR Registration Form. Fee Assistance is available, please see C2 and pages 54-58. Please call 608-204-3000 if you have questions.

SOCCER CAMPS & CLINICS

Soccer balls are provided. Youth should bring a labeled bag/backpack with their full name on all items:

- Water bottle
- Sunscreen, bug repellent
- Tennis shoes or cleats
- Shin guards
- One snack (for half day camps only)
- Lunch and two snacks (for full day camps only)

SOCCER CLINICS

Enjoy soccer? Join us for an hour long clinic for preschool and elementary age kids that emphasizes passing, dribbling and shooting skills. Players enjoy the excitement of the sport through a variety of soccer challenges, mini games and fun competitions. Beginners are welcome. Staff are local skilled soccer enthusiasts who enjoy working with children.

Weather policy: On rainy days, clinics may be cancelled.

SOCCER DAY CAMP - HALF DAY

Join us for a week long camp in the mornings where players are provided an engaging and supportive camp experience covering a range of soccer techniques, skills and daily scrimmage games. All skill levels are welcome. A team of energetic counselors who encourage good sportsmanship and teamwork lead the camp.

Weather policy: For rain or other inclement weather, camps move indoors.

SOCCER DAY CAMP - FULL DAY

Full-day soccer focuses on soccer in the morning and recreational games, activities and a field trip once a week in the afternoon. Weekly themes include Safari week, World Cup, Superhero and more. Beginners are welcome.

Weather policy: For rain or other inclement weather, camps move indoors.



SOCCER CLINIC - 3-4 YEARS

EASTSIDE

Age	Location	Day	Date	Time	Fee	Course#
3-4	Kennedy	M-F	6/17-6/21	10-10:50am	\$45	39142
3-4	Kennedy	M-F	6/24-6/28	10-10:50am	\$45	39146
3-4	Kennedy	M-F	7/8-7/12	10-10:50am	\$45	39154
3-4	Kennedy	M-F	7/15-7/19	10-10:50am	\$45	39176
3-4	Kennedy	M-F	7/22-7/26	10-10:50am	\$45	39178
3-4	Kennedy	M-F	7/29-8/2	10-10:50am	\$45	39180
3-4	Kennedy	M-F	8/5-8/9	10-10:50am	\$45	39182

WESTSIDE

Age	Location	Day	Date	Time	Fee	Course#
3-4	Van Hise	M-F	6/17-6/21	9-9:50am	\$45	39139
3-4	Van Hise	M-F	6/17-6/21	10-10:50am	\$45	39140
3-4	Van Hise	M-F	6/24-6/28	9-9:50am	\$45	39143
3-4	Van Hise	M-F	6/24-6/28	10-10:50am	\$45	39144
3-4	Van Hise	M-F	7/8-7/12	9-9:50am	\$45	39151
3-4	Van Hise	M-F	7/8-7/12	10-10:50am	\$45	39152
3-4	Van Hise	M-F	7/15-7/19	9-9:50am	\$45	39155
3-4	Van Hise	M-F	7/15-7/19	10-10:50am	\$45	39156
3-4	Van Hise	M-F	7/22-7/26	9-9:50am	\$45	39157
3-4	Van Hise	M-F	7/22-7/26	10-10:50am	\$45	39158
3-4	Van Hise	M-F	7/29-8/2	9-9:50am	\$45	39159
3-4	Van Hise	M-F	7/29-8/2	10-10:50am	\$45	39160
3-4	Van Hise	M-F	8/5-8/9	9-9:50am	\$45	39161
3-4	Van Hise	M-F	8/5-8/9	10-10:50am	\$45	39162

SOCCER CLINIC - 5-6 YEARS**EASTSIDE**

Age	Location	Day	Date	Time	Fee	Course#
5-6	Kennedy	M-F	6/17-6/21	11-11:50am	\$45	39164
5-6	Kennedy	M-F	6/24-6/28	11-11:50am	\$45	39166
5-6	Kennedy	M-F	7/8-7/12	11-11:50am	\$45	39170
5-6	Kennedy	M-F	7/15-7/19	11-11:50am	\$45	39183
5-6	Kennedy	M-F	7/22-7/26	11-11:50am	\$45	39184
5-6	Kennedy	M-F	7/29-8/2	11-11:50am	\$45	39185
5-6	Kennedy	M-F	8/5-8/9	11-11:50am	\$45	39186

WESTSIDE

Age	Location	Day	Date	Time	Fee	Course#
5-6	Van Hise	M-F	6/17-6/21	11-11:50am	\$45	39163
5-6	Van Hise	M-F	6/24-6/28	11-11:50am	\$45	39165
5-6	Van Hise	M-F	7/8-7/12	11-11:50am	\$45	39169
5-6	Van Hise	M-F	7/15-7/19	11-11:50am	\$45	39171
5-6	Van Hise	M-F	7/22-7/26	11-11:50am	\$45	39172
5-6	Van Hise	M-F	7/29-8/2	11-11:50am	\$45	39173
5-6	Van Hise	M-F	8/5-8/9	11-11:50am	\$45	39174

SOCCER CAMP - HALF DAY**EASTSIDE**

Age	Location	Day	Date	Time	Fee	Course#
7-13	Kennedy	M-F	6/17-6/21	9-12pm	\$85	39131
7-13	Kennedy	M-F	6/24-6/28	9-12pm	\$85	39132
7-13	Kennedy	M-F	7/8-7/12	9-12pm	\$85	39134
7-13	Kennedy	M-F	7/15-7/19	9-12pm	\$85	39135
7-13	Kennedy	M-F	7/22-7/26	9-12pm	\$85	39136
7-13	Kennedy	M-F	7/29-8/2	9-12pm	\$85	39137
7-13	Kennedy	M-F	8/5-8/9	9-12pm	\$85	39138

WESTSIDE

Age	Location	Day	Date	Time	Fee	Course#
7-13	Van Hise	M-F	6/17-6/21	9-12pm	\$85	39123
7-13	Van Hise	M-F	6/24-6/28	9-12pm	\$85	39124
7-13	Van Hise	M-F	7/8-7/12	9-12pm	\$85	39126
7-13	Van Hise	M-F	7/15-7/19	9-12pm	\$85	39127
7-13	Van Hise	M-F	7/22-7/26	9-12pm	\$85	39128
7-13	Van Hise	M-F	7/29-8/2	9-12pm	\$85	39129
7-13	Van Hise	M-F	8/5-8/9	9-12pm	\$85	39130

SOCCER CAMP - FULL DAY**EASTSIDE**

Age	Location	Day	Date	Time	Fee	Course#
7-13	Kennedy	M-F	6/17-6/21	9-4pm	\$170	39115
7-13	Kennedy	M-F	6/24-6/28	9-4pm	\$170	39116
7-13	Kennedy	M-F	7/8-7/12	9-4pm	\$170	39118
7-13	Kennedy	M-F	7/15-7/19	9-4pm	\$170	39119
7-13	Kennedy	M-F	7/22-7/26	9-4pm	\$170	39120
7-13	Kennedy	M-F	7/29-8/2	9-4pm	\$170	39121
7-13	Kennedy	M-F	8/5-8/9	9-4pm	\$170	39122

WESTSIDE

Age	Location	Day	Date	Time	Fee	Course#
7-13	Van Hise	M-F	6/17-6/21	9-4pm	\$170	39107
7-13	Van Hise	M-F	6/24-6/28	9-4pm	\$170	39108
7-13	Van Hise	M-F	7/8-7/12	9-4pm	\$170	39110
7-13	Van Hise	M-F	7/15-7/19	9-4pm	\$170	39111
7-13	Van Hise	M-F	7/22-7/26	9-4pm	\$170	39112
7-13	Van Hise	M-F	7/29-8/2	9-4pm	\$170	39113
7-13	Van Hise	M-F	8/5-8/9	9-4pm	\$170	39114

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MAD CITY SPORTS CAMP

Practice fundamentals of sports while focusing on building knowledge, skills and confidence! Learn health and fitness tips that can improve athletic ability and coordination. Get ready to be active and sweat! All skill levels welcome!

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Youth should bring a labeled bag/backpack with their full name on all items:

- Water bottle
- Sunscreen, bug repellent
- Sun hat and/or sunglasses

CAMP THEMES

GROUP GAMES

Fit as many different sports and games into one week as possible - kickball, dodgeball, capture the flag, tag games and more.

RUN THE FIELD

Each day focuses on a different field sport from ultimate frisbee to soccer, flag football and more.

TAKE A SWING

Everything swings like badminton, wiffleball, tennis and more.



Grade	Theme	Location	Day	Date	Time	Fee	Course #
WESTSIDE							
6-8	Run the Field	Hamilton	M-F	6/17-6/21	12:30-4:30pm	\$110	39450
6-8	Group Games	Hamilton	M-F	6/24-6/28	12:30-4:30pm	\$110	39448
6-8	Take a Swing	Hamilton	M-F	7/8-7/12	12:30-4:30pm	\$110	39453
EASTSIDE							
6-8	Run The Field	Sherman	M-F	7/15-7/19	12:30-4:30pm	\$110	39451
6-8	Group Games	Sherman	M-F	7/22-7/26	12:30-4:30pm	\$110	39449
6-8	Take a Swing	Sherman	M-F	7/29-8/2	12:30-4:30pm	\$110	39452

Please review page C2 and pages 54-58 for all Camp Policies.

All camps require a deposit.

A \$10 deposit required for each half day camp is non-refundable and non-transferable.

All changes and transfers must be submitted in writing.

Please complete the Camps Supplemental Information Form in addition to the MSCR Registration Form. Fee Assistance is available, please see C2 and pages 54-58. Please call 608-204-3000 if you have questions.

SUMMER 2024 HIGH SCHOOL PROGRAMS

Need to keep your teen busy?

MSCR is offering a variety of recreation and enrichment activities for high school students.

Activities and clubs include outdoor adventure, gardening, sports and more. Explore new skills and meet youth from other schools.

Check out this link for more information

<https://sites.google.com/madison.k12.wi.us/hs-programs-summer-2024/home>





CAMP ADVENTURE

Experience the outdoors with Camp Adventure! Campers engage with the outdoors through a variety of modes and activities such as canoeing/kayaking, hiking, log rolling, swimming and challenge courses. Camp Adventure teaches campers outdoor leadership skills through team building and exploring and experiencing outdoor spaces. Campers are encouraged to sign-up for themes that spark their curiosity and no previous experience in any activity is required. Field trips around Madison and to Wisconsin state parks are common throughout the week. Weekly itineraries are emailed prior to the start of the camp week.

Overnights are 5 day weeks with the overnight camp being Thursday to Friday. Camp Adventure offers 4 separate overnight weeks throughout the summer.

*Campers may sign up for a 3-day camp week during overnight weeks and not participate in the overnight.

*Three day session.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Youth should bring a labeled bag/backpack with their full name on all items:

- Lunch that does not require refrigeration or heating
- 2 Snacks
- Water bottle
- Sunscreen, bug repellent
- Swimming suit and towel
- Sun hat and/or sunglasses

CAMP THEMES

LAKES, RIVERS, & STREAMS

Float, paddle and swim! Have fun exploring and playing in local Wisconsin lakes and waterways. No camp July 4 and 5. (Day Trip Only - Kegonsa State Park)

SURVIVAL SKILLS

Learn outdoor survival skills such as fire building, shelter building, outdoor cooking and navigation skills. (Overnight Trip - Kettle Moraine Southern Unit)

THE ULTIMATE CLIMB

Spend the week participating in rock climbing (outdoor and indoor) and hiking to beautiful vistas! No climbing or hiking experience necessary but all campers should be excited to try! (Day Trip Only - Devil's Lake State Park)

WATER PALOOZA

Swimming, paddling and water games galore! This week is all about water! (Overnight Trip - Mirror Lake State Park)

Grade	Theme	Location	Day	Date	Time	Fee	Course #
WESTSIDE							
6-9	The Ultimate Climb	Westmorland Park	M-F	6/17-6/21	9am-4pm	\$230	39078
6-9	Survival Skills	Westmorland Park	*M-W	6/24-6/26	9am-4pm	\$140	39081
6-9	Survival Skills	Westmorland Park	M-F	6/24-6/28	9am-4pm	\$270	39080
6-9	Lakes, Rivers & Streams	Westmorland Park	*M-W	7/1-7/3	9am-4pm	\$140	39084
6-9	Water Palooza	Westmorland Park	*M-W	7/8-7/10	9am-4pm	\$140	39087
6-9	Water Palooza	Westmorland Park	M-F	7/8-7/12	9am-4pm	\$270	39086
EASTSIDE							
6-9	The Ultimate Climb	Burrows Park	M-F	7/15-7/19	9am-4pm	\$230	39079
6-9	Survival Skills	Burrows Park	*M-W	7/22-7/24	9am-4pm	\$140	39083
6-9	Survival Skills	Burrows Park	M-F	7/22-7/26	9am-4pm	\$270	39082
6-9	Lakes, Rivers & Streams	Burrows Park	M-F	7/29-8/2	9am-4pm	\$230	39085
6-9	Water Palooza	Burrows Park	*M-W	8/5-8/7	9am-4pm	\$140	39089
6-9	Water Palooza	Burrows Park	M-F	8/5-8/9	9am-4pm	\$270	39088

CREATIVE ARTS CAMP

Come join Creative Arts! This camp caters to all experience-level adolescent artists. Staff lead campers through various structured art projects using diverse mediums and techniques. Beyond art, campers engage in enjoyable activities, from entertaining games, to hands-on arts and crafts, and classic camp pastimes. This camp provides a comprehensive experience beyond the basics of drawing. The unique approach includes immersive field trips, exposing campers to diverse art forms such as theater, dance, pottery and more. We strive to broaden their understanding of art, fostering an appreciation for its many facets. Join us as we embark on a creative adventure, where each camper discovers the expansive world of artistic expression.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering

Youth should bring a labeled bag/backpack with their full name on all items:

- Lunch that does not require refrigeration or heating
- 2 Snacks
- Water bottle
- Sunscreen, bug repellent

CAMP THEMES

ART AROUND YOU

What does art mean to you? Art surrounds us daily. Finding inspiration from the world around you, using traditional methods like painting, drawing and photography as well as non-traditional materials to turn the designs surrounding us into art.

ANIMAL & NATURE ADVENTURES

Animals and nature are the focus of this week, including taking field trips to the zoo, touring animal exhibits and taking nature trail walks. Campers make clay sculptures, create a detailed drawing of their favorite animal and are inspired by the world around them. No camp 7/4-7/5.



COLOR YOUR WORLD

Explore the world of color with drawing, painting, and sculpting. Using colored pencils, painting and sculpture, everything you create incorporates the colors of our world.

IMAGINE IT, CREATE IT

Release your inner creativity and bring your ideas and imagination into the world of art. By finding inspiration in the great outdoors, sampling mixed media projects, and exploring creative ways to bring your ideas to life.

ORDINARY TO EXTRAORDINARY

Variety is the spice of life and the goal of this week is to transform the ordinary into the extraordinary. Try a variety of media, including drawing and painting with rocks and other natural materials.

WORDS TO WONDERS

A picture is worth a thousand words. This week we turn words into pictures. Use your name to make abstract art, create a story, draw with words and enjoy much more.

Grade	Theme	Location	Day	Date	Time	Fee	Course #
EASTSIDE							
6-9	Art Around You	O'Keeffe	M-F	6/17-6/21	9am-4pm	\$230	39101
6-9	Color Your World	O'Keeffe	M-F	6/24-6/28	9am-4pm	\$230	39102
6-9	Animal & Nature Adventures	O'Keeffe	M-W	7/1-7/3	9am-4pm	\$138	39103
WESTSIDE							
6-9	Ordinary to Extraordinary	Hamilton	M-F	7/15-7/19	9am-4pm	\$230	39104
6-9	Words to Wonders	Hamilton	M-F	7/22-7/26	9am-4pm	\$230	39105
6-9	Imagine It, Create It	Hamilton	M-F	7/29-8/2	9am-4pm	\$230	39106

GREENHOUSE GARDEN CAMP

Come have a blast in Spring Harbor's Gardens! Campers can experience the sustainable greenhouse and learn the basics of composting, irrigation, planting and eating! Participants also learn how to pick ripe fruits and vegetables and learn to care for real live chickens. A healthy snack is prepared and cooked by the campers daily, and participants are encouraged to try the foods prepared each day.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Youth should bring a labeled bag/backpack with their full name on all items:

- Water bottle
- Sunscreen, bug repellent
- Sun hat and/or sunglasses



Grade	Location	Day	Date	Time	Fee	Course #
6-9	Spring Harbor	M-F	6/17-6/21	8:30-11:30am	\$110	39559
6-9	Spring Harbor	M-F	7/8-7/12	8:30-11:30am	\$110	39560
6-9	Spring Harbor	M-F	7/15-7/19	8:30-11:30am	\$110	39561
6-9	Spring Harbor	M-F	8/12-8/16	8:30-11:30am	\$110	39562

MIDDLE SCHOOL ON THE MOVE

Middle School on The Move is an inclusive camp for all. Weekly themes for activities allow campers to choose the sessions that match their interests. Activities are related to the theme with afternoon recreational field trips such as swimming, paddling, rope courses and visiting parks.

Youth Programs Handbooks are emailed approximately one week prior to the start of camp. Please review camp policies prior to registering.

Youth should bring a labeled bag/backpack with their full name on all items:

- Lunch that does not require refrigeration or heating
- 2 Snacks
- Water bottle
- Sunscreen, bug repellent
- Swimming suit and towel

CAMP THEMES

ART MANIA

Paint, draw, bead, tie dye and more! Visit local art museums, make your own project and learn new art techniques. Indulge your creative side and bring home your masterpieces!

ENVIRONMENTAL FUN

Learn about nature and wildlife in Madison! Explore and enjoy the outdoors through animal exhibits, parks, trails, botanical gardens and more.

FOOD RULES!!

Campers learn about different foods, nutrition, how they are grown and made! Visit local gardens and culinary programs, and make simple food. Learn about healthy and unhealthy food choices by getting the essential nutritional facts needed to live a healthy life. Come see how you can make a difference from your kitchen!

LOST IN SPACE

Learn about the vastness of space through hands-on activities, field trips, arts and crafts and more. Experience and enjoy outer space! No camp 7/4-7/5.



MAD SCIENTIST

Want to become a mad scientist? Campers do hands-on experiments and take field trips to learn why science can be fun and engaging.

MEDIA AND MUSIC MADNESS

Explore the behind-the-scenes experience of media. Learn safe and healthy ways to engage with social media sites, and visit local radio stations, theaters and museums. Learn about the art and love behind the music. Create media demonstrations and learn how to make music and media.

SUMMER SAFARI

Explore animals in the Madison area! Animal themed activities including the zoo, bird watching, nature trail walks and more!

WACKY WATER DAYS!

Learn about water and its importance to our environment. Visit and tour the local water utility companies. Visit beaches and waterparks, and meet with lifeguards. Experience clean water while having fun swimming and paddling through Wisconsin lakes and engaging in daily onsite water activities. Come experience life around water with us!

EASTSIDE

Grade	Theme	Location	Day	Date	Time	Fee	Course #
6-9	Media and Music Madness	O'Keefe	M-F	6/17-6/21	9am-4pm	\$230	40043
6-9	Mad Scientist	O'Keefe	M-F	6/24-6/28	9am-4pm	\$230	40044
6-9	Lost in Space	O'Keefe	M-W	7/1-7/3	9am-4pm	\$138	40045
6-9	Art Mania	O'Keefe	M-F	7/8-7/12	9am-4pm	\$230	40046
6-9	Environmental Fun	O'Keefe	M-F	7/15-7/19	9am-4pm	\$230	40047
6-9	Wacky Water Days!	O'Keefe	M-F	7/22-7/26	9am-4pm	\$230	40048
6-9	Food Rules!!	O'Keefe	M-F	7/29-8/2	9am-4pm	\$230	40049
6-9	Summer Safari	O'Keefe	M-F	8/5-8/9	9am-4pm	\$230	40050

WESTSIDE

6-9	Summer Safari	Hamilton	M-F	6/17-6/21	9am-4pm	\$230	39455
6-9	Food Rules!!	Hamilton	M-F	6/24-6/28	9am-4pm	\$230	39456
6-9	Lost in Space	Hamilton	M-W	7/1-7/3	9am-4pm	\$138	39457
6-9	Wacky Water Days!	Hamilton	M-F	7/8-7/12	9am-4pm	\$230	39458
6-9	Environmental Fun	Hamilton	M-F	7/15-7/19	9am-4pm	\$230	39459
6-9	Art Mania	Hamilton	M-F	7/22-7/26	9am-4pm	\$230	39460
6-9	Mad Scientist	Hamilton	M-F	7/29-8/2	9am-4pm	\$230	39461
6-9	Media and Music Madness	Hamilton	M-F	8/5-8/9	9am-4pm	\$230	39462



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PADDLING

Let us show you the beautiful lakes, rivers and waterways right out your door and beyond! MSCR has a fleet of canoes and kayaks to offer introductory paddling clinics and paddling trips. We provide instruction, lifejackets, boats and paddles. Our trips range from beginner level to advanced, with the longer trips requiring more endurance and the ability to sit in a boat for up to 4 hours. Experienced instructors teach the skills you need to navigate the water and are your guides during the trips. Best suited for ages 16+, please contact us to register a participant under 16 and anyone under the age of 18 must register with a participating adult. Request disability accommodations by contacting MSCR Inclusion Services at MSCRInclusion@madison.k12.wi.us. Advance notice may be necessary to arrange for some accessibility needs.

Adapted Paddling: Adapted equipment and experienced instructors are available to provide accommodations. Please see Paddling in the Adapted section to register for specific programs.

INTRO TO CANOE & INTRO TO KAYAK

Learn the basics to start paddling safely. These clinics give introductory information about boats, safety equipment, water safety and paddling techniques. If you've never been in a boat before, this is a great place to start!

BEGINNER PADDLING TRIPS

These are great opportunities to try a short paddling trip and build your paddling skills. Trips last no more than two hours. Choose canoe or kayak on any of these trips, if canoeing both participants must register.

DISCOVER CHEROKEE MARSH

Take a short trip through Cherokee Marsh. View local wildlife while you paddle. Meet at Cherokee Marsh, South Boat Launch.

EXPLORE WINGRA CREEK

Explore wildlife in the city paddling through Wingra Creek or Lake Monona. Meet at Olin Park Boat Launch.

**LOCAL PADDLING TRIPS**

These are great opportunities to try half day paddling trip and build your paddling skills and stamina. Trips last no more than three hours. Choose canoe or kayak on any of these trips, if canoeing both participants must register.

EXPLORE CAPITAL SPRINGS

Paddle through the Capital Springs State Recreation Area just south of Monona to paddle along the Yahara River. Meet at Lottes Park in Monona.

YAHARA RIVER ADVENTURE

Take an adventure based on the wind/water conditions for the day. We may paddle on Monona or Mendota, depending on conditions. Depart from MSCR Pontoon Boatyard, adjacent to Tenney Park.

PADDLING ADVENTURE TRIPS

Head outside of Madison with us to paddle at some stunning locations. Times listed include travel to and from location; paddling lasts up to four hours. Choose canoe or kayak on any of these trips, if canoeing both participants must register.

DISCOVER HORICON MARSH

Spend a day paddling Horicon National Wildlife Refuge, the largest freshwater cattail marsh in the US.

WANDERING THE WISCONSIN

Spend a day paddling Wisconsin's namesake river, with views of bluffs, sandbars and wildlife.

Age	Class	Location	Day	Date	Time	Fee	Course#
16+	Discover Cherokee Marsh	Cherokee Park	Sa	6/8	10am-12pm	\$21	39487
16+	Discover Cherokee Marsh	Cherokee Park	W	7/17	5-7pm	\$21	39488
16+	Discover Horicon Marsh	LaFollette High School	Sa	8/17	10am-3pm	\$27	39489
16+	Explore Capital Springs	Lottes Park	Su	7/14	1-4pm	\$25	39492
16+	Explore Capital Springs	Lottes Park	T	8/6	5-8pm	\$25	39493
16+	Explore Wingra Creek	Olin Park	Su	7/28	1-3pm	\$21	39490
16+	Explore Wingra Creek	Olin Park	T	8/13	5-7pm	\$21	39491
16+	Intro to Canoe/Kayak	Olin Park	T	6/4	4-6pm	\$16	39494
16+	Intro to Canoe/Kayak	Warner Park	Th	7/11	5-7pm	\$16	39495
16+	Intro to Canoe/Kayak	Vilas Park	Sa	8/3	10am-12pm	\$16	39496
16+	Intro to Kayak	Warner Park	W	6/12	4-6pm	\$16	39497
16+	Intro to Kayak	Vilas Park	Sa	6/15	10am-12pm	\$16	39498
16+	Intro to Kayak	Olin Park	T	6/18	4-6pm	\$16	39499
16+	Intro to Kayak	Warner Park	Su	6/23	10am-12pm	\$16	39500
16+	Intro to Kayak	Olin Park	W	7/24	5-7pm	\$16	39501
16+	Intro to Kayak	Vilas Park	Sa	8/31	10am-12pm	\$16	39502
16+	Wandering the Wisconsin	LaFollette High School	Sa	7/20	10am-3pm	\$27	39503
16+	Yahara River Adventure	Tenney Park	W	6/26	4-7pm	\$25	39504
16+	Yahara River Adventure	Tenney Park	Su	8/25	9am-12pm	\$25	39505



DRAWING & PAINTING

ACRYLIC PAINTING 1

Learn acrylic painting techniques, experiment with color and create your own meaningful still life painting. Class is best for beginners, but all levels are welcome. Materials provided.

CHARCOAL FIGURE DRAWING

Be introduced to figure drawing with charcoal. Learn how to draw the human form from a live clothed model. Grow your skills, connect with other artists and play with charcoal! A model fee will be required in addition to the class fee. Materials provided.

EXPRESSIVE DRAWING - NEW!

Using a variety of drawing materials, both familiar and unconventional, explore techniques designed to help you become more free and expressive in drawings and build skills and confidence at the same time. Exercises include both short and longer drawings as well as realistic/life and abstract drawings. Materials provided.

DRAWING 1

Using the many supplies available to artists, learn the steps to build up a finished drawing. Explore how to see light and shadow to create the illusion of 3-dimensional objects on paper. Draw from still life arrangements and photographs. Materials provided.

DRAWING - BACK TO BASICS

Get back to the basics in drawing. This class is best for novice artists who want to try a new drawing class, but open to all participants. Use items and spaces in your home as props to learn contour drawing, shading and perspective. Learn to observe and make a visual record of your own environment while learning drawing fundamentals. Materials provided.

FIGURE DRAWING

Learn to draw the human form! Working from direct observation of clothed models, use charcoal and graphite as you practice the basic skills of life drawing. All experience levels and backgrounds are welcome. Materials provided. A model fee will be required in addition to the class fee.

FAUX STAINED GLASS - NEW!

Discover the fascinating art of mimicking stained glass using paint and bring luminous, colorful designs to life - no glass required! Join us for a hands-on experience in this exclusive workshop, where participants learn the techniques of working with gallery glass paint, adding a touch of stained glass beauty to create vibrant masterpieces. Materials provided.

MIXED MEDIA - NEW!

What masterpiece is waiting to happen when you combine media such as acrylic or watercolor paint with oil pastels, chalk or collage to create your own unique artwork? Discover all of the possibilities where media exploration is the name of the game. Materials provided.

OIL PASTELS 1 - NEW!

Learn the essentials of blending and layering, both key components in mastering this medium. Dive into color theory, helping understand how to mix and match colors effectively on canvas. Precision techniques are also covered, ensuring the ability to execute both bold strokes and fine details. Materials provided.

WATERCOLOR 1

Learn to love working with watercolor by applying a few simple techniques. Class includes time for demonstrations and experimentation. Complete paintings using simple subjects and limited color. Materials provided.

WATERCOLOR STUDIO

Enjoy an afternoon of watercolor painting in a group setting. Demonstrations at each session, then work on your own projects or instructor exercises. Class is appropriate for painters who have completed Watercolor 1 or have some background knowledge of watercolor painting. Bring your own supplies. Easels available for use.

ENRICHMENT

ACTING 101

Getting cold feet? No need in this class! Focus on the fundamental tools an actor needs to perform. Work on exercises that engage the mind, voice and body, and explore the techniques that help actors perform with consistency and confidence. Spend time in class rehearsing and performing monologues and scenes from contemporary plays, as well as observing the performances of fellow participants. All levels welcome.

BRIDGE BASICS 1

Learn to play Bridge! It is a great way to challenge your mind. Class focuses on bidding but covers the basics of playing and defending the hand. This class is appropriate for those who need a refresher, those who want to learn more about bidding strategy, or beginners.

CARVE & CLOTHE - WEARABLE PRINTMAKING

Searching for one-of-a-kind clothing? Look no further! Participants explore the medium of linocut printmaking, where they draft original designs, carve them into a linocut printmaking block and transfer them onto a variety of surfaces, from tote bags to t-shirts and more. Create neat clothing and accessories to use or give as bespoke gifts!

FLY TYING - BEGINNING

Join us for a super fly class! Learn to tie flies, a type of fishing lure, sure to make local fish take the bait. Learn the basic skills of tying by tying a new type of lure at each class. Practice the technique, use creativity and use materials you have on hand to make modifications on the fly. Materials provided.

EXPLORATION IN COLLAGE

Explore a variety of collage techniques, both traditional and new. Each week a new theme and technique is offered to explore during class and beyond. Optional themes include making a self-portrait, magical realism, exploring 2-D design, abstract art and more! Materials provided.

INTRODUCTION TO TRAVEL PHOTOGRAPHY - NEW!

Explore the fundamentals of storytelling through travel imagery. Whether you're a novice with a smartphone or an enthusiast with a DSLR/mirrorless camera, this course equips you with the skills to craft compelling travel narratives through stunning photographs. There are no camera requirements; point-and-shoots, SLR and mobile phone cameras are acceptable.

MEDITATION GARDENS - NEW!

Build your own sand meditation garden. Enjoy this tactile way to bring calm and peace to your life. Arrange your landscape and use rakes and texture tools to clear your mind. Materials provided.

MINDFUL ART JOURNALS

Do you struggle with anxiety or stress in your everyday life? Learn to cultivate a mindful art journaling practice to help promote mindfulness and reduce negative thinking. Explore various art techniques and mindfulness exercises as you relax, de-stress and connect. No art experience needed. Bring a journal or sketchbook to class. All other materials provided.

RESIN ART 1

Learn the art of resin! Use silicone molds to cast resin objects like pendants, bookmarks, small plates or bowls. This class uses a low-vaper, food safe resin. Add dye, mica, glitter and other small found objects into the resin before it sets for extra pizzazz! Materials provided.

UPCYCLED JEWELRY MAKING

Turn your creativity into 'bling-credible' masterpieces! From shaping spoon rings to boho fabric bracelets and wire-wrapping gemstone pendants, shine with one-of-a-kind accessories.

Age	Class	Location	Day	Date	Time	Fee	Course#
DRAWING & PAINTING							
18+	Acrylic Painting 1	MSCR Central	T	6/18-7/23	1-3:30pm	\$84	38932
18+	Acrylic Painting 1	MSCR West	W	7/10-8/14	9:30am-12pm	\$84	38933
18+	Charcoal Figure Drawing	MSCR East	T	6/18-7/30	1-3:30pm	\$93	38945
18+	Drawing - Back to Basics	Warner Park CRC	T	6/18-7/2	9:30am-12pm	\$44	39005
18+	Drawing 1	MSCR West	Th	7/11-8/15	9:30am-12pm	\$80	39774
18+	Drawing 1	MSCR East	T	7/16-8/20	9:30am-12pm	\$80	39006
18+	Expressive Drawing	MSCR East	M	6/17-7/22	9:30am-12pm	\$80	39017
18+	Figure Drawing	MSCR Central	W	6/19-7/31	6:30-9pm	\$80	38951
18+	Mixed Media	MSCR East	M	6/17-7/22	1-3:30pm	\$80	38996
18+	Oil Pastels 1	MSCR West	Th	7/11-8/15	1-3:30pm	\$80	39016
18+	Watercolor 1	MSCR East	W	6/19-7/24	9:30am-12pm	\$84	39045
18+	Watercolor 1	MSCR Central	M	7/15-8/19	9:30am-12pm	\$84	39044
18+	Watercolor 1	MSCR West	T	7/16-8/20	6:30-9pm	\$84	39780
18+	Watercolor Studio	MSCR Central	M	7/15-8/19	1-3:30pm	\$57	39046
ENRICHMENT							
18+	Acting 101	MSCR Central	T	6/18-7/30	6-8pm	\$66	38942
18+	Bridge Basics 1	MSCR West	T	6/18-7/16	4:15-6:15pm	\$44	38941
*14+	Carve & Clothe - Wearable Printmaking	MSCR West	M	6/24-7/8	7-8:30pm	\$34	38972
18+	Exploration in Collage	MSCR East	W	6/19-7/24	6-8:30pm	\$80	38950
18+	Faux Stained Glass	MSCR Central	T	6/25-7/9	7:15-8:15pm	\$34	38998
*14+	Fly Tying - Beginning	MSCR West	Th	6/27-7/25	6-7:30pm	\$40	39014
18+	Introduction to Travel Photography	MSCR Central	Th	6/20-6/27	6:30-8pm	\$24	39058
18+	Meditation Gardens	MSCR East	F	6/21	10-11am	\$15	39051
18+	Meditation Gardens	MSCR East	F	6/21	11:15am-12:15pm	\$15	40015
18+	Meditation Gardens	MSCR West	Sa	6/29	9-10am	\$15	40016
18+	Meditation Gardens	MSCR West	Sa	6/29	10:15-11:15am	\$15	40017
18+	Mindful Art Journals	MSCR Central	Th	7/11-8/8	10am-12pm	\$63	39018
18+	Resin Art 1	MSCR East	T	8/6-8/20	6-8pm	\$52	38938
*14+	Upcycled Jewelry Making	MSCR Central	W	7/17-8/7	10:15-11:45am	\$48	39028

*These classes are open to participants 14 years and older.



FIBER ARTS

EMBROIDERY - BEGINNING

Delve into the world of delicate stitches, where you master the fundamentals of embroidery, design custom pieces using an embroidery hoop, and even add a personal touch to items you already own. Stitch your way to artistic expression, turning everyday fabric into exquisite, one-of-a-kind creations. Materials provided.

EMBROIDERY PERSONALIZATIONS - NEW!

Join us for an exploration of embroidery basics and master stitches and techniques to add a touch of personal flair to your existing pieces. From revamping clothing to customizing accessories, this hands-on class is your passport to creating one-of-a-kind, embroidered masterpieces. Bring pieces, such as clothing, accessories or fabric items to customize. This could include T-shirts, denim jackets, tote bags or any other suitable items. Materials provided.

INTRODUCTION TO EMBROIDERY - FLORAL SAMPLER - NEW!

Explore the basics of hand-stitched embroidery by creating a unique floral sampler. Learn a range of versatile stitches including satin stitch, backstitch, stem stitch, French knots and woven wheel stitch. By the end of the class, participants have a personalized floral sampler and the knowledge to create more embroidered designs. Materials provided.

WEAVING 1

Learn to weave on easy-to-use and versatile rigid heddle looms. Explore basic and complex weave structures to create beautiful handwoven items. Choose from a variety of individualized projects such as shawls, scarves, belts, vests, book bags, purses, pillows, table runners and more. Looms are borrowed and taken home between classes each week to work on projects outside of class. Loom size 24"x24"x2". Open to all skill levels. Materials provided. First 5 classes meet from 6:30-9pm.

Classes at Warner Park CRC Require a Photo ID
Please go to mscr.org for more information.

POTTERY

OPEN POTTERY STUDIO

Formerly Pottery Lab, this is a non-instructional, open studio for hobbyist potters who work independently. Must have previously taken pottery classes with MSCR to be approved and register for this course. Studio is available Monday-Friday (8 am - 5 pm) and some weekend hours. Studio times may vary due to studio location and staffing. Fee includes use of tools, firing, glaze and 25 lbs. of clay.

TAKE A SPIN

New to the pottery world? Take a spin on the wheel and get your hands dirty! Concentrate on learning how to center items on the wheel and attempt to throw a small pot. At the end of the class, choose your favorite piece to be glazed and fired. For participants who have little to no experience throwing on a wheel. Materials provided.

WHEEL 1

No clay experience required! For the person who wants to concentrate on wheel thrown pottery. Learn how to center clay and throw simple shapes like cylinders, cups and bowls. Fee includes clay, use of tools, glaze and firing.

WHEEL 2

Great course for those comfortable with wheel basics and want to improve skills as well as learn new techniques & projects. Course focuses on craftsmanship, form, handles and glazing techniques. Participants need to be comfortable with throwing, trimming, and basic glazing. Fee includes clay, use of tools, glaze and firing.

SEWING

BEHIND THE SEAMS - CARING FOR YOUR MACHINE

Go behind the seams of the world of sewing! Keep your sewing machine in the best shape possible. Learn to clean and care for your sewing machine. Participants must bring their own machine.

SEWING 1

Start from scratch and learn the basics of sewing. Begin with an overview of sewing supplies, threading the machine and fabric basics. Learn to sew straight lines and curves using different stitches to making seams and finish edges. No experience necessary. Class is appropriate for very beginners as well as people looking for a refresher. Sewing machines and all supplies provided.

SEWING 2

Apply skills learned in Sewing 1 to create basic projects working from a pattern. Participants choose their own pattern to bring to the first class. Learn how to read the pattern, pin and prep fabric and see your project through to completion. Class is appropriate for participants who have completed Sewing 1 or have basic machine sewing skills. Sewing machines provided. Supply list available at mscr.org.

SEWING ALTERATIONS

Tired of paying someone to hem your pants? Learn the basics of altering and repairing clothes, from hemming to taking in side seams and shortening straps. Class also covers basic closing split seams, repairing holes, fixing snags and more. Class is appropriate for participants who have completed Sewing 1 or have basic machine sewing skills. Sewing machines provided.

SEWING WORKSHOP - HAND APPLIQUÉ - NEW!

Using scrap quilting fabric, participants learn hand applique sewing to make a botanical scene on a garden/door hanging flag! No previous sewing experience required. Materials provided.

Age	Class	Location	Day	Date	Time	Fee	Course#
FIBER ARTS							
*14+	Embroidery - Beginning	Madison Youth Arts Center	Th	7/25-8/15	6:30-8pm	\$28	38984
18+	Embroidery Personalizations	MSCR Central	T	7/23-8/6	7-8:15pm	\$21	38986
18+	Introduction to Embroidery - Floral Sampler	MSCR West	M	6/17-7/8	6:30-8:30pm	\$57	39076
18+	Introduction to Embroidery - Floral Sampler	MSCR Central	Th	8/1-8/22	6:30-8:30pm	\$57	39074
18+	Weaving 1	MSCR Central	M	6/17-8/12	6:30-8pm	\$142	39047
POTTERY							
18+	Open Pottery Studio	MSCR West	M-F	6/17-8/6	8am-8pm	\$200	39055
18+	Open Pottery Studio	Warner Park CRC	M-Sa	6/17-8/16	8am-8pm	\$200	39027
18+	Take a Spin	MSCR West	M	6/17	6-8pm	\$26	39757
18+	Take a Spin	MSCR West	T	6/18	6-8pm	\$26	39758
18+	Take a Spin	MSCR West	W	6/19	6-8pm	\$26	39009
18+	Take a Spin	MSCR West	Sa	6/22	9:30-11:30am	\$26	39010
18+	Take a Spin	MSCR West	Sa	6/29	9:30-11:30am	\$26	39011
18+	Take a Spin	Warner Park CRC	M	8/12	6-8pm	\$26	39043
18+	Take a Spin	Warner Park CRC	T	8/20	6-8pm	\$26	39042
18+	Wheel 1	Warner Park CRC	T	6/18-8/13	5:45-7:45pm	\$190	39048
18+	Wheel 1	MSCR West	W	6/19-8/7	10am-12:30pm	\$170	39760
18+	Wheel 1	MSCR West	F	6/21-8/16	10am-12:30pm	\$170	39762
18+	Wheel 1	MSCR West	T	6/25-8/13	10am-12:30pm	\$170	39759
18+	Wheel 1	Warner Park CRC	W	6/26-8/21	5:45-7:45pm	\$190	39049
18+	Wheel 1	MSCR West	W	6/26-8/14	6:30-9pm	\$170	39761
18+	Wheel 2	MSCR West	Th	6/20-8/15	6:30-9pm	\$170	39765
18+	Wheel 2	MSCR West	M	6/24-8/12	6:30-9pm	\$170	39763
18+	Wheel 2	MSCR West	T	6/25-8/13	6:30-9pm	\$170	39764
18+	Wheel 2	Warner Park CRC	Th	6/20-8/22	5:30-8pm	\$210	39050
SEWING							
18+	Behind the Seams - Caring for Your Machine	MSCR West	T	7/16	6:30-8:30pm	\$10	39037
18+	Sewing 1	MSCR East	T	6/18-7/2	6-8pm	\$42	39030
18+	Sewing 1	MSCR West	T	6/18-7/2	6:30-8:30pm	\$42	39032
18+	Sewing 1	MSCR East	W	7/10-7/24	1-3pm	\$42	39031
18+	Sewing 1	MSCR West	T	8/6-8/20	6:30-8:30pm	\$42	39033
18+	Sewing 2	MSCR East	T	7/9-7/30	6-8pm	\$56	39035
18+	Sewing Alterations	MSCR East	W	8/7-8/21	6-8pm	\$42	39039
18+	Sewing Workshop - Hand Appliqué	MSCR West	T	7/9	6:30-9pm	\$15	39038

*These workshops are open to participants 14 years and older.



OUTDOOR CLASSES

LANDSCAPE PAINTING 2

Learn how to paint beautiful landscape pieces in acrylic! Focus on principles of composition, color mixing and color relationships, naming vs. shaping and other techniques for creating an engaging landscape. Paint plein air (out in nature), and learn how to choose engaging landscape subjects. This class is a continuation of Landscape Painting 1. Materials provided.

NEIGHBORHOOD WALKS PHOTOGRAPHY

Explore some of Madison's most beautiful green spaces with your camera. Open to people of all photographic abilities! Bring your point-and-shoots, SLRs, or even mobile phone camera. The emphasis is on using your "vision" to improve your photos.

OUTDOOR SKETCHING

Sketch the summer days at various areas of Warner Park. Learn various drawing techniques to capture outdoor scenes. Participants bring a sketchbook; all other materials provided.

SKETCHING THE CAPITOL

You may have visited the Capitol, but have you drawn it? Take a chance to learn perspective, style and texture in this drawing class. Enjoy the outdoors by sketching this magnificent building and the surrounding area. Drawing supplies are provided, but participants are encouraged to bring pastels, colored pencils or a traveling watercolor set.

WATERCOLOR 1: NATURE'S BEAUTY

In this course, revisit the basic techniques of watercolor painting. Then create a painting using the beauty found in Madison's parks. Focus on painting landscapes and nature close-up. This course is perfect for beginners or people who have had some experience with watercolors. Materials provided.

WATER, SUNSET & NIGHT PHOTOGRAPHY

Learn the tricks getting these great shots! Shoot in a different location each week, two weeks focus on shooting sunsets, shorelines and night photos from the shore. The third class takes a trip on an MSCR pontoon boat to get amazing photos on the water. Participants must bring their own camera and tripod or monopod. Each class involves some walking around parks and shores, please wear appropriate shoes.

YOGA + ART

Stretch your mind, body and creativity. Start the workshop with a gentle and reflective yoga class. Then translate your meditations into a simple, but thoughtful art project. Leave class with a refreshed mind and completed piece of art each week. All levels welcome. Materials provided. Bring your own mat.

OUTDOOR WORKSHOPS

PAINTING ON THE PONTOONS - NEW!

Paint the sights of Madison while cruising on the water! Learn watercolor painting techniques and loosen up your style while spending a morning on a pontoon boat. All levels welcome. Materials provided.

WALKING MEDITATION - TRY IT!

Learn the calming and restorative power of walking meditation during this slow-paced intentional walk through a local park. Receive a brief introduction to mindfulness and meditation practices before setting off on a short walking meditation.

Age	Class	Location	Day	Date	Time	Fee	Course#
OUTDOOR CLASSES							
18+	Landscape Painting 2	Warner Park	F	7/12-8/16	9:30am-12pm	\$84	39068
18+	Neighborhood Walks	Various Parks	Th	7/11-7/25	6-7:30pm	\$32	39062
18+	Outdoor Sketching	Warner Park	W	8/7-8/21	9:30am-12pm	\$44	39063
18+	Sketching the Capitol	State Capitol	Th	6/13-6/27	9:30am-12pm	\$44	39064
18+	Watercolor 1 Nature's Beauty	Olbrich Park	Th	7/18-8/15	9:30am-12pm	\$70	39067
18+	Water, Sunset & Night Photography	Various Parks	W	8/7-8/21	6:30-8:30pm	\$42	39066
14+	Yoga + Art	MSCR Central	F	8/2-8/16	9am-12pm	\$42	39070
OUTDOOR WORKSHOPS							
18+	Painting on the Pontoons	Tenney Boat Pier	M	6/24	9am-12pm	\$25	39060
18+	Painting on the Pontoons	Tenney Boat Pier	M	7/22	9am-12pm	\$25	39061
18+	Walking Meditation - Try It!	Elver Park	Th	7/25	10-11am	\$0	39065

WORKSHOPS**BOHO BEADED CURTAIN WORKSHOP - NEW!**

Do you consider your style boho chic? Immerse yourself in the creative process as we guide you to craft a bohemian beaded curtain, perfect for any space. Select a mesmerizing array of beads, assemble them into intricate patterns, and transform a simple curtain into a captivating masterpiece. This hands-on experience infuses a touch of boho and showcases your artistic ingenuity. Materials provided.

MEDITATIVE MANDALA INSPIRED STONES WORKSHOP

Discover the therapeutic art of meditative mandala style painting in our workshop designed for teens and adults. Take a tranquil journey as you transform ordinary stones into mesmerizing, hand-painted mandala inspired masterpieces. Explore the intricate symmetry patterns while finding inner peace. Materials provided.

SUN PRINTING CYANOTYPE CREATIONS WORKSHOP - NEW!

Did you know you could create photographs using the sun as a camera? In this workshop, experiment with cyanotype - a photographic printing process that uses sunlight to capture images. Participants use the power of the sun to craft whimsical and ethereal designs, not only on paper but also on clothing, tote bags and more. Activities are subject to change due to weather conditions. Materials provided.

WIND CHIMES WORKSHOP - NEW!

Take a melodic journey creating personalized wind chimes, turning ordinary materials into charming, musical pieces. Join us for a hands-on experience in crafting unique wind chimes that add harmony and creativity to your space. Materials provided.

YOUTH & ADULT WORKSHOPS

*14+	Boho Beaded Curtain Workshop	MSCR Central	W	7/10	10:15-11:30am	\$20	38971
*14+	Meditative Mandala Inspired Stones Workshop	MSCR Central	W	6/26	10:15-11:30am	\$15	39002
*14+	Sun Printing Cyanotype Creations Workshop	MSCR Central	W	7/3	10:15-11:30am	\$15	39021
*14+	Wind Chimes Workshop	MSCR West	M	8/5	6-7:15pm	\$20	38981

*These workshops are open to participants 14 years and older.



ENROLL TODAY!

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in MADISON

INDOOR & VIRTUAL CLASSES



ARMS & ABS

Learn a series of effective exercises to sculpt arms and strengthen abdominal muscles. Class incorporates body weight, light hand weights and high repetitions. BYOM.

BARRE FUSION - NEW!

Barre Fusion enhances your muscle tone, posture, flexibility and confidence. Move through low-impact isometric moves, cardio bursts, strength and mind-body inspired movements. Each class starts with energetic music and finishes with centering breath work. BYOM.

BARRE SCULPT

A total body barre workout that targets, shapes and defines all major muscle groups through the use of weights, resistance bands and balls. Increase strength and stamina while keeping your body strong, lean and increase flexibility with barre and floor stretches. BYOM.

BOLLYX DANCE

BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world.

CARDIO DANCE

Dance your way to fitness! This dance-based cardio class incorporates a wide variety of medium- and low-impact aerobic dance moves to a variety of high-energy beats. It's like a dance party!

CARDIO DANCE & TONING

An interval based class that includes low impact choreographed dance moves followed by full body strength training exercises. This class is a total body, heart, pumping, aerobic and strength conditioning workout. BYOM.

GENTLE FLOW & MEDITATION

This focuses on moving slowly into basic yoga poses while using the breath as a tool to remain present and mindful. The slow pace allows you to enjoy each pose. BYOM.

GENTLE YOGA FLOW

Great for those searching for a soothing gentle practice. This class focuses on moving slowly into basic yoga poses while using the breath as a tool to remain present and mindful. Expect lots of stretching and lengthening with a heavy dose of relaxation. BYOM.

HATHA YOGA I

Learn the fundamental elements of a Hatha yoga class. Benefit from increased strength and flexibility, while practicing proper body posture and alignment. Appropriate for all levels, but geared towards those new to the practice. BYOM.

HATHA YOGA II

Explore yoga positions focusing on flexibility, strength, and balance with emphasis on body awareness and alignment. BYOM.

HIIT

High Intensity Interval Training (HIIT) mixes bouts of speed, power and intensity with brief periods of rest. This workout is perfect for cardio and strength training, variety and burning calories! BYOM.

MAT PILATES

A low-impact class that strengthens muscles while improving postural alignment and flexibility. This class begins with an introduction or refresher on the fundamentals of Pilates mat work, learning and mastering the basics, then progresses through more challenging exercises. BYOM.

CLASS INFORMATION

- BYOM= Bring your own mat.
- All classes are open to beginners and participants of all fitness levels. Our instructors are trained to have options for all.

Classes at Warner Park CRC Require a Photo ID. Please go to mscr.org

PRANAYAMA

This class focuses on building a core breathing routine. Learn breathing techniques to create a regular home-practice. Pranayama practices can reduce stress, anxiety and blood pressure, and improve sleep and lung function. BYOM.

PURE STRENGTH

Build strength, add definition, increase bone density and decrease body fat by increasing lean muscle. Use a variety of weight training equipment to change the shape of your body - no muscle gets neglected! BYOM.

ROW FIT

Rowing targets every major muscle group with low-impact, high-intensity fitness gains for absolute beginners to elite athletes. Each workout combines technical instruction and interval training on Concept2 Indoor Rowers with off-rower exercises modified for all fitness levels. Off-rower work includes bodyweight exercises, dumbbells and resistance bands. Let's Row!

SMALL GROUP TRAINING

Take your training, strength and fitness goals to the next level with a small group of participants. Get the individualized attention you want and need to improve your motivation, accountability, fitness results and overall strength for a truly superior workout experience. BYOM.

STRENGTH TRAINING FOR WOMEN

This women's specific strength training class incorporates weights, kettlebells, body weight training and resistance tubing for an effective total body strength training class. BYOM.

T'AI CHI FLOW

Slow flowing movements, coordinated with the breath. Standing and seated. Focus is on mindful attention to the body in the present moment. How does it feel, what do you notice? Strengthens, aligns, gently increases flexibility and enhances balance. BYOM.

TOTAL BODY FITNESS

This class is a total body, heart pumping, aerobic and strength conditioning workout. Class combines full-body strength training with cardio bursts designed to tone your body and improve your endurance. BYOM.

WERQ

WERQ is the fiercely fun dance fitness class based on pop, rock and hip-hop music. The warm-up previews the dance steps in class, and the cool-down combines yoga-inspired static stretching and balance poses.

YIN YOGA

Yin Yoga focuses on combining long-held stretches with mindfulness meditation and breath work. Yin forms are practiced low to the ground and with the muscles relaxed, allowing the stretches to move deeper into connective tissues. Mat or towel optional. BYOM.

YOGA AMPED

Yoga Amped is a cardio-strength based class that is the perfect blend of energizing fitness and yoga postures. Cardio, strength, balance and core movements are woven into each unique class through a variety of interval training formats. By combining yoga poses and free weights with traditional strength building movements, you will challenge your muscles and mind. BYOM and athletic shoes.

YOGA FLOW

This dynamic yoga practice combines breath and movement while flowing through a series of yoga postures. Yoga Flow is perfect for active yoga, strength building and improving flexibility. BYOM.

ZUMBA

It's a party and a workout! Zumba is an aerobic dance fitness class that combines international music and movement. Zumba is perfect for cardiovascular fitness and creative movement.

INDOOR & VIRTUAL CLASSES

Age	Class	Location	Day	Date	Time	Fee	Course #
INDOOR							
18+	Row Fit	MSCR East	M	6/17-8/26	4:45-5:45pm	\$55	39283
18+	Small Group Training	MSCR East	M	6/17-8/26	5-5:45pm	\$72	39284
18+	WERQ	MSCR East	M	6/17-8/26	6-6:45pm	\$55	39290
18+	Pure Strength	MSCR West	M	6/17-8/26	5:45-6:30pm	\$55	39279
18+	HIIT	MSCR West	M	6/17-8/26	6:45-7:30pm	\$55	39278
18+	Strength Training for Women	Warner Park CRC	M	6/17-8/19	12-12:45pm	\$50	39286
18+	Hatha Yoga II	Warner Park CRC	M	6/17-8/19	5:30-6:45pm	\$45	39277
18+	Hatha Yoga I	Warner Park CRC	M	6/17-8/19	7-8pm	\$45	39276
18+	Yoga Amped	MSCR Central	T	6/18-8/27	5:30-6:15pm	\$55	40036
18+	WERQ	MSCR Central	T	6/18-8/27	6:30-7:15pm	\$55	40128
18+	Cardio Dance & Toning	MSCR East	T	6/18-8/27	5:30-6:15pm	\$50	39272
18+	Strength Training for Women	MSCR West	T	6/18-8/27	4:30-5:15pm	\$55	40130
18+	Total Body Fitness	MSCR West	T	6/18-8/27	5:30-6:15pm	\$55	39288
18+	Yoga Flow	MSCR West	T	6/18-8/13	7:15-8:15pm	\$45	39291
18+	Mat Pilates	Warner Park CRC	T	6/18-8/20	8:30-9:15am	\$40	39264
18+	Gentle Flow & Meditation	Warner Park CRC	T	6/18-8/20	5:30-6:30pm	\$45	39274
18+	Barre Fusion	MSCR Central	W	6/19-8/21	6-7pm	\$50	40119
18+	Barre Sculpt	MSCR East	W	6/19-8/28	5:15-6pm	\$45	39268
18+	Arms & Abs	MSCR West	W	6/19-8/28	5:30-6:15pm	\$55	40122
18+	BollyX Dance	MSCR West	W	6/19-8/28	6-6:45pm	\$50	39771
18+	Small Group Training	MSCR West	W	6/19-8/28	6:30-7:15pm	\$72	39285
18+	Yoga Amped	MSCR Central	Th	6/20-8/29	7:15-8am	\$50	40037
18+	Zumba	MSCR Central	Th	6/20-8/29	6-6:45pm	\$50	39772
18+	Small Group Training	MSCR East	Th	6/20-8/29	4:15-5pm	\$72	40123
18+	Pure Strength	MSCR East	Th	6/20-8/29	5:15-6pm	\$50	39281
18+	Cardio Dance	MSCR East	Th	6/20-8/29	6:30-7:15pm	\$50	39271
18+	Pranayama	MSCR East	Th	6/20-8/29	7:15-8:15pm	\$45	40039
18+	Pure Strength	MSCR West	Th	6/20-8/29	5:45-6:30pm	\$50	39280
18+	WERQ	MSCR West	Th	6/20-8/29	6:45-7:30pm	\$50	40040
18+	Arms & Abs	MSCR East	F	6/21-8/30	8:15-9am	\$45	39265
18+	Gentle Yoga Flow	MSCR West	Sa	6/22-8/24	10:30-11:30am	\$50	39275
VIRTUAL							
14+	Pure Strength	Virtual	M	6/17-8/19	7-7:45am	\$50	39311
14+	Arms & Abs	Virtual	M	6/17-8/26	8:15-9am	\$50	39304
14+	WERQ	Virtual	M	6/17-8/26	6-6:45pm	\$55	39313
14+	Yin Yoga	Virtual	M	6/17-8/26	7-8pm	\$55	39314
14+	Mat Pilates	Virtual	T	6/18-8/27	6-6:45pm	\$45	39309
14+	Zumba	Virtual	T	6/18-8/27	6-6:45pm	\$50	39317
14+	Barre Sculpt	Virtual	W	6/19-8/21	7-7:45am	\$45	39306
14+	Total Body Fitness	Virtual	W	6/19-8/28	11-11:45am	\$50	39312
14+	Pure Strength	Virtual	Th	6/20-8/29	5-5:45pm	\$45	39310
14+	Hatha Yoga II	Virtual	Th	6/20-8/29	5:30-6:45pm	\$40	39308
14+	T'ai Chi Flow	Virtual	Th	6/20-8/29	6-7pm	\$50	39773
14+	Arms & Abs	Virtual	F	6/21-8/30	8:15-9am	\$45	39305
14+	Yin Yoga	Virtual	Sa	6/22-8/24	10:15-11:15am	\$50	39315
14+	Gentle Yoga	Virtual	S	6/23-8/25	5-6pm	\$50	39307

OUTDOOR CLASSES

BICYCLING - BACK IN THE SADDLE

Build confidence in your bicycling skills. The class covers bicycle handling skills, group riding, safety and light maintenance. Have a chance to connect with other bicyclists and bicycling resources. Class offers classroom and on-the-bike sessions. Class is led by a League of American Bicyclists Certified Instructor. Fee includes materials. Bicycle and helmet required. Need access to a free adult bike? Free Bikes 4 Kidz Madison is offering a limited number of adult bikes to those who want to participate in this class. For sign up and details, reach out to Mindy Vinje at 608-204-3033 or mjvinje@madison.k12.wi.us.

BICYCLING - HAPPY TRAILS

Discover Madison area long distance trails with friends. Class meets at various area paved and gravel trails for an out and bike ride ranging 10 - 20 miles. Wisconsin trail pass required for some trails, details will be provided prior to start of class. All bike types and riders are welcome, and no one gets left behind - staff frequently check-in with participants. Class is led by a League of American Bicyclists Certified Instructor. Bicycle and helmet required. Free Bikes 4 Kidz Madison is offering a limited number of adult bikes to those who want to participate in this class. For sign up and details, reach out to Mindy Vinje at 608-204-3033 or mjvinje@madison.k12.wi.us.

BICYCLING - LET'S RIDE

This casual group focuses on fun, fitness and friendship. The pace is according to the rider's ability but no faster than 13 mph with varied routes. Hills are avoided. Rides start at five miles and gradually increase in distance over time to build endurance. All bike types and riders are welcome, and no one gets left behind - staff frequently check-in with participants. Class is led by a League of American Bicyclists Certified Instructor. Bicycle and helmet required. Need access to a free adult bike? Free Bikes 4 Kidz Madison is offering a limited number of adult bikes to those who want to participate in this class. For sign up and details, reach out to Mindy Vinje at 608-204-3033 or mjvinje@madison.k12.wi.us.

GENTLE YOGA FLOW

Great for those searching for a soothing gentle practice. This class focuses on moving slowly into basic yoga poses while using the breath as a tool to remain present and mindful. Expect lots of stretching and lengthening with a heavy dose of relaxation. BYOM.

KICKBOX CARDIO

No bags, no gloves, just a killer workout! A dynamic and explosive class that incorporates kickboxing techniques with an intense cardio workout. This class improves your endurance and cardiovascular fitness, tones muscles and shreds your abs.

LGBTQIA+ YOGA

The class is a safe place for LGBTQIA+ people; being mindful of this, everyone is welcome to participate. Come with an open heart, and get ready to relax your mind, stretch your body and meet new friends. BYOM.

PIYO

A unique class designed to build strength and gain flexibility, this class is all about energy, power and rhythm. PiYo is perfect for: core strength, improved stability, challenging yoga and Pilates choreography. BYOM.

PURE STRENGTH

Build strength, add definition, increase bone density and decrease body fat by increasing lean muscle. Use your own body weight and a limited amount of equipment to change the shape of your body - no muscle gets neglected! BYOM.

Age	Class	Location	Day	Date	Time	Fee	Course #
18+	Gentle Yoga Flow	Olbrich Park	M	6/17-8/26	5-6pm	\$45	39297
18+	Kickbox Cardio	Garner Park	T	6/18-8/27	4:45-5:30pm	\$55	39298
18+	Pure Strength	Garner Park	T	6/18-8/27	5:40-6:25pm	\$55	39301
18+	LGBTQIA+ Yoga	Tenney Park	W	6/19-8/28	5:30-6:30pm	\$45	39299
18+	Bicycling - Happy Trails	Olbrich Park	Th	6/20-8/29	10am-12pm	\$45	40042
18+	Kickbox Cardio	Garner Park	Th	6/20-8/29	4:45-5:30pm	\$50	39296
18+	Bicycling - Back in the Saddle	Demetral Park	Th	6/20-7/18	5:30-7:30pm	\$20	39293
18+	Bicycling - Let's Ride	Olbrich Park	Th	7/25-8/22	5:30-7:30pm	\$20	40041
18+	PiYo	Garner Park	Th	6/20-8/29	5:40-6:25pm	\$50	39300
18+	Pure Strength	Acewood Park	F	6/21-8/30	9:30-10:15am	\$45	39302



East Madison Little League

Tee ball, baseball and softball
for youth aged 4-14

Open to the greater Madison area

- Summer (April-July) and Fall (August-October) seasons
- Early bird registration discount and scholarships available
- No prior experience necessary
- Opportunities to join travel ball teams, partnered with Team Heat and year-around training
- Coop practices start April 15, games start May 18
- 4 fully lit fields with 8 divisions of baseball and softball

Register today at www.emll.org



BASEBALL

for ages 7-16



SOFTBALL

for girls aged 7-16

WEST MADISON LITTLE LEAGUE

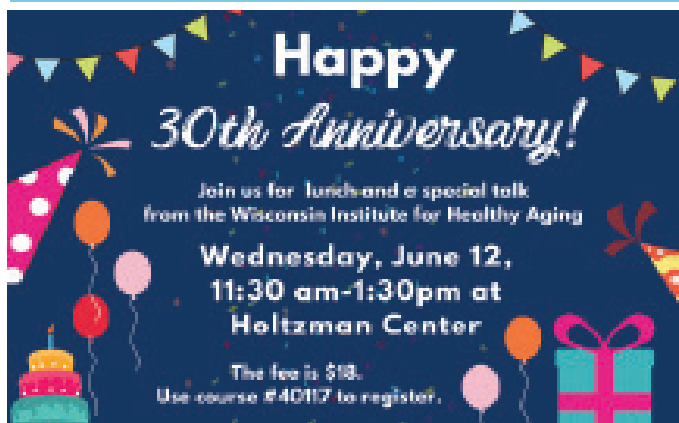
- Spring/Summer (Apr-Jun/Jul) and Fall (Aug-Oct) seasons
- Supportive environment for players of all skill levels
- Family-friendly ballpark with first-class playing fields
- Financial support available for qualifying families
- No playing experience necessary!



Visit wmll.org for more information & to register

**SPRING / SUMMER LEAGUES
FORMING NOW!**

Register by February 29 to guarantee your player a roster spot!
Later registrations are accepted if space is available.



30TH ANNIVERSARY LUNCHEON

Join MSCR staff and friends for a catered lunch and a special talk from the Wisconsin Institute for Healthy Aging.
Aging Well: An Integrated Approach to Health and Wellness Across the Lifespan

AQUA ARTHRITIS EXERCISE

These specially designed warm water exercises contribute to overall fitness and health for people with arthritis or joint pain. The class builds endurance and promotes flexibility and muscle strength.

AQUA EXERCISE DEEP WATER

This class is a great way to keep fit and flexible without impact on the hips and spine. Participants individualize their workouts to meet specific goals or limitations. Swimming skills are not required as flotation belts are used for support in deep water in the lap pool. More 18+ deep water exercise classes available in the Aquatics section of the program guide.

AQUA EXERCISE SHALLOW WATER

Enjoy an aerobic workout in cooler water. These active classes promote muscle toning, increased stamina, flexibility and strength. Flotation supports are used for resistance training. NOTE: More 18+ shallow water classes available in the Aquatics section of the program guide. See Aqua Circuit.

AQUA EXERCISE WARM WATER

These specially designed classes promote toning, increased stamina, endurance, flexibility and strength for active participants in a warm water pool. After warm-up routines, use flotation devices for resistance training, perform light aerobics and enjoy cool-down activities.

ARMS & ABS

Learn a series of effective exercises to sculpt arms and strengthen abdominal muscles. Class incorporates body weight, light hand weights and high repetitions.

BALANCE, STRENGTH & CORE STABILITY

This class focuses on exercises designed to improve core stability, balance and muscular strength using a variety of equipment. Make everyday activities easier by increasing power, agility and range of motion to stay fit and active.

BARRE SCULPT

A total body barre workout that targets, shapes and defines all major muscle groups through the use of weights, resistance bands and balls. Increase strength and stamina while keeping your body strong, lean and increase flexibility with barre and floor stretches.

BRAIN & BODY FITNESS

Do you know the steps you can take to promote your brain health? What can you do if you or someone you know is experiencing changes in memory or thinking? Join the Brain Health Team from the University of Wisconsin-Madison School of Medicine and Public Health to address these questions and more. Topics include normal age-related brain changes, conditions such as Alzheimer's disease and dementia, strategies to strengthen and protect your brain health and more!

In 1994, Irwin and Robert Goodman, of Goodman Jewelers, gifted MSCR with an endowment to establish a fitness and enrichment program area to serve older adults. The endowment is overseen by the Rotary Club of Madison, which determines the annual gift given to MSCR to subsidize our older adult programming - and that is how we came to be the Goodman Rotary 50+ Fitness program! We have grown, expanded and changed a lot since 1994, with over 8,300 enrollments in 2023 alone, but our goals remain the same. As we celebrate our 30th Anniversary, we thank you for your participation!

CARDIO DANCE

A dance-based cardio class that incorporates a wide variety of medium and low-impact aerobic dance moves to a variety of high-energy beats. There is no floor work.

CARDIO DANCE & TONING

An interval based class that includes low impact choreographed dance moves followed by full body strength training exercises. This class is a total body, heart, pumping, aerobic and strength conditioning workout. There is no floor work.

CARDIO STEP - NEW!

We are bringing back a classic! A high energy, heart pumping aerobic conditioning class that utilizes a step platform to burn calories, strengthen muscles and improve coordination and balance.

CHAIR EXERCISE

Specially designed classes include multiple components to help reduce pain and stiffness while maintaining or improving mobility, muscle strength, posture, balance and functional ability. All exercises can be performed while sitting or standing in a chair. There is no floor work.

CHAIR ONE DANCE FITNESS

A chair-based dance fitness program for anyone who has difficulty standing during a fitness class. A fun, musically driven, interactive, full body workout with dance and fitness movements. There is no floor work.

CIRCUIT FITNESS

Are you up for a fun and energetic workout? This class combines strength and cardio intervals for a fun and challenging workout.

CORE & BALANCE COMBO

Incorporates the elements of Pilates, yoga and core strength training. Class includes both standing balance exercises and mat work.

FITNESS CONDITIONING

This offers a balanced approach to exercise. Focus on posture, breathing, overall strength, endurance, flexibility, balance and coordination. Low-impact exercises to challenge a range of fitness levels. There is no floor work.

FUNCTIONAL FITNESS

Learn safe and effective exercises using light weights, bands and mat exercises. This workout focuses on improving functional performance levels. It includes movement patterns that enhance strength, agility, aerobic fitness, balance and flexibility.

GENTLE EXERCISE

This gentle class promotes balance, strength, coordination and flexibility for those with aches and pains. Breath awareness, active relaxation and stretching exercises are all included. There are both standing exercises and exercises using a chair. There is no floor work.

MINDFUL BALANCE

This introductory exercise program is designed to increase balance and decrease the risk of falling by using Asian energy meridian and chakra practices. Gentle stretches, tapping, static and dynamic balance exercises (vs. moving), are primarily from a standing position to unblock energy in tight muscles and joints. Focus and breathe mindfully as you tune into your energy systems to find balance of both body and mind. Adapted, chair-based exercises are available to meet individual needs.

Classes at Warner Park CRC Require a Photo ID
Please go to mscr.org for more information.



MINDFULNESS MOVEMENT

Based on ancient Asian energy meridian and chakra practices, gently stretch, tap, move and vibrate, to open and unblock energy in tight muscles, joints and organs. Learn how to focus, calm your mind and breathe mindfully as you tune into your energy systems. This class is a cooperative effort between MSCR and NewBridge.

PILATES

The Pilates Method is a low impact exercise that focuses on postural alignment, breath control, flexibility and strength in the upper and lower extremities. This relaxing and mindful routine requires mental focus to help improve the mind-body connection and get the most out of each movement.

PURE STRENGTH

Build strength, add definition, increase bone density and decrease body fat by increasing lean muscle. Use a variety of weight training equipment to change the shape of your body. No muscle gets neglected!

ROW FIT

Rowing is a low impact, joint-friendly exercise that targets every major muscle group while in a seated and safe position. Each class combines technical instruction and interval training on Concept2 Indoor Rowers with simple strength exercises modified for all fitness levels off the rowers.

SIMPLE STRENGTH

Learn the basics of strength training using weights, bands and various types of fitness equipment. Emphasis is on strength that also enhances balance and flexibility.

SMALL GROUP TRAINING

Take your training, strength and fitness goals to the next level with a small group of 2-8 participants. The group focuses on safely introducing active seniors to exercises that improve posture, mobility, accountability and overall strength for a truly superior workout experience. This is a comprehensive training experience specifically designed to promote healthy aging.

STRENGTH TRAINING FOR WOMEN

This women's specific strength training class incorporates weights and body weight training and resistance exercises for an effective total body strength training class.

TRX SUSPENSION TRAINING

Class combines bodyweight strength training exercises using suspension straps to develop strength, balance, flexibility and core stability simultaneously. All fitness levels welcome, as instructors offer modifications.

**LOOKING FOR AN ADVENTURE?
CHECK OUT OUR OUTDOOR PURSUITS ACTIVITIES
INCLUDING BACKYARD BUSHCRAFTS, PADDLING,
PONTON BOAT RIDES AND MORE
ON PAGES 27-31**

TAI CHI

T'AI CHI ADVANCED

This class teaches Yangjia Michuan Taijiquan (YMT), an early traditional form of T'ai Chi. Class consists of warm ups, followed by the Fan Routine and Parts I-III of YMT.

T'AI CHI ELEMENTS OF THE 24 FORMS

This introductory class focuses on improving balance, strength and flexibility using tai chi movements and various forms of qigong. The 24 Forms is among the most popular forms practiced in the world today.

T'AI CHI ELEMENTS OF THE 24 FORMS - CONTINUING

This class provides continuing instruction in the 24 Forms, as described in the introductory class. Participants may self-select this class after completing one session or more of the introductory class.

T'AI CHI FOR ARTHRITIS & FALL PREVENTION

Based on Sun Style Tai Chi for its ease of use for older adults, this form promotes strength, balance and flexibility and may reduce or prevent falls. The movements are taught using left and right sides and with turns to move forward and backward to improve mobility. TCA-FP is recommended by the CDC (US Centers for Disease Control and Prevention), the National Council on Aging (NCOA) and by multiple arthritis foundations around the world.

T'AI CHI INTRO PART 1

This beginning class gives participants a taste of relaxation and flow in T'ai Chi. Warm-ups with QiGong exercises are followed by exposure to the first half of the Beijing 24 T'ai Chi set of exercises.

T'AI CHI INTERMEDIATE

This class refines the movements of T'ai Chi Intro (Part 1 & 2). After QiGong, the class focuses on refining both individual forms and the entire Beijing 24 sequence. Beginners are encouraged to complete the Intro classes before registering for the intermediate class.

YOGA

CHAIR YOGA

A practice that modifies yoga poses so that they may be done either sitting or using chairs for support in various postures. Class incorporates an exploration of alignment, strength, balance, flexibility, breath and relaxation. Ideal for anyone with mobility or balance issues, or those just looking for a gentle practice. All are welcome, no yoga experience necessary.

GENTLE YOGA

A good fit for all ability levels, this class combines slow, gentle yoga movements and breath awareness. Class ends with quiet breathing techniques.

GENTLE YOGA FLOW

This is a more relaxed yoga practice combining gentle breathing together with flowing movement.

HATHA YOGA I

Learn the fundamental elements of a Hatha yoga class. Benefit from increased strength and flexibility while practicing proper body posture and alignment. Appropriate for all levels but geared toward those new to the practice.

HATHA YOGA II

Explore yoga positions focusing on flexibility, strength and balance, with emphasis on alignment. Designed for the more experienced student.

TRX YOGA

A yoga class that uses the TRX suspension trainer as a helping hand to make you feel safe to explore a deeper stretch and allows each pose to work for you and your body. Build strength, improve balance and coordination, increase mobility, and leave feeling rejuvenated and centered. All fitness levels welcome, as instructors will offer modifications.

YOGA FLOW

This active yoga practice combines breath and movement while flowing through a series of yoga postures.

AQUA EXERCISE CLASSES

Age	Class	Location	Day	Date	Times	Fee	Course#
50+	Aqua Exercise Shallow Water	Capitol Lakes	M	6/17-8/19	3-4pm	\$55	39324
50+	Aqua Exercise Warm Water	Capitol Lakes	M	6/17-8/19	4:15-5:15pm	\$55	39328
50+	Aqua Exercise Deep Water	Capitol Lakes	M	6/17-8/19	5:30-6:30pm	\$55	39321
50+	Aqua Exercise Warm Water	Lapham	M	6/17-8/19	2-3pm	\$51	39326
50+	Aqua Exercise Warm Water	Lapham	M	6/17-8/19	3:15-4:15pm	\$51	39327
50+	Aqua Exercise Deep Water	Capitol Lakes	T	6/18-8/20	2-3pm	\$55	39322
50+	Aqua Exercise Warm Water	Capitol Lakes	T	6/18-8/20	3:15-4:15pm	\$55	39330
50+	Aqua Exercise Warm Water	Lapham	T	6/18-8/20	2-3pm	\$51	40067
50+	Aqua Arthritis Exercise	Lapham	T	6/18-8/20	3:15-4:15pm	\$51	39318
50+	Aqua Arthritis Exercise	Capitol Lakes	W	6/19-8/21	2-3pm	\$55	39319
50+	Aqua Exercise Deep Water	Capitol Lakes	W	6/19-8/21	3:15-4:15pm	\$55	39323
50+	Aqua Exercise Warm Water	Lapham	W	6/19-8/21	2-3pm	\$51	40068
50+	Aqua Exercise Warm Water	Lapham	W	6/19-8/21	3:15-4:15pm	\$51	39329
50+	Aqua Exercise Shallow Water	Capitol Lakes	Th	6/20-8/22	3-4pm	\$50	39325
50+	Aqua Exercise Warm Water	Capitol Lakes	Th	6/20-8/22	4:15-5:15pm	\$50	39331
50+	Aqua Arthritis Exercise	Lapham	Th	6/20-8/22	3:15-4:15pm	\$46	39320
Age	Class	Location	Day	Date	Times	Fee	Course#

FITNESS CLASSES

50+	Cardio Dance & Toning	MSCR Central	M	6/17-8/19	12:30-1:30pm	\$43	39347
50+	Pure Strength	MSCR East	M	6/17-8/19	8:30-9:15am	\$33	39379
50+	Circuit Fitness	MSCR East	M	6/17-8/19	9:30-10:30am	\$43	39346
50+	Gentle Yoga Flow	MSCR East	M	6/17-8/19	10:30-11:15am	\$33	39404
50+	Cardio Dance	MSCR East	M	6/17-8/19	10:45-11:45am	\$43	39337
50+	TRX Suspension Training	MSCR East	M	6/17-8/19	12-12:45pm	\$33	39397
50+	TRX Yoga	MSCR East	M	6/17-8/19	1:15-2:15pm	\$43	39414
50+	Small Group Training	MSCR East	M	6/17-8/26	4-4:45pm	\$61	39417
50+	Core & Balance Combo	MSCR West	M	6/17-8/19	9-10am	\$43	39349
50+	Functional Fitness	MSCR West	M	6/17-8/19	9:30-10:30am	\$43	39360
50+	Gentle Exercise	MSCR West	M	6/17-8/19	10:15-11:15am	\$43	39372
50+	Functional Fitness	MSCR West	M	6/17-8/19	10:45-11:45am	\$43	39353
50+	Cardio Dance & Toning	MSCR West	M	6/17-8/19	12-1pm	\$43	40083
50+	Pilates	MSCR West	M	6/17-8/19	12:30-1:30pm	\$43	39374
50+	Fitness Conditioning	Warner Park CRC	M	6/17-8/19	9-10am	\$43	39350

Age	Class	Location	Day	Date	Times	Fee	Course#
50+	Pilates	MSCR Central	T	6/18-8/20	11am-12pm	\$43	39375
50+	T'ai Chi Intro Part 1	MSCR Central	T	6/18-8/20	12:30-1:30pm	\$43	39424
50+	T'ai Chi Intermediate	MSCR Central	T	6/18-8/20	1:45-2:45pm	\$43	39395
50+	T'ai Chi Advanced	MSCR Central	T	6/18-8/20	3-4pm	\$43	39389
50+	TRX Suspension Training	MSCR East	T	6/18-8/20	9-9:45am	\$33	39398
50+	Gentle Exercise	MSCR East	T	6/18-8/20	10-11am	\$43	39370
50+	Yoga Flow	MSCR East	T	6/18-8/20	10:30-11:15am	\$33	39409
50+	Arms & Abs	MSCR East	T	6/18-8/20	11:15am-12pm	\$33	39332
50+	Row Fit	MSCR East	T	6/18-8/20	11:45am-12:30pm	\$33	39382
50+	Pure Strength	MSCR East	T	6/18-8/20	12:15-1pm	\$33	39380
50+	Barre Sculpt	MSCR East	T	6/18-8/20	12:45-1:30pm	\$29	39335
50+	Chair Exercise	MSCR East	T	6/18-8/20	1:15-2pm	\$33	39344
50+	Hatha Yoga II	MSCR West	T	6/18-8/20	8:45-10am	\$39	39407
50+	Hatha Yoga I	MSCR West	T	6/18-8/20	10:15-11:15am	\$39	39405
50+	Cardio Step	MSCR West	T	6/18-8/20	11:30am-12:15pm	\$33	39339
50+	Gentle Exercise	MSCR West	T	6/18-8/20	11am-12pm	\$43	39367
50+	T'ai Chi Elements of the 24 Forms	MSCR West	T	6/18-8/20	11am-12pm	\$39	39391
50+	Simple Strength	MSCR West	T	6/18-8/20	1-1:50pm	\$43	39383
50+	Functional Fitness	MSCR West	T	6/18-8/20	1-2pm	\$43	39354
50+	Functional Fitness	MSCR West	T	6/18-8/20	2-2:50pm	\$43	39355
50+	Functional Fitness	MSCR West	T	6/18-8/20	3-3:50pm	\$43	39356
50+	Chair Exercise	Warner Park CRC	T	6/18-8/20	10:15-11:15am	\$43	39342
50+	Core & Balance Combo	Warner Park CRC	T	6/18-8/20	11:30am-12:30pm	\$43	40085
50+	Functional Fitness	MSCR Central	W	6/19-8/21	8:30-9:30am	\$43	39357
50+	Functional Fitness	MSCR Central	W	6/19-8/21	9:40-10:40am	\$43	39359
50+	Brain & Body Fitness	MSCR Central	W	6/19-7/17	10:30-11:45am	\$0	39416
50+	Functional Fitness	MSCR Central	W	6/19-8/21	10:50-11:50am	\$43	39368
50+	Functional Fitness	MSCR Central	W	6/19-8/21	12-1pm	\$43	39369
50+	Pilates	MSCR East	W	6/19-8/21	8:30-9:30am	\$35	39377
50+	Cardio Dance & Toning	MSCR East	W	6/19-8/21	9:30-10:30am	\$39	39348
50+	Mindful Balance	MSCR East	W	6/19-8/21	10:30-11:30am	\$43	39418
50+	Strength Training for Women	MSCR East	W	6/19-8/21	11am-12pm	\$43	39386
50+	Simple Strength	MSCR West	W	6/19-8/21	9-10am	\$43	39384
50+	Pilates	MSCR West	W	6/19-8/21	10-11am	\$43	39378
50+	Chair Exercise	MSCR West	W	6/19-8/21	10:15-11am	\$33	39340
50+	Stretch & Strength	MSCR West	W	6/19-8/21	10:30-11:30am	\$35	39427
50+	Balance, Strength & Core Stability	MSCR West	W	6/19-8/21	11:15am-12:15pm	\$43	39334
50+	Functional Fitness	MSCR West	W	6/19-8/21	5:30-6:30pm	\$43	39358
50+	Stretch & Strength	Warner Park CRC	W	6/19-8/21	9-9:45am	\$33	40116
50+	Fitness Conditioning	Warner Park CRC	W	6/19-8/21	9-10am	\$43	39351
50+	Mindfulness Movement	Warner Park CRC	W, F	6/19-8/23	10:15-11:45am	\$0	39373
50+	Pure Strength	Warner Park CRC	W	6/19-8/21	10:15-11am	\$33	40110
50+	T'ai Chi Intermediate	Warner Park CRC	W	6/19-8/21	1-2pm	\$43	39396

Age	Class	Location	Day	Date	Times	Fee	Course#
50+	Balance, Strength & Core Stability	MSCR Central	Th	6/20-8/22	10-11am	\$39	39333
50+	T'ai Chi Intermediate	MSCR Central	Th	6/20-8/22	4:45-5:45pm	\$39	39393
50+	Functional Fitness	MSCR East	Th	6/20-8/22	9-10am	\$39	39352
50+	Functional Fitness	MSCR East	Th	6/20-8/22	10:15-11:15am	\$39	39361
50+	Yoga Flow	MSCR East	Th	6/20-8/22	10:30-11:30am	\$39	39415
50+	T'ai Chi Intermediate	MSCR East	Th	6/20-8/22	1:30-2:30pm	\$39	39394
50+	T'ai Chi Intro Part 1	MSCR East	Th	6/20-8/22	2:45-3:45pm	\$39	39426
50+	Stretch & Strength	MSCR West	Th	6/20-8/22	8:15-9:15am	\$39	39388
50+	Hatha Yoga II	MSCR West	Th	6/20-8/22	8:45-10am	\$30	39408
50+	Chair Exercise	MSCR West	Th	6/20-8/22	9:30-10:30am	\$39	39341
50+	T'ai Chi for Arthritis & Fall Prevention	MSCR West	Th	6/20-8/22	9:30-10:30am	\$39	39392
50+	Hatha Yoga I	MSCR West	Th	6/20-8/22	10:15-11:15am	\$30	39406
50+	Gentle Exercise	MSCR West	Th	6/20-8/22	11am-12pm	\$39	40108
50+	T'ai Chi Elements of the 24 Forms - Continuing	MSCR West	Th	6/20-8/22	11am-12pm	\$39	39390
50+	Cardio Dance & Toning	MSCR West	Th	6/20-8/22	11:35am-12:35pm	\$39	40084
50+	Simple Strength	MSCR West	Th	6/20-8/22	1:15pm	\$39	39385
50+	Gentle Yoga	MSCR West	Th	6/20-8/22	1-2pm	\$35	39402
50+	Functional Fitness	MSCR West	Th	6/20-8/22	2-2:50pm	\$39	39362
50+	Pilates	MSCR West	Th	6/20-8/22	2:30-3:30pm	\$39	39376
50+	Functional Fitness	MSCR West	Th	6/20-8/22	3-3:50pm	\$39	39363
50+	Gentle Yoga Flow	Warner Park CRC	Th	6/20-8/22	9:15-10:15am	\$35	39401
50+	Pure Strength	Warner Park CRC	Th	6/20-8/22	10:45-11:30am	\$26	39381
50+	Chair Yoga	MSCR Central	F	6/21-8/23	10-10:45am	\$29	39400
50+	Strength Training for Women	MSCR Central	F	6/21-8/23	11am-12pm	\$39	39422
50+	Cardio Dance	MSCR Central	F	6/21-8/23	12:15-1:15pm	\$39	39336
50+	Cardio Dance	MSCR East	F	6/21-8/23	10:45-11:45am	\$39	39338
50+	Strength Training for Women	MSCR East	F	6/21-8/23	12:30-1:30pm	\$39	39387
50+	Functional Fitness	MSCR East	F	6/21-8/23	1:45-2:45pm	\$39	39366
50+	Gentle Yoga	MSCR West	F	6/21-8/23	9-10am	\$30	39403
50+	Functional Fitness	MSCR West	F	6/21-8/23	9:30-10:30am	\$39	39364
50+	Gentle Exercise	MSCR West	F	6/21-8/23	10:20-11:20am	\$39	39371
50+	Functional Fitness	MSCR West	F	6/21-8/23	10:45-11:45am	\$39	39365
50+	Chair One Dance Fitness	MSCR West	F	6/21-8/23	12-1pm	\$39	39345
50+	Chair Exercise	Warner Park CRC	F	6/21-8/23	12:30-1:30pm	\$39	39343

OUTDOOR CLASSES**BICYCLING**

League of American Bicyclists Certified Instructor leads these classes. Fee includes materials. Bicycle and helmet required.

BACK IN THE SADDLE

Build confidence in your skills. The class covers bicycle handling skills, group riding, safety and light maintenance. Connect with other bicyclists and bicycling resources. Class offers classroom and on-the-bike sessions.

LET'S RIDE

This casual group focuses on fun, fitness and friendship. The pace is according to the rider's ability but no faster than 13 mph with varied routes. Hills are avoided. Rides start at five miles and gradually increase in distance over time to build endurance. All bike types and riders are welcome, and no one gets left behind - staff frequently check-in with participants.

LET'S RIDE - INTERMEDIATE

This is a continuing &/or advanced group ride that features more miles, a little faster pace than Let's Ride Level 1. The goal is to gain independence to ride on your own. The pace is according to the rider's ability but no faster than 15 mph, with varied routes. Rides start at 12 miles and gradually increase in distance to build endurance. No one gets left behind - staff frequently check-in with all.

OUTDOOR CLASSES**HIGH CHALLENGE COURSE**

Challenge yourself to climb, swing and zipline on our high challenge course. There are lots of ways to participate, only going as high as you'd like or even keeping your feet on the ground.

NORDIC POLE WALKING

Take fitness walking to a new level by adding poles to produce an incredible upper body workout. Increase cardiovascular fitness, strengthen core, arms, back, and legs, improve balance and flexibility while taking stress off your joints. Class is geared toward the more physically fit and experienced exerciser.

PARKOUR FOR SENIORS

Travel through your world with joy and creativity! Learn balance and coordination, work on preventing falls, find more flexibility in your body and more movement options for your life! Curriculum is an evidence-based parkour program for older adults. Open to participants of all fitness levels, instructors have options for all. Class meets at Frautschi Family Accessible Playground at Warner Park but indoor spaces might be incorporated.

STRETCH & STRENGTH

This class incorporates stretching exercises to enhance flexibility and strengthening exercises to improve overall fitness.

T'AI CHI INTERMEDIATE

This class refines the movements of T'ai Chi Intro (Part 1 & 2). After QiGong, the class focuses on refining both individual forms and the entire Beijing 24 sequence. Beginners are encouraged to complete the Intro classes before registering for the intermediate class.

T'AI CHI POLE

The T'ai Chi pole form uses rounded, thrusting, retracting movements to strengthen the body as well as the mind. Develop better concentration, posture, breath and balance by using coordinated pole movements. The pole weight is 5lbs but adjustments can be made to perfect your form and build strength.

T'AI CHI QIGONG

This class involves movement coordinated with breathing. The T'ai Chi QiGong sequence involves coordinated breath movements and work on balance, flexibility and relaxation.

WALKABOUTS

A brisk walk in the great outdoors promotes physical and psychological well-being. All walks are in Madison area parks, neighborhoods and natural areas and are 2-2.5 miles in length. A detailed schedule is mailed prior to first walk.

VIRTUAL CLASSES**BALANCING ACT**

This introductory exercise program is designed to increase balance and decrease the risk of falling by using T'ai Chi movements and principles. Exercises are primarily from a standing position. Adapted chair based exercises are available to meet individual needs. There is no floor work.

CHAIR EXERCISE

Designed to help reduce pain and stiffness while maintaining or improving mobility, muscle strength, posture, balance and functional ability. All exercises can be performed while standing or sitting in a chair. There is no floor work.

CHAIR ONE DANCE FITNESS

A chair-based dance fitness program for anyone who has difficulty standing during a fitness class. A fun, musically driven, interactive, full body workout with dance and fitness movements.

FUNCTIONAL FITNESS

Learn safe and effective exercises using light weights, bands and mat exercises. This workout focuses on improving functional performance levels. It includes movement patterns that enhance strength, agility, aerobic fitness, balance and flexibility.

GENTLE YOGA

A good fit for all ability levels, this class combines slow, gentle yoga movements and breathing practices. Class ends with quiet guided awareness and relaxation.

HATHA YOGA I

Learn the fundamental elements of a Hatha yoga class. Benefit from increased strength and flexibility while practicing proper body posture and alignment. Appropriate for all levels but geared toward those new to the practice.

MEDITATION

Meditation is Easy! Join us for a straightforward easy meditation practice. We cover techniques for meditation, tools for establishing a daily meditation practice and troubleshooting your meditations. This class is for novices and seasoned meditators alike.

PURE STRENGTH

Build strength, add definition, increase bone density and decrease body fat by increasing lean muscle. Use a variety of weight training equipment to change the shape of your body - no muscle gets neglected!

SIMPLE STRENGTH

Learn the basics of strength training using weights, bands, and various types of fitness equipment. Emphasis is on strength that also enhances balance and flexibility.

STRENGTH TRAINING FOR WOMEN

This women's specific strength training class incorporates weights, kettlebells, body weight training and resistance tubing for an effective total body strength training class.

STRETCH & STRENGTH

This class incorporates stretching exercises to enhance flexibility and strengthening exercises to improve overall fitness.

T'AI CHI /CHI KUNG FOR BALANCE

Instruction in a variety of standing and moving Tai Chi/ Chi Kung practices for cultivation of physical and emotional balance, strength, flexibility, structural alignment and energy flow. Movement patterns can be modified according to individual need.

YOGA FLOW

This active yoga practice combines breath and movement while flowing through a series of yoga postures.

YOGA SUAVE EN ESPAÑOL

Una Buena opción para todos los niveles y habilidades. Esta clase de yoga combina movimientos lentos, suaves y enfoca atención en la respiración. La clase termina con técnicas de respiración suave y relajante.

Age	Class	Location	Day	Date	Time	Fee	Course#
OUTDOOR CLASSES							
50+	Bicycling - Back in the Saddle	Olbrich Park	T	6/18-7/16	12:30-2:30pm	\$22	39410
50+	Bicycling - Let's Ride	Olbrich Park	T	7/23-8/20	12:30-2:30pm	\$17	39411
50+	WalkAbouts	Various	T	6/25-8/13	9:15-10:15am	\$35	39431
50+	Stretch & Strength	Rennebohm Park	T	6/18-8/20	8:30-9:30am	\$43	39423
50+	High Challenge Course	Kennedy	T	6/18	9am-12pm	\$15	40118
50+	Parkour for Seniors	Warner Park	T	6/18-8/20	9:30-11am	\$75	39421
50+	T'ai Chi Pole	MSCR Central	W	6/19-8/21	3-4pm	\$43	39425
50+	Nordic Pole Walking	Various	W	6/26-7/31	8:30-9:30am	\$26	39419
50+	Bicycling - Let's Ride	Olbrich Park	W	6/19-8/28	9:30-11:30am	\$43	39412
50+	Bicycling - Let's Ride - Intermediate	Olbrich Park	W	6/19-8/28	12:30-2:30pm	\$43	39413
50+	T'ai Chi QiGong	Garner Park	F	6/21-8/23	10:30-11:30am	\$39	39430
50+	T'ai Chi Intermediate	Hoyt Park	F	6/21-8/23	1-2pm	\$35	39399
VIRTUAL							
50+	Pure Strength	Virtual	M	6/17-8/19	8:30-9:15am	\$33	39438
50+	Chair Exercise	Virtual	M	6/17-8/19	9:15-10:15am	\$39	39432
50+	Yoga Suave en Español	Virtual	M	6/17-8/19	10:15-11:15am	\$43	39446
50+	Functional Fitness	Virtual	M	6/17-8/19	10:30-11:30am	\$43	39434
50+	Strength Training for Women	Virtual	T	6/18-8/20	8-8:45am	\$33	39441
50+	Simple Strength	Virtual	T	6/18-8/20	9-10am	\$43	39439
50+	Yoga Flow	Virtual	T	6/18-8/20	9-9:45am	\$33	39444
50+	Gentle Yoga	Virtual	T	6/18-8/20	10:30-11:30am	\$43	39442
50+	Chair One Dance Fitness	Virtual	T	6/18-8/20	12:15-1pm	\$39	39433
50+	Meditation	Virtual	T	6/18-8/20	1-2pm	\$35	39436
50+	T'ai Chi /Chi Kung for Balance	Virtual	T	6/18-8/20	1-2pm	\$43	39428
50+	Pure Strength	Virtual	W	6/19-8/21	3-4pm	\$43	39437
50+	Simple Strength	Virtual	Th	6/20-8/22	9-10am	\$39	39440
50+	Functional Fitness	Virtual	Th	6/20-8/22	9:30-10:30am	\$39	39435
50+	Yoga Flow	Virtual	Th	6/20-8/22	10:30-11:30am	\$39	39445
50+	Balancing Act	Virtual	Th	6/20-8/22	1-1:45pm	\$29	39429
50+	Hatha Yoga I	Virtual	Th	6/20-8/22	4:15-5:15pm	\$30	39443

THANKS TO OUR MSCR CONTRIBUTORS & DONORS

CONTRIBUTORS

American Family
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Division
Dane County
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Mary Palmer
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Mary Tatge



AGE

18 years and older (16 for summer softball). High school students are not eligible for adult fall volleyball or adult fall basketball leagues.

FEES

Cover the cost of officials, facilities, awards, equipment, scorer-timers and league administration. All games for a given league are played on the same night of each week. Teams self rate their skill level and are placed in a league of comparable ability, whenever possible. Teams play a double round robin schedule unless it is a short season (five games for fall softball, fall basketball and winter volleyball), with the first round winner playing the second round winner for the league championship. Maximum participation, low key, fun, yet competitive with a good time for all!

GENDER

MSCR recognizes that not all individuals identify with the gender assigned at birth or may identify as a gender other than male or female. Participants are encouraged to register for programs based on the gender with which they identify. All gender leagues are offered with the intent of teams having a mix of genders included on the team.

RESIDENCY

50 percent of the team roster must reside within the Madison Metropolitan School District.



Age	Sport	Registration	Late Registration	Play
16+	Summer Softball	March 18 - April 7	April 8-14	May 10 - August
16+	Summer Kickball	April 1 - 21	April 22 - 28	May 22 - August
18+	Fall Softball	July 1 - 21	July 22-28	September 3 - October
18+	Fall Volleyball	July 15 - August 4	August 5-11	September 9 - November
18+	Fall Basketball	August 5 - 25	August 26 - September 2	September 30 - November 1

REGISTRATION

Online team registration through mscrsportsleagues.org

SUMMER SOFTBALL

Season begins May 10, 2024 and runs through early August. Games are played across Madison at city parks. All gender, women's and men's slow pitch leagues and a women's fast pitch league. No games on May 24, May 27, July 3, July 4 and July 5.

SUMMER KICKBALL

Season begins May 22, 2024 and runs through mid-August. Leagues play at Olbrich. Leagues are all gender and recreational. Season format is dependent on the number of teams in the league. There is a minimum of 9 weeks. No games on July 3.

FALL SOFTBALL

Begins September 3 and runs through early October. Leagues play at Olbrich and Goodman. These are slow pitch leagues for men, women and all gender divisions.

FALL VOLLEYBALL

10 week season begins September 9 and runs through mid-November. This is a traditional 6v6 league with power and intermediate divisions. We have leagues for men, women and all gender. Officials and all game equipment are provided.

FALL BASKETBALL

A short season with limited availability. Great way to get in shape for the winter season! Season begins week of September 30 and runs through the first week of November. Men, women and all gender leagues are available.

WANT TO JOIN A TEAM? JOIN OUR FREE AGENT LIST

If you want to join MSCR Sports Leagues, go to mscrsportsleagues.org and click on Free Agent Sign Up. Complete the form and submit. We make your name available to managers seeking players.

No fees are charged until you join a team.

For more information contact asld@madison.k12.wi.us or call 608-204-3024.

SPORTS OFFICIALS NEEDED!

Call 204-3024 or email asld@madison.k12.wi.us if you enjoy sports and want part-time work.

MSCR hires officials
(must be 18 years of age)
for all adult sports leagues.

Officiating schools are offered for volleyball, basketball and softball. Officials are needed at a variety of levels, from elementary-aged students to adult leagues. To qualify, applicants should possess some knowledge of the game and/or have played the game. You do not need to have officiated previously or have coaching experience. We have found that passionate players with good people skills can make very good officials after a little training. This school trains officials in the rules and regulations as well as focuses on the mechanics and communication between officials.

MSCR Officials Schools - Intro to Softball Umpiring Training

18+ La Follette Aux Gym W 4/17 6:15-9pm 38816

No fee but registration is recommended.

NON-LEAGUE

INDOOR

BOCCE

Bocce is a popular Italian game where players roll a bocce ball closest to the target ball. Learn the rules and then further develop your skills of this great ball sport on our indoor bocce courts. All skill levels welcome. Bocce balls are provided.

PICKLEBALL BEGINNER

If you have been wondering about pickleball or have been playing but have never had a structured class, this is the class for you. We cover the basics of the game moving up through basic strategy. By the end of the first two classes, you will be able to play a basic game. Refine skills throughout the session through playing and coaching. Some paddles are available. Skip 7/4.

PICKLEBALL INTERMEDIATE

Intermediate players should understand core game rules and be able to serve, sustain a basic rally and keep score. While some coaching is available, this is not a beginners session. Some paddles are available.

PICKLEBALL INTERMEDIATE 50+

Want to play Pickleball with other people 50+ years old? Intermediate players should understand core game rules and be able to serve, sustain a basic rally and keep score. While some coaching is available, this is not a beginners session. Some paddles are available. Skip 7/4.

PICKLEBALL INTERMEDIATE OPEN PLAY

Intermediate players should understand core game rules and be able to serve, sustain a basic rally and keep score. Players rotate in and out when a game ends so everyone has a chance to play with multiple partners during each class. This class is not for beginners because there is no coaching available. Some paddles are available. Skip 7/4.

VOLLEYBALL OPEN PLAY 50+

Want to play volleyball with other people 50+ years old? Open play volleyball is for beginner to intermediate players with no skill level required. Volleyballs are provided.



OUTDOOR

PICKLEBALL BEGINNER

If you have been wondering about pickleball or have been playing but have never had a structured class or need a refresher, this is the class for you. We will cover the basics of the game moving up through basic strategy. By the end of the first two classes, you will be able to play a basic game. Refine skills throughout the session through playing and ongoing coaching. Some paddles are available for use.

PICKLEBALL ADVANCED BEGINNER

This class is appropriate for players who have taken a beginner pickleball class and have playing experience. Should be able to play games, keep score, sustain short rallies, know the two-bounce rule. Players should know where to stand on the court during service, serve receive and general play. This class builds on the skills developed at the beginner level. This includes instruction, drills and periods of game play. Some paddles are available. Skip 7/4.

PICKLEBALL INTERMEDIATE

Intermediate players should understand core game rules and be able to serve, sustain a basic rally and keep score. While some coaching is available, this is not a beginner's session. Some paddles are available.

Age	Class	Location	Day	Date	Time	Fee	Course#
INDOOR							
18+	Bocce	MSCR West	W	6/12-7/31	6:45-8:15pm	\$32	40081
18+	Pickleball Beginner	MSCR West	M	6/10-7/29	6-8pm	\$48	40073
18+	Pickleball Beginner	MSCR West	Th	6/13-8/8	6-8pm	\$48	40074
18+	Pickleball Intermediate	MSCR West	T	6/11-7/30	6-8pm	\$32	40075
18+	Pickleball Intermediate Open Play	MSCR West	M	6/10-7/29	1-3pm	\$32	40078
18+	Pickleball Intermediate Open Play	MSCR West	T	6/11-7/30	1-3pm	\$32	40079
18+	Pickleball Intermediate Open Play	MSCR West	Th	6/13-8/8	1-3pm	\$32	40080
50+	Pickleball Intermediate 50+	MSCR West	T	6/11-7/30	9:30-11:30am	\$32	40076
50+	Pickleball Intermediate 50+	MSCR West	Th	6/13-8/8	9:30-11:30am	\$32	40077
50+	Volleyball Open Play 50+	MSCR West	F	6/14-8/9	12-2pm	\$32	40082
OUTDOOR							
18+	Pickleball Beginner	Door Creek Park	M	6/10-7/29	6-8pm	\$48	39464
18+	Pickleball Beginner	Tenney Park	W	6/12-7/31	6-8pm	\$48	39465
18+	Pickleball Advanced Beginner	Door Creek Park	T	6/11-7/30	6-8pm	\$40	39463
18+	Pickleball Advanced Beginner	Door Creek Park	Th	6/13-8/8	6-8pm	\$40	40060
18+	Pickleball Intermediate	Garner Park	M	6/10-7/29	6-8pm	\$32	39466
18+	Pickleball Intermediate	Tenney Park	T	6/11-7/30	6-8pm	\$32	39467
18+	Pickleball Intermediate	Door Creek Park	W	6/12-7/31	6-8pm	\$32	39468
18+	Pickleball Intermediate	Garner Park	W	6/12-7/31	6-8pm	\$32	39469

TENNIS**BEGINNER**

Introductory class covering the basics of gameplay, rules, hand-eye coordination and basic strokes. Emphasis on ball contact and keeping the ball in play.

INTERMEDIATE

For players with previous tennis experience. Continued development of tennis fundamentals, while incorporating more advanced techniques such as lobs and volleys. Emphasis on skill refinement and strategy development.

OPEN PLAY

Matches are set up based on ability and number of participants. This is not league play; no standings are kept. Previous tennis experience strongly recommended as there is no coaching or instruction available.

OPEN PLAY DOUBLES

Matches are set up based on ability and number of participants. This is not league play; no standings are kept. Previous tennis experience strongly recommended as there is no coaching or instruction available.

**USTA PACKAGE - NEW!**

New for summer 2024, we have add-on tennis equipment packages! A tennis racquet and two cans of tennis balls are included. Purchase at mscr.org, see below.

TENNIS WEATHER POLICY

In the event of inclement weather, instructors determine if lessons are canceled; cancellations are determined on a class-by-class basis. Participants receive an email and/or robocall in case of a cancellation. No makeup classes are held; if a class session is canceled, participants are compensated accordingly. If you have any questions, please call 608-204-3026.

Day & Date	Time	Age	Class	Fee	Course #
LA FOLLETTE HIGH SCHOOL					
Mon 6/17-8/5	6-7pm	18+	Beginner	\$56	39945
	6-8:15pm	18+	Open Play	\$48	39947
	7:15-8:15pm	18+	Intermediate	\$56	39946
Tues 6/18-8/6	6-7pm	18+	Intermediate	\$56	39950
	6-8:15pm	18+	Doubles	\$48	39952
	7:15-8:15pm	18+	Beginner	\$56	39951
Wed 6/19-8/7	6-7pm	18+	Intermediate	\$56	39955
	6-8:15pm	18+	Doubles	\$48	39957
	7:15-8:15pm	18+	Beginner	\$56	39956
Thurs 6/20-8/8 Skip 7/4	6-7pm	18+	Beginner	\$49	39960
	6-8:15pm	18+	Open Play	\$42	39962
	7:15-8:15pm	18+	Intermediate	\$49	39961

Day & Date	Time	Age	Class	Fee	Course #
MEMORIAL HIGH SCHOOL					
Mon 6/17-8/5	6-7pm	18+	Beginner	\$56	39985
	6-8:15pm	18+	Open Play	\$48	39987
	7:15-8:15pm	18+	Intermediate	\$56	39986
Tues 6/18-8/6	6-7pm	18+	Intermediate	\$56	39990
	6-8:15pm	18+	Doubles	\$48	39992
	7:15-8:15pm	18+	Beginner	\$56	39991
Wed 6/19-8/7	6-7pm	18+	Intermediate	\$56	39995
	6-8:15pm	18+	Doubles	\$48	39997
	7:15-8:15pm	18+	Beginner	\$56	39996
Thurs 6/20-8/8 Skip 7/4	6-7pm	18+	Beginner	\$49	40000
	6-8:15pm	18+	Open Play	\$42	40002
	7:15-8:15pm	18+	Intermediate	\$49	40001

WEST HIGH SCHOOL

Mon 6/17-8/5	6-7pm	18+	Beginner	\$56	39965
	6-8:15pm	18+	Open Play	\$48	39967
	7:15-8:15pm	18+	Intermediate	\$56	39966
Tues 6/18-8/6	6-7pm	18+	Intermediate	\$56	39970
	6-8:15pm	18+	Doubles	\$48	39972
	7:15-8:15pm	18+	Beginner	\$56	39971
Wed 6/19-8/7	6-7pm	18+	Intermediate	\$56	39975
	6-8:15pm	18+	Doubles	\$48	39977
	7:15-8:15pm	18+	Beginner	\$56	39976
Thurs 6/20-8/8 Skip 7/4	6-7pm	18+	Beginner	\$49	39980
	6-8:15pm	18+	Open Play	\$42	39982
	7:15-8:15pm	18+	Intermediate	\$49	39981

USTA EQUIPMENT PACKAGES NEW!

Includes racquet and two cans of balls. Purchase at mscr.org
For guaranteed delivery by June 17, please register by May 19.

Session	Dates	Fee	Course #
Monday	6/17-8/5	\$45	40011
Tuesday	6/18-8/6	\$45	40012
Wednesday	6/19-8/7	\$45	40013
Thursday	6/20-8/8	\$45	40014



Half and full day
options

STEM summer camp
for ages 6-12

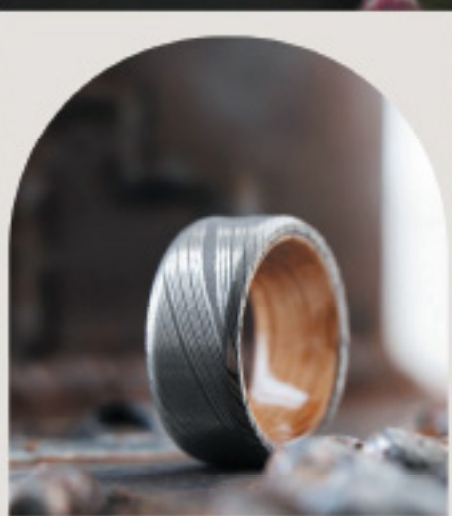
Hands-on
exploration

STEM Summer Camp

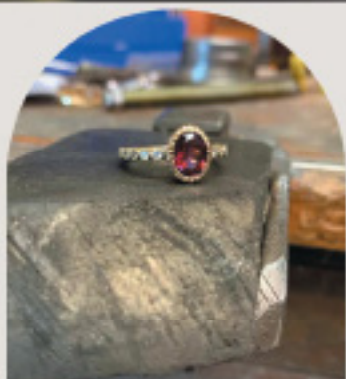
Sign up for a summer of STEM exploration: **Minecraft, LEGO robotics, 3D printing, video game coding**, and more. Located in Middleton.



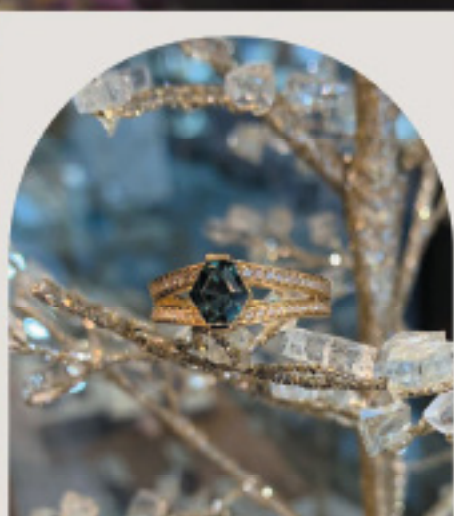
Learn more at badgerbots.org/camps-classes



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The mission of Madison School & Community Recreation (MSCR) Inclusion Services is to enhance the quality of life for individuals with disabilities in the Madison Metropolitan School District, and for the community, by providing recreation and enrichment opportunities year-round that are accessible to all. MSCR is committed to an inclusive approach to recreation and will provide reasonable accommodations to enhance program participation without fundamentally altering a program.

WHAT IS THE INCLUSIVE APPROACH TO RECREATION?

Inclusion means individuals with and without disabilities participate together in the same way, in the same place and enjoy the same benefits.

The ADA (Americans with Disabilities Act of 2008) defines a person with a disability as a person who has a physical or mental impairment that substantially limits one or more major life activities. This includes people who have a record of such an impairment, even if they do not currently have a disability. It also includes individuals who do not have a disability but are regarded as having a disability.

In addition to the above criteria, MSCR recognizes anyone receiving Special Education Services/504 Plans as a person with a disability.

WHAT ARE THE ELIGIBILITY REQUIREMENTS?

Inclusion services are free and available upon request. Requirements for inclusion in a program or activity are the same as those for a person without a disability.

- Meets age requirement
- Is registered
- Adheres to behavior expectations, with or without reasonable accommodations
- Voluntarily participates in registered activity, with or without reasonable accommodations
- Meets any other essential eligibility requirements for a specific activity

WHAT ARE REASONABLE ACCOMMODATIONS?

Reasonable accommodations are modifications based on an individual's abilities and needs, to promote successful participation. Reasonable accommodations can include, but are not limited, to the following:

- Activity modifications that do not fundamentally alter the nature of the program
- An enhanced staff to participant ratio
- Behavior support plans
- Sign language interpreters
- Adapted equipment
- Alternate or accessible transportation, when transportation is provided for all participants
- Removal of architectural barriers
- Additional staff training

WHAT ARE THE LIMITATIONS OF INCLUSION SERVICES?

MSCR provides reasonable accommodations for inclusion. Some accommodations, due to the activity or the environment in which the activity is conducted, may not be reasonable and thus there is no guarantee they will be provided. Examples of accommodations that are not guaranteed include:

- Individualized therapy or programming
- Provision and/or purchasing personal, custom devices or equipment
- Hiring or placement of a specific person as support staff
- Services of a personal nature such as toileting, feeding and dressing

Recreation Inclusion Staff are not provided for non-structured non-registered programs i.e. open gym, open swim, drop-in program, or child+adult or family activities, though other reasonable accommodations will be discussed.

WHO DOES MSCR HIRE?

MSCR hires Recreation Inclusion Staff to enhance staff to participant ratios. MSCR makes every effort to hire diverse staff that have experience and an interest in working with people with disabilities.

HOW CAN YOU ACCESS SERVICES?

- When you register, mark YES in the Require Accommodations section of the online or paper Registration Form and indicate the potential accommodations needed.
- Complete the Online Participant Profile Form or print this form at mscr.org and return to MSCR, 328 E Lakeside St, Madison, WI, 53715.
- Upon receipt of the necessary documents, MSCR's Inclusion Services Staff review your request and work with you to establish an individualized inclusion plan.

BY REQUESTING INCLUSION SERVICES, I UNDERSTAND THAT:

- MSCR must be provided with the most current information to assist in providing accommodations to meet the participant's needs.
- Reasonable accommodations may assist the participant in meeting activity rules/expectations, but does not exempt them from following those expectations.
- If the participant's behavior presents clear or imminent risk to themselves or others, MSCR may unenroll the participant from the activity.
- Inclusion services are not designed for therapeutic or 1:1 care.
- We request at least 2 weeks to plan and secure reasonable accommodations. In some cases reasonable accommodations may take longer. All attempts will be made to accommodate the needs of all participants. However, due to staffing constraints and/or capacity limits of the requested activity, registrations or accommodations may be limited. If so, other options (days, times, locations) may be discussed.

Jason Busack

Inclusion Services Specialist
Supports East and La Follette regions,
Allied Learning Center, Outdoors, Sports and Aquatics programs
Email: jbbusack@madison.k12.wi.us
Office Phone: 608-204-4586 Cell Phone: 608-622-6927

Jill Jaworski

Inclusion Services Specialist
Supports West and North regions,
Meadowood Neighborhood Center, Fitness and Arts programs
Email: jjaworski1@madison.k12.wi.us
Office Phone: 608-204-3043 Cell Phone: 608-228-2087



Online:
Register for most MSCR
activities at mscr.org



Mail:
MSCR Central,
328 E Lakeside Street,
Madison, WI 53715



Email:
mscr@madison.k12.wi.us



Fax :
608-204-0557



Registration opens Monday, March 11 at 12pm
for residents of the Madison Metropolitan School District.
Non-residents may register
beginning Monday, March 25 at 12pm.

1. Complete the Registration Form on page 57. All members of a household may register for multiple classes on one form. Or register at mscr.org, all customers must create an account prior to registering online. All fees include appropriate sales tax.
2. Include first and alternate choice where applicable. If your first choice is full, we will try your alternate choice. If both choices are full, your fee will be returned and you will be added to the waitlist.
3. Make check or money order payable to MSCR. Visa and MasterCard also accepted.
4. Receipts are emailed, unless a stamped, self-addressed envelope is enclosed. Please verify that your email address is correct.
5. Return to MSCR one of four easy ways: email, mail, drop off or fax.

**ALL NEW CUSTOMERS MUST CREATE AN ACCOUNT
IN ADVANCE TO REGISTER ONLINE AT MSCR.ORG**

REFUND POLICY

Participants who request to withdraw from a program a minimum of 7 days prior to the start of the program will receive a full refund minus a \$5 service charge per transaction. In lieu of a refund, a customer can request a credit on their MSCR account to avoid the \$5 processing fee. No refunds or credits will be issued with less than 7 days advance notice. All requests to withdraw and for refunds must be made in writing.

Full refunds are issued if MSCR cancels a program. No refunds or credits are issued for individual missed classes.

CANCELLATIONS

In the event of severe weather, please check mscr.org or call 608-204-3044 for program cancellations. MSCR may cancel programs due to severe weather, facility conflicts, staff illness or other unforeseen circumstances. In the case MSCR cancels a class and is unable to make it up, a credit will be issued to the customer account. When a customer misses a class no credit is provided.

PROGRAMS AT WARNER PARK COMMUNITY RECREATION CENTER (WPCRC)

WPCRC ID Cards are required for programs at Warner Park Community Recreation Center. Please go to mscr.org for the form. Annual WPCRC ID card fees are \$5 for an individual and \$10 for a family (families of more than 4 pay \$3 per person). Non-residents of the City of Madison pay \$15 for an individual and \$25 for a family ID. Please call 608-245-3670 for more information. MSCR does not give discounts for WPCRC members.

CUSTOMER PRIVACY STATEMENT

For the privacy and protection of our participants, we only disclose participant information to individuals listed on the individual or family account.

FEE ASSISTANCE

MSCR program fees may be partially or fully waived upon request for youth meeting criteria for free or reduced price school meals and adults with income at or below 185% of Federal Poverty Level. Fee assistance is available only to MMSD residents. Participants are encouraged to pay a partial fee when possible. Complete the Fee Assistance Request on the reverse of the Registration Form to apply. Fee assistance requests must accompany the Registration Form and are not granted after registration is processed.

GENDER

MSCR recognizes that not all individuals identify with the gender assigned at birth or may identify as a gender other than male or female. Participants are encouraged to register for programs based on the gender with which they identify.

INFORMACIÓN EN ESPAÑOL

Las guías de programación de MSCR en español están disponibles en las escuelas de Madison en las oficinas de los especialistas bilingües o en la oficina principal. También puede buscarlas en la oficina de MSCR o en el Centro Comunitario Warner. Hay también una versión digital disponible, visite: mscr.org. Para mayor asistencia, comuníquese con el asistente bilingüe al 608-204-3057.

LAW REGARDING CONCUSSION PREVENTION

MSCR is required by Wisconsin Law to provide information regarding Concussions and Sudden Cardiac Arrest to all participants, and their guardians, involved in youth sports activities. Please review the information at the following links or by searching Concussion Information on our website at mscr.org.

<https://www.wiaawi.org/Portals/0/PDF/Health/Concussion-SuddenCardiacArrest-InfoSheet2022.pdf>,

You will be asked to acknowledge receipt at the time of registration. If you need assistance accessing this information, please contact the MSCR office.

INSURANCE

MSCR does not provide individual accident insurance for participants.

MISSED PROGRAMS

Programs missed for individual participant absences (i.e. schedule conflict, vacation, etc.) are not made up, are not eligible for a refund or credit, nor may participants attend a program other than the one in which they are registered. Refunds or credits are not issued for participant absences.

NON-DISCRIMINATION STATEMENT

MSCR does not discriminate on the basis of religion, race, creed, color, national origin, ancestry, age, sex, physical appearance, marital status, sexual orientation, gender identity, gender expression, disability, arrest or conviction record, membership in the national guard, state defense force, or any reserve component of the military forces of the United States or this state, political belief, less than honorable discharge, source of income or the fact that an individual is a student.

REGISTRATION POLICIES

Please register at least two weeks prior to the start of the program. Many programs fill rapidly, however, programs that do not meet minimum enrollment may be cancelled. MSCR does not accept registrations or reservations over the phone. Only registered customers are allowed to participate. Instructors do not accept registration forms at the program site.

RESIDENCY

A resident resides at an address within the Madison Metropolitan School District (MMSD); a resident also includes a student who does not reside at an address within the MMSD, but attends school in the MMSD under the Madison School Board's Open Enrollment Policy. Non-residents pay 50 percent more than the listed fees except for programs with a different pricing structure.

SERVICES FOR PEOPLE WITH DISABILITIES

MSCR welcomes individuals with disabilities to participate in any program. We provide reasonable accommodations in compliance with the Americans with Disabilities Act (ADA). Please see page 54 for more information on MSCR's Inclusion Services.

WAIT LIST

If a program is full, you can add your name to a waiting list. You will be contacted if an opening becomes available for that program or if additional programs are added. If we do not hear back from you, your space will be given to the next customer on the waiting list. If you do not want to be placed on the waiting list, click the Remove button that appears on the Shopping Cart screen. Please Note: Placement on a waiting list does not guarantee a space in the program. It is recommended that you choose another program with space.

Camps Supplemental Information Form

You are welcome to complete one form for multiple children from the same household. Please indicate any differences as needed. All information will be able to be reviewed or updated at camp during drop-off. Items with a * are required.

Participant Name(s)*: _____

Guardian 1 Name*: _____ Guardian 1 Cell Phone*: _____

Guardian 1 Email Address: _____ Guardian 1 Alt. Phone: _____

Guardian 2 Name: _____ Guardian 2 Cell Phone: _____

Guardian 2 Email Address: _____ Guardian 2 Alt. Phone: _____

Emergency Contact Name*: _____ EC Cell Phone*: _____
[and relationship to the participant(s)]

Other Adults Authorized to Pick Up Participant(s) from Program*: _____

Participant(s) may check themselves out at the end of program to walk or bike home: YES NO

Health Insurance Provider: _____ Group / Subscriber Number: _____

Hospital Preference: _____ Doctor's Name: _____

Other information we should know about your child(ren): _____

Participation Agreement

By registering for MSCR youth programming, I hereby understand and agree to the following:

1. My child(ren) and I will adhere to MSCR rules and procedures.
2. I have read the Youth Programs Policy Handbook and I am aware of MSCR policies, procedures and guidelines.
3. I have read the Participant Expectations of Behavior and am aware that MSCR staff will use these guidelines when working with participants and families to resolve any behavior issues.
4. My child and I will treat all MSCR participants, staff, volunteers and families with respect and dignity in language, attitude, behavior and mannerisms regardless of race, creed, color, gender, sexual orientation, gender identity or ability.
5. I will provide MSCR with current information regarding my child's address, phone number, medication, disabilities, swimming abilities and any other relevant information that will enable MSCR staff to serve my child in the best possible manner.
6. I hereby give permission for MSCR to take or transport my child(ren) on supervised field trips during program hours.
7. All children must leave the building at the close of the program. Guardians are responsible for their children at closing time.
8. I hereby grant permission for MMSD/MSCR staff to share with each other any information or records regarding my child. This includes the ability of MMSD school staff to disclose to MSCR staff pupil records or information related to disability status, health conditions and behavioral concerns for the purpose of providing appropriate accommodations and supports in MSCR youth programming.
9. MSCR/MMSD staff have my permission to assist my child in the application of sunscreen and/or insect repellent prior to outdoor activities. It is my understanding that children are required to bring both sunscreen and insect repellent for use during MSCR programs. Children should come to their program in the morning with sunscreen already applied.
10. If emergency medical care is deemed necessary and I am unable to be reached, MSCR staff is authorized to act in my child's behalf in granting permission for my child to receive emergency treatment or surgery.

Guardian Signature: _____

Date: _____

MSCR Registration Form

Madison School & Community Recreation Office: MSCR Central, 328 E. Lakeside St., Madison, WI 53715. Phone: 608-204-3000 Fax: 608-204-0557 Email: mscr@madison.k12.wi.us

(Head of Household) Last Name		First Name		Birth Date (mm/dd/yy)		Does the participant require an accommodation or special assistance due to a disability? If so, please explain.	
Street Address		City		State		Zip	
Email (Required for registration confirmation OR send a stamped, self-addressed envelope) *I agree to receive MSCR promotional email							
Primary Phone		Cell Phone		Are you an MMUSD resident? (Check one) Yes ___ No ___ Non MMUSD residents pay 50% more. See the Policy Page.		Do you have any medical conditions or concerns of which our staff need to be aware? (Asthma, Allergies, etc.)	
Emergency Contact Name		Emergency Contact Phone					

Participant's Full Name	Gender *See page 55.	Date of Birth mm/dd/yy	Grade 2024-2025	Race (see below)	Choice	Program Title	Location	Start Date	Start Time	Course #	Fee	*Fee Assistance Request
					1st							
					Alternate, if any							
					1st							
					Alternate, if any							
					1st							
					Alternate, if any							
					1st							
					Alternate, if any							
					1st							
					Alternate, if any							

*Must complete form on back.

Race: Please indicate above using corresponding number: (Optional)

1. American Indian or Alaskan Native
2. Asian
3. Black or African American
4. Native Hawaiian or Other Pacific Islander
5. Hispanic
6. White
7. Multiracial

Payment (check all that apply) ___ Cash ___ Check # _____ (Payable to MSCR) ___ Credit Card MasterCard or Visa Only

☐ I am requesting a Payment Plan (campus Only)

Credit Card Number:

Name as printed on card: _____ Three Digit Code

Payment Amount \$ _____ Authorized Signature: _____ Expiration Date:

- ☐ Youth Sports Participants:
I acknowledge receipt of Concussion & Sudden Cardiac Arrest Information (page 64).
- Fee Total \$ _____

Donation \$ _____

Total \$ _____

Liability Waiver - Signature Required for Participation

By registering or participating, the registrant understands that individual accident insurance is not provided for MSCR programs and agrees to adhere to program rules. I do hereby, for myself, my heirs, executors, and administrators, waive, release, and forever discharge any and all rights and claims for damages that I may have or that may hereafter accrue to me arising out of or in any way connected with my participation in MSCR Program. Photos or videos may be taken during program for educational and marketing purposes. I have read and agree to follow the registration and refund policies.

☒ Signature: _____

WPCRC Photo ID required for programs at Warner Park Community Recreation Center. Go to mscr.org for more information.

Fee Assistance Request

If your family is requesting fee assistance, you must fill out this form completely and answer each item as appropriate. If you are not able to print this form, please call 608-204-3000 for assistance. MSCR program fees may be partially or fully waived upon request for youth meeting criteria for free or reduced price school meals and adults with income at or below 185% of Federal Poverty Level. Fee assistance is available only to residents of the Madison Metropolitan School District (MMSD). Non-residents do not qualify for fee assistance. This Fee Assistance Request Form and partial payment, if applicable, must accompany the MSCR Registration Form. Fee assistance is not granted after program registrations are processed.

NAME	Head of Household Name: _____ Last _____ First _____	
FAMILY SIZE	What is your family size? _____	Circle one number: 1 2 3 4 5 6 7 8 9 10
	List your gross* annual income: \$ _____ (per year) Or list your gross* bi-weekly income: \$ _____ (every two weeks)	
ADULT	*Gross income means income before any deductions such as income taxes, social security taxes, insurance premiums, charitable contributions and bonds.	
	Complete this section if the participant is an adult. If the participant is a child, skip to the next section and complete the section titled Youth. Fee assistance for adults is limited to one program per adult per season*. There are three program seasons per year: Winter/Spring, Summer and Fall. 1. Adult participants are asked to pay 50% of the program fee.* 2. I am enclosing the following payment of \$ _____. 3. *If you are unable to pay 50%, or are requesting fee assistance beyond the one program per season limit, please explain: _____ _____	
YOUTH	Fee assistance is limited to two programs per program season for youth ages 17 and under*. There are three program seasons per year: Winter/Spring, Summer and Fall. Families are requested to pay what they can towards the program fee. 1. My child qualifies for free school meals o Yes o No My child qualifies for reduced-price school meals o Yes o No 2. My family is requesting fee assistance and we are able to enclose the following payment of \$ _____. 3. *My family is requesting fee assistance beyond the two programs per season limit. Please explain: _____ _____ 4. My child(ren) are younger than school age. o Yes o No	

WHAT HAPPENS NEXT?

If you qualify for full fee assistance, and space is available, you are emailed a confirmation of your registration request. If you do not qualify for partial or full fee assistance, we temporarily reserve a space in the requested course(s) and contact you. You are asked to remit payment within five business days to confirm your space in the program(s).

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*Creative
Community*
AND DISCOVER
YOUR INNER ARTIST



EXPLORE AND REGISTER FOR *Noncredit* CLASSES

Jewelry | Art Metals | Ceramics | Fabric Arts and Sewing | Painting and Drawing | Photography



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Madison College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities. Inquiries regarding the nondiscrimination policies are handled by the Affirmative Action Officer, 1701 Wright Street, Madison, WI. 53704. Phone 608.243.4137.



MADISON METROPOLITAN SCHOOL DISTRICT
Madison School & Community Recreation
328 E. Lakeside St.
Madison, WI 53715



Visit Us Online:
mscr.org

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FAMILY OWNED,
COMMUNITY LOVED
SINCE 1962.**



@CHOCOLATESHOPPEICECREAM



**MADISON SHOPPE
LOCATIONS**

